

Communications created by Health Council Executive Committee, based on direction by Council.

To: Board of Supervisors County of Marin
From: Health Council of Marin

In January 2021, the Health Council heard disturbing new research on glyphosate reported by Don Huber, professor of plant pathology, who spoke to your board when the County was deciding about banning it on their lands. In GMO cultivation, the ground and crop are over sprayed multiple times with glyphosate...first as a pre emergent, then to open the seed to begin growth...then to remove weeds...then again to remove weeds that are resistant to even stronger pesticides.

All this spraying of glyphosate is the genesis of prion development in soils and plants. One only has to look at the actions attributable to glyphosate to understand how this takes place. First glyphosate is 1) a chelator, it removes minerals from active participation in the soil biology. 2) it destroys bacteria through inhibiting enzymatic activity of the organisms. Because prions are mal-folded proteins it is presumed that due to the removal of key minerals when proteins are being generated, the soil and fiber of the planting area are thus contaminated with prions as well as cancer-causing glyphosate. Prions cannot be destroyed by normal destructive methods. The prion contaminated plant material becomes part of our meat and grain supply which we unknowingly consume through the open market place. Prion disease looks very much like Alzheimer's or other neuro-degenerative diseases which progresses rapidly in people such as v Creutzfeldt-Jacob disease.

Professor Huber reported that several years ago China started refusing USA's GMO soy because of its contamination with prions. Are Americans eating the prion contaminated soy? Are there prions in the animal fodder in Marin? It is something we need to watch for in Marin's food supply. Even though GMOs can not be cultivated in Marin, how much is our food supply contaminated and costing the health of our citizens?

In November, the Council had heard from Rika Gopinath about the work of YardSmartMarin, Howard Bunce of MCSTOP, and Suzanne Bontempo of Our Water Our World about their programs and successes. In view of this news about prions, it would seem these organizations could be encouraged, perhaps with more funding, to intensify their efforts to reduce access to glyphosate.

Sandra Ross, PhD, President, Health Council of Marin

To: Board of Supervisors, County of Marin
From: Health Council of Marin

At its February 23, 2021 meeting the Health Council heard testimony for the second time on the need for paid emergency sick leave during the present pandemic, and it passed the following motion, with one abstention.

"The HCM recommends that the Board of Supervisors investigate ordinances in San Francisco, San Mateo, and Santa Cruz requiring employers to provide emergency paid sick leave to employees quarantined due to COVID exposure - and to decide if a similar ordinance should be passed here in Marin County."

Sandra Ross, PhD, President, Health Council of Marin

The Health Council of Marin is sending you this letter to alert you of the critical danger posed to our community by the ongoing removal of copper telephone landline service by AT&T (or the telecom industry). During the past year's planned power outages by PG&E, and other unplanned outages due to downed power lines, we are aware of communities in Marin that lost all VOI (Voice over Internet) telephone service and most cell phone service. Those people who have maintained their copper telephone landlines still had phone service to the outside world and they received all Public Service Telephone Alerts, unlike those who no longer had copper. Many of these people who had bundled their internet, TV & phone services with various Telecom companies were told that they could keep their landlines; but in fact they were converted to VOI phone systems that go dead during power and internet outages. Residents without any phone service were forced to go to borrow the phones of neighbors who still had copper landline service, or drive to areas that still had cell service, which was very dangerous during the high winds, downed trees and traffic light outages.

The telecom industry is required by law to have backup battery or generator power for all cell towers, but in practice this does not keep the service intact. Frequently the access routes to cell towers are cut off during outages because of high winds, downed trees, and fires obstructing the roadways. During flood years, the roads are washed out or flooded. Fuel in the generators cannot be replenished and sometimes the cell towers themselves are damaged by wind, wind-blown debris or fire. Solar power panels have also become non-operational.

We heard of residents who never lost their copper landlines even when the lines were flattened by falling trees. The telephones remained operational through the removal of the trees a couple of weeks later.

Another connected issue is that when an internet provider's service goes down (even while the power is on), as Comcast's service did in West Marin a couple of months ago, all VOI telephones and cell phones relying on mobile hot spots were dead, whereas all the copper landline telephones functioned perfectly.

We also want you to think of Marin County's many seniors who rely on their copper landlines as many do not have the resources, skills or desire to connect with the internet (which doesn't work anyway during these outages).

We therefore urge the Board of Supervisors to insist that State and Federal regulatory agencies keep the copper landline telephone infrastructure intact to keep our communities safe during all types of power (and internet) outages. The telecom industry wants to save money and increase profits, but please do not let them do so at the expense of critical security infrastructure and loss of lives.

To: Board of Supervisors County of Marin
From: Health Council of Marin

Several Health Council of Marin members viewed, via Zoom, the EMF Medical Conference 2021 where new information regarding the health effects of electromagnetic frequency (EMF) technology was learned.

Dr. Sharon Goldberg, Integrative Internal Medicine of University of New Mexico School of Medicine, presented findings on how Electro Magnetic Radiation (EMR) causes stress not only on human population, but also on the bacterial community living commensally with humans and whose population is ten times greater than human cells.

EMR stress has been found to cause singular and multi drug resistance in the organisms tested, (i.e. Escherichia coli, Staphlococcus aureus, Pseudomonas aeruginosa, Staphlococcus epidermidis and Listeria monocytogenes), causing additional deaths in the human population and costing millions of dollars in extra health-care costs.

The Health Council of Marin recommends the County consider bringing experts to educate elected officials, health care workers, and others on the health cost implications of this technology. We recommend pursuing strategies to reducing the effects of EMFs and EMRs by utilizing direct fiber optic connections verses “in-the-air”.

Also, Health Council recommends safeguarding the health of people in our County by sighting of EMF/EMR emitting towers and transmitters as far from people as possible. The emerging scientific information has convinced members of the Council that to ignore this information would be a dereliction of our responsibility to the community we represent.

Very sincerely,
Sandra Ross, PhD, President, Health Council of Marin

These letters will be put in emails with proper to/from and closing and staggered so as not to all arrive at the same time. The communication below with Sandra Fish has already taken place.

From: Sandy Ross <healthhab@igc.org>
Subject: Health Council of Marin
Date: March 12, 2021 at 9:23:13 AM PST
To: Sandra Fish <sandrafish@me.com>
Bcc: Sandy Ross <healthhab@igc.org>, ginger@seajay.org

To: Sandra Fish
From: Health Council of Marin Executive Committee

Health Council of Marin Executive Committee reviewed your email of March 1, 2021 on March 11th, and confirmed its position that operations of San Quentin prison are not

within the purview of the Marin County Board of Supervisors; and the role of the Health Council is to advise the Board of Supervisors. There are a number of groups, similar to yours, which have missions regarding the prison with which you might liaise.

Your offer to resign is respectfully accepted. As per our bylaws, please put your resignation in an email addressed to Health Council of Marin President Dr. Sandy Ross at: <healthhab@igc.org>. Also please send a copy to HCM secretary Loretta Rogers <LRoberts@marincounty.org>.

From: Sandra Fish <sandrafish@me.com>
Subject: Sandra Fish's resignation as a member of Health Council of Marin
Date: March 12, 2021 at 3:55:25 PM PST
To: sandy ross <healthhab@igc.org>
Cc: "Rogers, Loretta" <LRoberts@marincounty.org>

Health Council of Marin President, Sandy Ross:

This is to inform you and the council of my resignation as a member of the Health Council of Marin. I regret it was such a short membership. In the 8 or 9 months of membership I learned a lot and realized my work for the community and San Quentin will be better served outside of this council. Thank you all so very much for your respectful acceptance of my resignation, today, March 12, 2021. I look forward to attending the meetings as a member of the public.

Here's to your health and the health of Marin County-

Sandra Fish

sandrafish@me.com