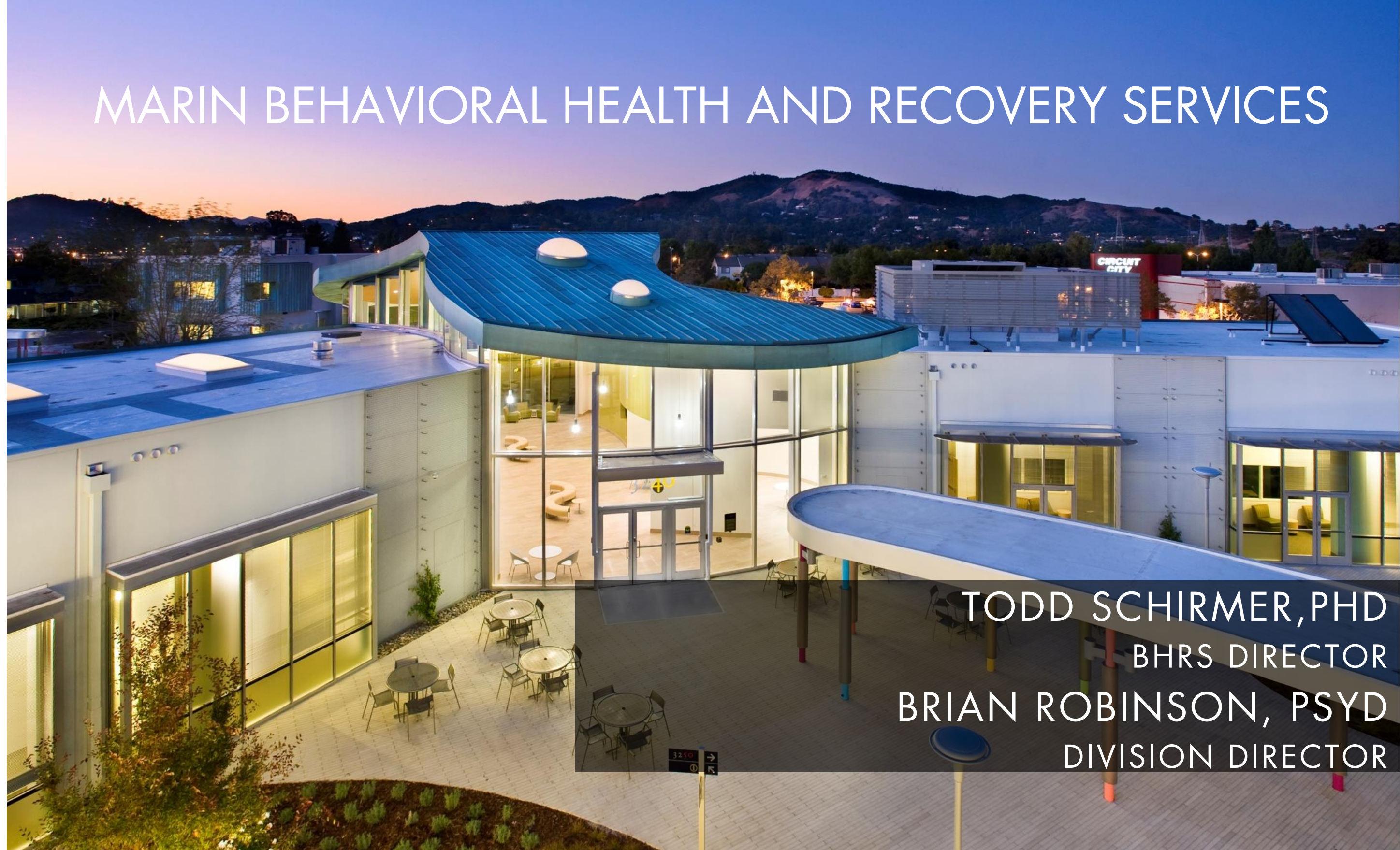


MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES



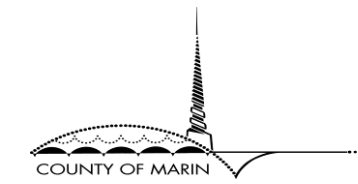
TODD SCHIRMER, PHD
BHRS DIRECTOR
BRIAN ROBINSON, PSYD
DIVISION DIRECTOR

Health and Human Services
20 North San Pedro Road, Ste 2028
San Rafael, CA 94903
415 473 3696 T / 415 473 3344 F
marinhhs.org

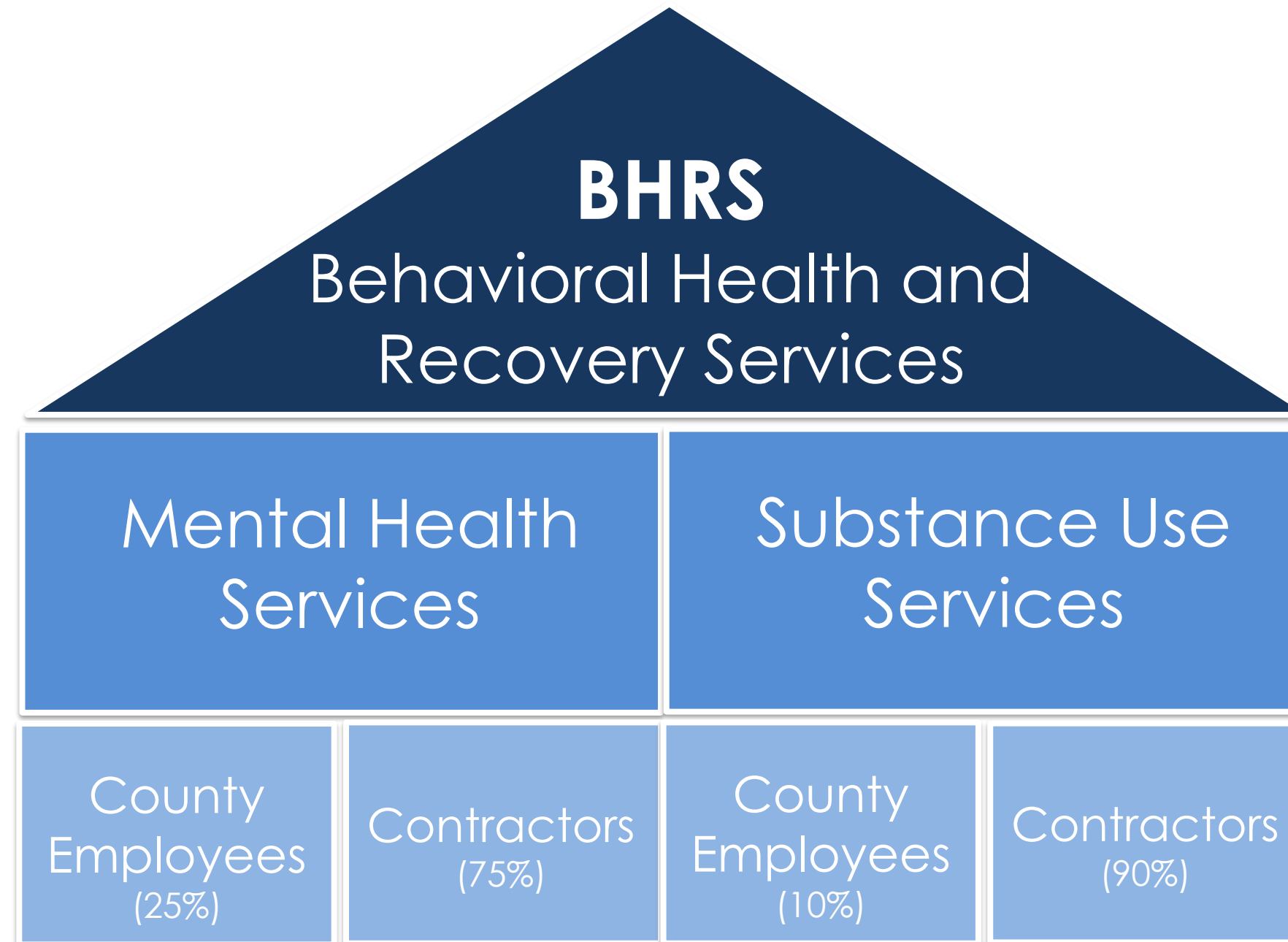


WHAT IS BHRS?

BHRS Composition



Marin County Medi-Cal MH and DMC Managed Care



Youth and Family Services (YFS)

- Specialty Mental Health Services (Tier 3)
- Services to low income Medi-Cal eligible children and youth 0-21
- Case Management, parent support, therapy, med services
- School-based MH Services



MARIN COUNTY BEHAVIOR HEALTH & RECOVERY SERVICES CSOC

Prevention and Early Intervention	Outpatient	Intensive Outpatient	Crisis Management	Residential
<p><u>Services</u></p> <ul style="list-style-type: none"> • School Based Wellness Services • Newcomer groups • Transitional Age Youth drop in hours 415-747-7880 • Parenting Groups in English and Spanish • Huckleberry youth support services • Suicide hotline 415-499-1100 • Marin (re)Mind early psychosis resources • Spahr Center support groups for LGBTQ+ youth and parents/caregivers • Crisis Text Marin 741741 • 988 crisis line 	<p><u>Services</u></p> <ul style="list-style-type: none"> • Youth and Family Services (YFS) • Outpatient Eating Disorder Treatment • Peer counseling support • Child/youth medication clinic • Peer counselors/peer support specialists • Outpatient substance use services • Home and School Based Services • Early Childhood Mental Health Services for children ages 0-5 	<p><u>Services</u></p> <ul style="list-style-type: none"> • Youth Empowerment Services (YES) • Intensive Outpatient Eating Disorder Program (IOP) • Felton (re)Mind Marin Early Psychosis Program ages 15-30 • Wraparound Services • Transition Age Youth Full Service Partnership ages 16-25 • Intensive Outpatient Substance Use Services • Therapeutic Behavioral Services (TBS) • Intensive Home-Based Services (IHBS) • Partial Hospitalization Eating Disorder Program 	<p><u>Services</u></p> <ul style="list-style-type: none"> • Mobile crisis response team services 415-473-6392 • Crisis evaluations 415-473-6666 • Crisis intervention services by transition and outreach team (TOT) • Crisis residential for youth 18 and older • Hospital Diversion Support for youth under 18 • Family Urgent Response Services (FURS) for foster youth 	<p><u>Services</u></p> <ul style="list-style-type: none"> • Short Term Residential Therapeutic Program (STRTP) for foster and probation youth • Residential Substance Use Services • Residential Eating Disorder Treatment

Therapeutic Behavioral Services (TBS) and In-Home Behavioral Services (IHBS) can be accessed across the continuum of care, but cannot be standalone services

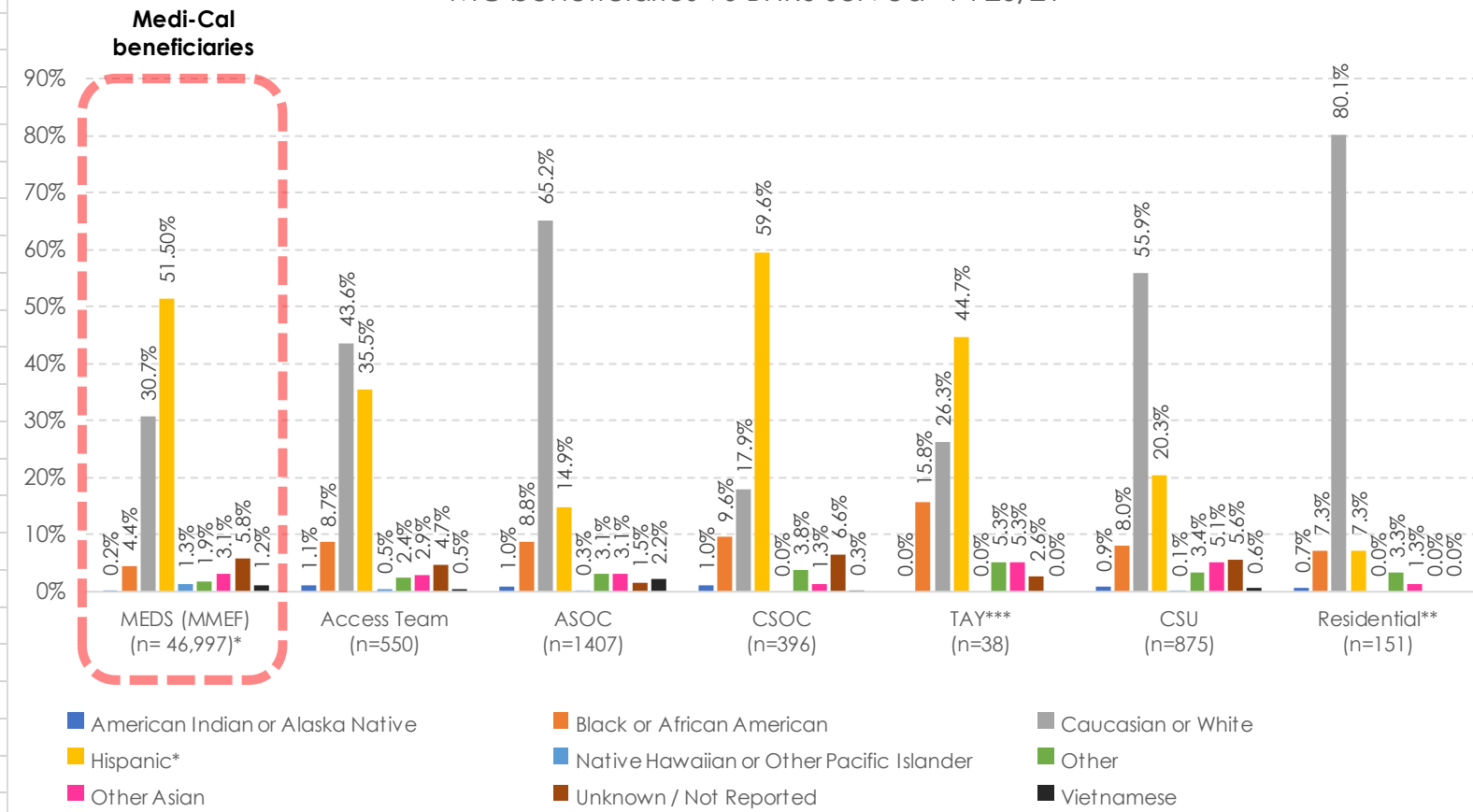
Crisis Services can be accessed across the continuum and offers Mobile Crisis Response and Crisis Stabilization Unit (CSU)

CHILDREN'S MENTAL HEALTH SERVICES

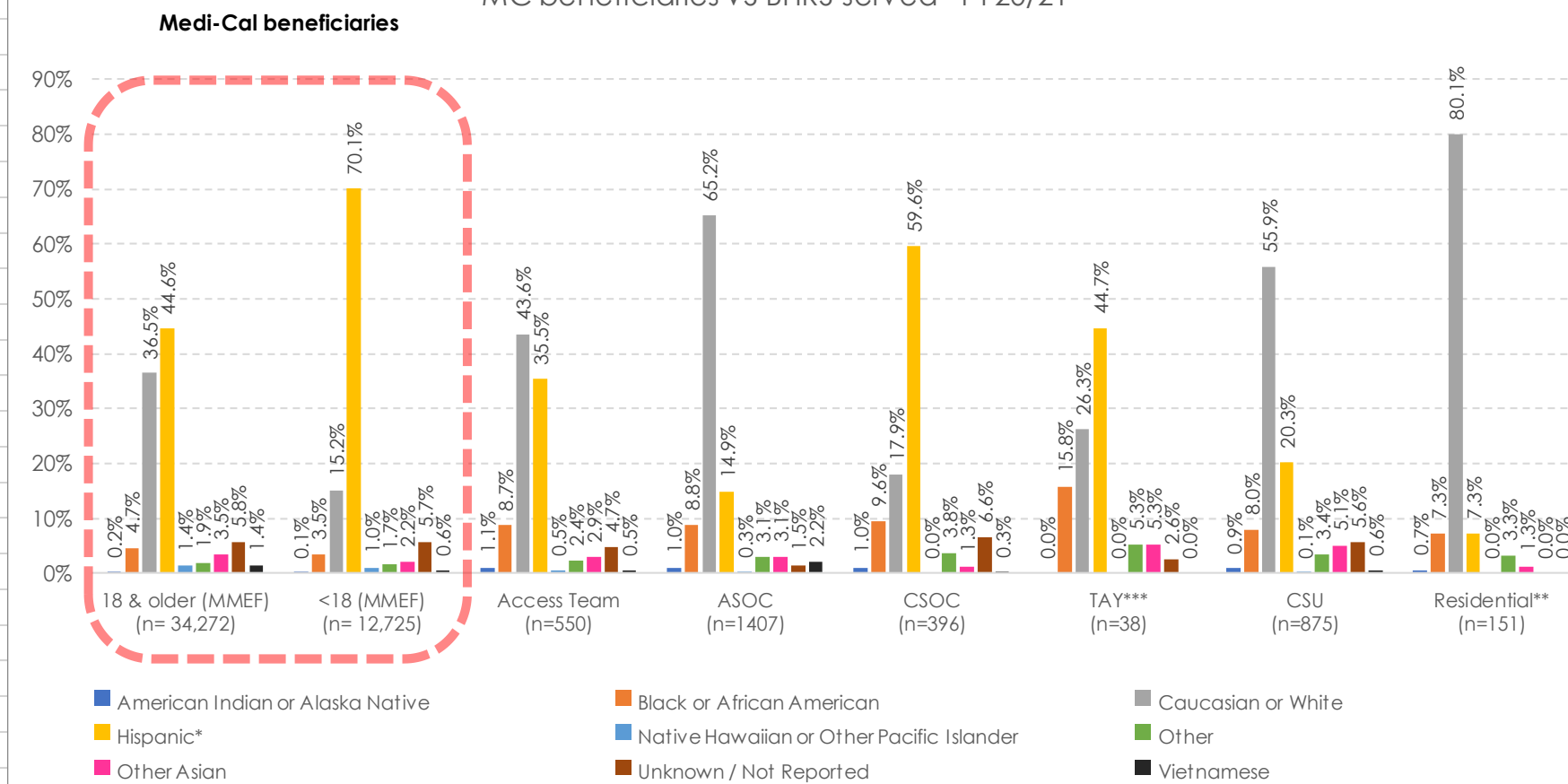
Clients in FY2021 by Age and Ethnicity

MC_BHRS by Age Group FY20/21	Ages 0-5	Ages 6-17
Hispanic/Latino	17	266
Caucasian or White	9	131
Black African American	1	44
Other	2	32
Unknown / Not Reported	6	33
Grand Total	33	452

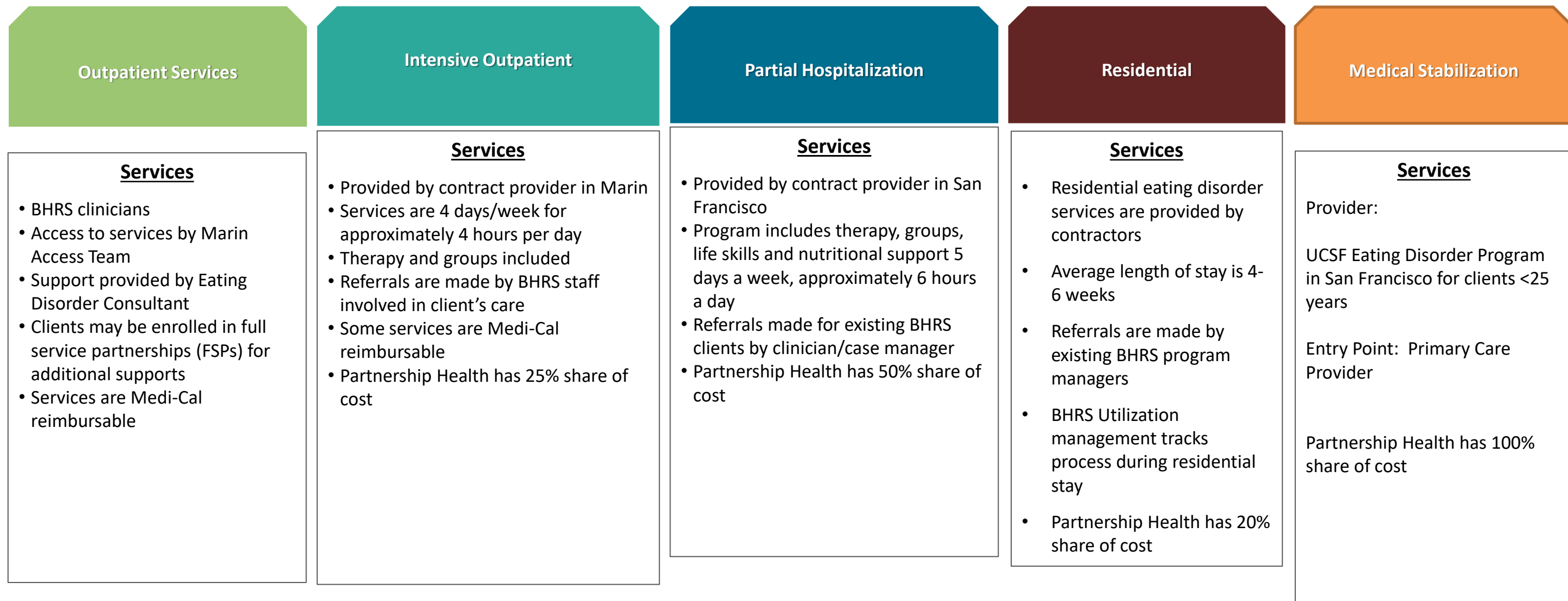
Penetration by Race/ Ethnicity
MC beneficiaries VS BHRS served - FY20/21



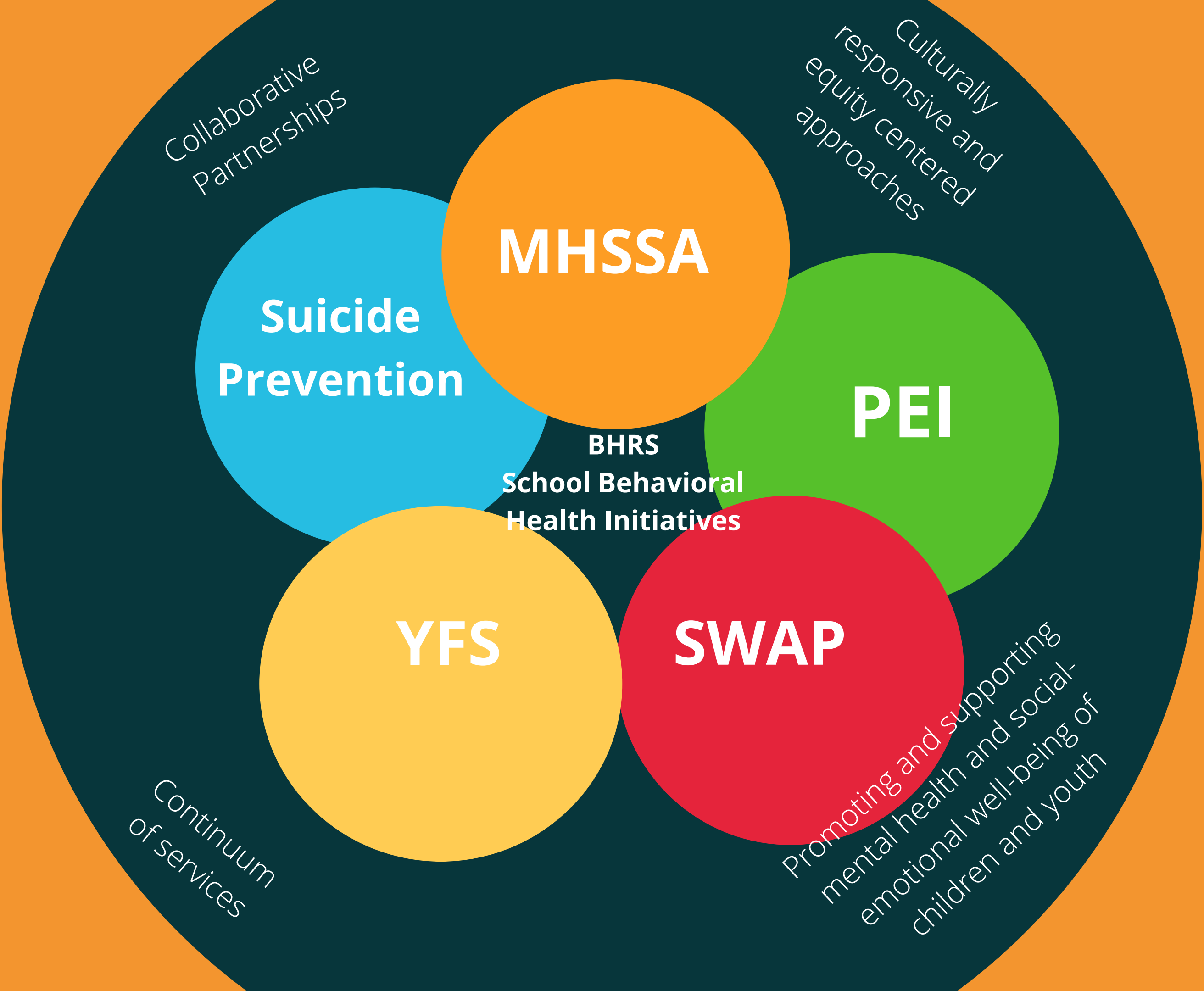
Penetration by Race/ Ethnicity
MC beneficiaries VS BHRS served - FY20/21



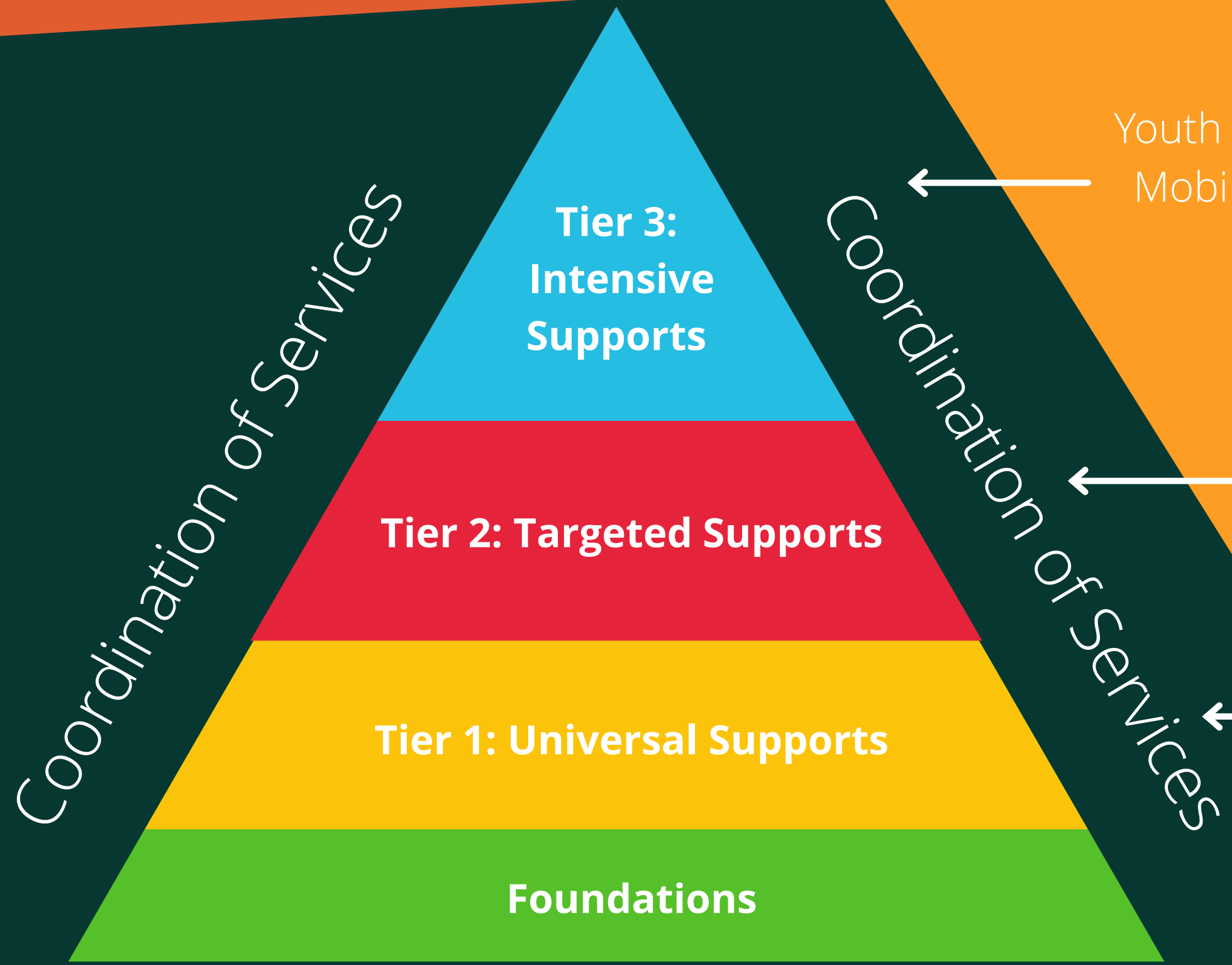
MARIN COUNTY BHRS EATING DISORDER CONTINUUM



Eating Disorder Services are available to youth and adults in the BHRS system of care



Multi-Tiered Continuum of Supports



Youth and Family Services (YFS)
Mobile Crisis Response Team (MCRT)

PEI
MHSSA
Suicide Prevention

PEI
MHSSA
Suicide Prevention
SWAP

Strong Partnerships & Leadership
Shared Goals & Accountability
Cultural Humility & Trauma Informed Practices

MHSSA

Mental Health Student
Services Act Grant



*Improving Health and Wellness Coordination
and Prevention in Novato and San Rafael
Schools through:*

- Enhancing BHRS/MCOE/School District Partnerships
- Strengthening multi-tiered behavioral health support system
- Building Coordination of Services Teams (COST)
- Promoting school-wide wellness activities
- 4 million over 4 years

SWAP

Student Wellness
Ambassador Program: A
County-Wide Equity
Focused Approach
MHSA Innovations Project



- BHRS/MCOE led
- Centralized coordination, training and evaluation
- Student Wellness Ambassadors (SWAs) in all middle and high schools
- Equity-centered recruitment and Engagement
- Career Pathways
- 1.648 million over 3.5 years

Suicide Prevention School Strategy



Foster safe and healthy environments on all school campuses, through:

- Three-tiered continuum of supports
- Youth-led wellness & suicide prevention
- Family Supports and Education on Suicide Prevention and Mental Health
- Crisis response and postvention services

PEI

- Prevention and Early intervention supports in schools through partnerships with CBOs and school districts
- Developing “Tool-kit” that will have best practice recommendations for supporting **Newcomers** across three tiers of support

