<u>Cultural Competence Advisory Board</u> <u>Tuesday, April 8, 2014</u>

<u>Agenda</u>

11:00 Welcome and Introductions

11:15 Committee break-out groups

Community Health Advocates committee Access committee Training committee

12:00 Committee report back

Board discussion

12:30 General Announcements/Updates

Grant writing workshops Laura's Law June audit

1:00 Adjourn

Cultural Competence Advisory Board (CCAB) Minutes 4.8.14

Members Present:Cesar Lagleva, Laurie Hunt, Darby Jaragosky, Kerry Peirson, Robert Harris Jr., Kristen Gardner, Jessica Diaz, Leticia McCoy, Maria Donnell Abaci, Marisol Munoz-Kiehne, Douglas Mundo, Brian Robinson

Intros:

Phoenix Project: Works with at risk young men in Marin City to connect them to options – jobs, etc – and reduce incarceration.

Community Health Advocates (CHA) Committee

This committee is looking at implementation of Community Health Advocates in Marin regarding mental health. CHAs (or Promotores in Spanish) are natural community leaders who provide education, support and linkages to services for community members. They may be paid, volunteer, or receive stipends. The "Promotores" paper from CiMH was passed around, as it contains good information about applying CHAs/Promotores in the mental health field. Existing programs funded by Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) include:

- Vietnamese: Run by Community Action Marin's (CAM) Marin Asian Advocacy Program (MAAP). It includes about 5 CHAs trained specifically in mental health, and coordinates with CHA's working on health issues related to nail salons.
- Latino: Canal Alliance and Novato Youth Center run this program, including 7
 Promotores in Novato and San Rafael. In FY14-15 they will add 2 Promotores in West Marin.

They provide outreach, psycho-education, support, connection to services, community events, ongoing drop-in groups and individual/family visits in the community. Marisol is the County liaison to these programs, assisting with ongoing training of the CHAs.

Feedback

- To reach those with highest need, it will be important to do outreach, such as doorto-door, not just attend existing events. With a broader understanding of the community need, the program can then prioritize the needs.
- Reaching Latino community in W Marin may be very challenging. However, the expansion of Promotores and the presence of the ESM may improve engagement of the Latino community.
- Marin City: CHA's would be a good program. MH providers are currently within Multi-Disciplinary Team, Marin City Health and Wellness Center, Southern Marin Service Site, Phoenix, etc. A MH Triage worker will be located within Public Housing soon. Make sure all of the cultures in Marin City are being addressed.

Actions

Take CHA model to Marin City orgs (Cesar, Leticia)

• Take ideas from this meeting to existing PEI CHA programs (Kristen)

Access Committee

The current website does not make it easy for individuals/families to find help, the numbers listed to call are not always helpful, and front desk staff often are not providing adequate assistance.

The Access Committee developed some recommendations regarding the website:

- Numbers for families/individuals to call should be clear on every page of the website (24/7 emergency number, access number not extra numbers that link you to the main numbers)
- A welcoming statement should be included (diverse cultures, safe space logo, etc)
- · Make it clear how to access the website in Spanish and Vietnamese

Feedback

- Consider taking down the website until it is fixed, as it leads people to more frustration
- · Access line should be posted on every phone in MHSUS (HHS?)
- An email clarifying crisis and access numbers should go to All Staff from Suzanne

Actions

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Training Committee

Registration for the cultural competency training "Unpacking our assumptions – Challenging our beliefs" will be online on Friday. Still looking for a few speakers:

- API: provider, consumer/advocate
- Native American: provider, consumer/advocate
- Mixed heritage: consumer/advocate

For the October training the CCAB members could be the experts – offering training and consultation.

Feedback

• It would be good to have a training/retreat for the CCAB to prepare for the role of trainer/consultant.

Next Mtg

- June 10 11am-1pm
- Agenda Item: Training/retreat for CCAB in preparation for being trainers/consultants/ experts