

**MARIN COUNTY COMMISSION ON AGING MEETING**  
**Thursday, January 3, 2019 - 10:00 A.M. to 12:30 P.M.**  
**Whistlestop**  
**930 Tamalpais Avenue, San Rafael**

**AGENDA**

- |   |       |
|---|-------|
| I. <u>Presentation and Topic: Aging in Place with Grace: Planning Ahead</u> | 10:00 |
| <u>Moderator:</u> Jody Timms: Marin County Commission on Aging              |       |
| <u>Q&amp;A:</u> Chloe Cook: Marin County Aging and Adult Services           |       |
| <u>Break</u>  | 11:00 |
| II. <u>Call to Order</u>  | 11:15 |
| III. <u>Approval of Agenda</u>  | 11:16 |
| IV. <u>Approval of Minutes – December 6, 2018</u>                           | 11:17 |
| V. <u>Open Time for Public Expression</u><br><i>(3 minutes per person)</i>  | 11:18 |
| VI. <u>Chair Report/Vice Chair’s Reports</u>                                | 11:24 |
| A. Bylaws Committee   |       |
| B. May Health Forum   |       |
| C. Retreat Update   |       |
| D. ACL Theme for 2019   |       |
| VII. <u>Action Items:</u>   |       |
| VIII. <u>Committee/Reports &amp; Chairs</u>                                 | 11:35 |
| A. Health/Nutrition: Chrisula Asimos  |       |
| B. Housing/Transportation: Ralph Marchese                                   |       |
| C. Legislative: Ellie Bloch / Sybil Boutilier                               |       |
| D. Planning: Girija Brilliant   |       |
| IX. <u>Age-Friendly Update</u>  | 11:50 |
| X. <u>Aging Action Initiative</u>   | 11:55 |
| XI. <u>Aging and Adult Services Report</u>                                  | 12:00 |
| XII. <u>New Business</u>  | 12:05 |
| XIII. <u>Commission Updates</u><br><i>(2 minutes per person)</i>            | 12:10 |
| <u>Adjournment</u>  | 12:30 |

For more information about the Marin County Commission on Aging call 473-7118 or visit our website at  
[www.marinhhs.org/boards/commission-aging](http://www.marinhhs.org/boards/commission-aging)

The Division of Social Services, Aging and Adult Services office is located at 10 North San Pedro Road, Suite 1023, San Rafael.

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (voice) or 711 for the California Relay Service or e-mailing [disabilityaccess@marincounty.org](mailto:disabilityaccess@marincounty.org) at least **four work days** in advance of the event. Copies of documents are available in alternative formats, upon written request.

Next meeting date: February 7  
“Junior Accessory Dwelling Unit Expo”  
Location: Whistlestop, San Rafael

**Directions to:**

**Whistlestop**  
**930 Tamalpais Avenue, San Rafael**  
**Phone: (415) 456-9062**

**Directions:**

**From Hwy 101 South**, take the Central San Rafael exit. Continue onto Hetherton Street – 0.1 mile. Turn right onto 4<sup>th</sup> Street – 289 feet. Turn left onto Tamalpais Avenue – 217 feet. Destination will be on the left.

**From Hwy 101 North**, take the Central San Rafael exit. Continue onto Irwin Street – 285 feet. Use the two left lanes to turn left onto 3<sup>rd</sup> Street – 0.1 mi. Turn right onto Tamalpais Avenue – 148 feet. Destination will be on the right.

**Parking:**

Attendees are encouraged to take the SMART Train.

Parking is available on site. Metered street parking is also available.

*Marin County Commission on Aging meetings are fragrance free.*

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