

COMMITTEE: EXECUTIVE	JANUARY 27, 2025	LOCATION: 10 NSP, CONFERENCE RM 1018
<p><b>COMMITTEE MEMBERS:</b> <input checked="" type="checkbox"/> Kristi Denton Cohen, Chair   <input checked="" type="checkbox"/> Gene Ng, Vice-Chair   <input checked="" type="checkbox"/> Suzanne Sadowsky, Secretary  <input checked="" type="checkbox"/> Sylvia Barry, Housing and Transportation Chair   <input checked="" type="checkbox"/> Rhea Brown, Health and Nutrition Chair  <input checked="" type="checkbox"/> Diana López, Legislative Advocacy Chair   <input checked="" type="checkbox"/> Peter Rubens, Planning &amp; Communications Chair   <input checked="" type="checkbox"/> Lee Notowich, Ex Officio  <b>COA APPOINTEES NOT ON THE EXECUTIVE COMMITTEE:</b> Salamah Locks, Kay Winer, Everett Brandon  <b>PUBLIC:</b>  <b>STAFF:</b> Jenay Cottrell, Gary Lara</p>		
<p><b>EXCUSED:</b>  <b>UNEXCUSED ABSENCE:</b></p>		
<p><b>RECORDER:</b> Gary Lara</p>		
<p>Next Meeting: Monday, February 24, 2025, 10 NSP, conference room 1018 - In-Person Only</p>		
<p><b>MINUTES SUMMARY</b></p>	<p><b>ACTION TAKEN/RESPONSIBLE PARTY</b></p>	
<p><b><u>Call to Order</u></b></p> <ul style="list-style-type: none"> <li>• Chair Denton Cohen called the meeting to order at 2:30 p.m.</li> </ul> <p><b><u>Agenda</u></b></p> <ul style="list-style-type: none"> <li>• The agenda of January 27, 2025 was approved as written.</li> </ul> <p><b><u>Minutes</u></b></p> <ul style="list-style-type: none"> <li>• The minutes of December 2, 2024 were approved as written.</li> </ul>		

- The minutes of December 9, 2024 were approved with one correction to Article III – Composition of the Commission, page 2. The allowance for a commissioner emeritus **will be stricken**.

### **Open Time for Public Expression**

- Salamah Locks distributed a handout outlining protocol Legal Aid of Marin has put in place to address their interaction with Immigration and Customs Enforcement (ICE).
- Commissioner Brown made reference to a discussion by Dr. Zaw Wai Htoo at the Cloverdale Multipurpose Senior Center on [Diabetes Nutrition and Health](#).
- Commissioner Sadowsky announced [Vivalon's fall prevention classes](#) currently taking place at San Geronimo Valley Community Center. AAA Director Cottrell explained Vivalon is providing those classes per Vivalon's contract with the AAA in which it specifies serving West Marin.

### **Commission Forum Update**

Chair Denton Cohen provided an update on plans for the commission's forum in May. There are some challenges with holding the event on a Saturday. Gary Gosner from ESCOM is considering dates during the week. The forum's planners next meeting will be on Wednesday, February 5 at 4 p.m.

### **Chair, Vice Chair and Secretary Reports**

Chair Denton Cohen gave the following reports.

Met with Board of Supervisors President Mary Sacket and Aide Crystal Martinez to discuss the resolution on ageism. Additional work with the Equity & Inclusion Committee will take place to further refine the resolution.

Vice Chair Ng reported the following.

- Spoke about Chinese New Year.
- Attended the Board of Supervisors meeting where the new representative for District 2, Brian Colbert was sworn in.

- Requested information about the [Health and Human Services Strategic Plan Update, 2025-2028](#). Cottrell said staff will send to the full Commission. Secretary Sadowsky reported.

Requested changes to commission committee meeting dates and times be sent to her attention. A revised calendar will be distributed at the end of each month.

### **Aging and Adult Services Report – Jenay Cottrell**

- The AAA has begun work on the Area Plan Update. Committee chairs were asked to provide three to five bullet points of accomplishments to the Planning and Communications Committee by February 7. Housing and Transportation and the Planning and Communications Committee have submitted their list. Pictures are welcome with submissions.
- H&HS Fiscal is working on the Board letter for the part-time, two-year administrative position supporting the commission.
- Christina Mills, Executive Director at C4A is reviewing [SB 1249](#) to determine C4A’s position.
- AAA made a request for assistance from the commission for help with increasing overall awareness about services to address financial security. A signup sheet was distributed for interested commissioners.
- Noted I&A Supervisor Cat Woods William’s recent 473-INFO presentation at the Health and Nutrition meeting earlier this month and suggested the AAA present about all its services to the full commission.
- Refenced Marin Parks Board initiative about the [TerrainHopper electric outdoor mobility vehicle](#) for people with disabilities.

### **Discussion/Voting Items**

#### **Review and Approve Resolution, “Ageism as a Public Health Crisis”**

Commissioner Brandon provided an overview of the process involved with the development of the resolution addressing ageism. The Executive Committee did not vote on this item.

The next steps are for the Equity and Inclusion Committee Chair Gene Ng to connect with Board Aide, Crystal Martinez for assistance with refining the resolution and to invite her to an upcoming Equity and Inclusion meeting.

**Review and Approve Mission Statement in Bylaws**

The Commission voted unanimously to accept the following mission statement.

The Marin County Commission on Aging (Commission) is federally mandated by the Older Americans Act to advise the Marin Area Agency on Aging and the Marin County Board of Supervisors.

The Commission strives to promote the dignity, independence, and quality of life of older adults and their caregivers through education and advocacy. It promotes understanding and positive change in Marin County through the values of diversity, equity, inclusion, respect, and collaboration.

Commissioner Sadowsky made a motion. Commissioner López seconded.

AYES: Denton Cohen, Ng, Sadowsky, Brown, Rubens, Notowich, López, Barry

NOES: None

ABSENT: None

ABSTAIN: None

**Review and Approve Bylaws Updates**

Commissioner Notowich reviewed additional changes to the bylaws which include but are not limited to incorporating the above referenced mission statement, adding a clause encouraging regular attendance at meetings (lines 216-220) and noting the duration for an ad hoc committee to sunset after a six-month period, (lines 483-485).

Commissioner Rubens made a motion to accept the bylaws as amended. Commissioner Barry seconded.

AYES: Denton Cohen, Ng, Sadowsky, Brown, Rubens, Notowich, Barry  
NOES: López  
ABSENT: None  
ABSTAIN: None

Since the current bylaws require three weeks notification to the full commission prior to a vote, the revised bylaws will be presented to the full commission for a vote at their regular meeting on March 10, 2025.

### **Review and Approve MCCOA Presentation**

Commissioner Rubens reviewed the latest version of the slide deck for commissioners to utilize for outreach purposes. The new mission statement will be incorporated into the presentation. Additional changes include but are not limited to adding a reference to 473-INFO (4636), reviewing the data points refenced and correction of typos.

Commissioner Brown made a motion to accept the slide deck as amended. Commissioner Notowich seconded.

AYES: Denton Cohen, Ng, Sadowsky, Brown, Rubens, Notowich, Barry  
NOES: López  
ABSENT: None  
ABSTAIN: None

### **New Business**

#### **Agenda Items for General Commission Meeting on February 10, 2025**

Chair Denton Cohen asked commissioners to review the notes from the last commission retreat, especially the identified priorities which will be discussed during the February General meeting.

New topics of discussion include updates to Medicaid.

**Adjourn**

The meeting adjourned at 4:09 p.m. The next meeting will take place in person on Monday, February 24, 2025 in conference room 1018 at the regular meeting time of 3 p.m.