

AGENDA

JOINT MEETING

MARIN MENTAL HEALTH BOARD (MHB) / ALCOHOL AND OTHER DRUGS (AOD) ADVISORY BOARD

Tuesday August 13, 2019

6:00P.M. – 8:00P.M

**Conference Room – Point Reyes
20 North San Pedro, San Rafael, CA**

6:00 p.m.	CALL TO ORDER Call for Quorum, Introductions, New Members
6:05 p.m.	REVIEW/APPROVAL OF MEETING MINUTES: AOD – July 1, 2019 / MHB – June 11, 2019
6:10 p.m.	OPEN TIME FOR PUBLIC COMMENT – please limit to 3 minutes per speaker
6:15 p.m.	Presentation: Presentation on the HHS Equity and Wellness Plan by Equity Officer Anyania Muse and BHRS Cultural Competency Manager Cesar Lagleva. Link to HHS Equity Plan: https://www.marinhhs.org/sites/default/files/libraries/2019_02/mc_hhs.stratplan18_v7.pdf
7:15 p.m.	Staff Reports <ul style="list-style-type: none"> • Cat Condon, County Alcohol and Drug Program Administrator • Jeï Africa, Director BHRS
7:25 p.m.	Committee Reports: <ul style="list-style-type: none"> • MHSa – G. Main (MHSa Coordinator) • Legislative Update by Maite Duran – Alcohol Justice • RxSafe Marin – Mark Dale
7:35 p.m.	MHB New business/ Action Items: <ul style="list-style-type: none"> • Sept. 7, 2019 – Board Retreat – Planning Meeting
7:40 p.m.	AOD New business/ Action Items: <ul style="list-style-type: none"> • Dark in September • Natural alternatives and therapy resources for battling depression and anxiety to avoid drug use (i.e. exercise, amino acid regimen, yoga, meditation, behavior therapy, groups, AA, etc.) – Gail Dunnett
7:50 p.m.	MEMBER ITEMS / UPDATES AND FUTURE AGENDAS Future Joint Board Meeting topic ideas: <ul style="list-style-type: none"> • Merging AOD & MHB
8:00 p.m.	ADJOURN
AOD Next Meeting Dates	AOD Executive Committee meeting – Sept. 23, 2019 @ Noon – Conference Call AOD Board Meeting – Oct. 7, 2019 6:30 pm-8:30 pm, 20 North San Pedro Road, Point Reyes Conference Room, San Rafael, CA 94903
MHB Next Meeting Dates	MHB Planning Retreat: Sat. Sept. 7, 2019 9am – 1pm MHB Executive Committee meeting – Aug. 27, 2019 @ Noon – Conference Call MHB Meeting – Sept. 10, 2019 6:00 pm-8:00 pm, 20 North San Pedro Road, Point Reyes Conference Room, San Rafael, CA 94903

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-3020 (Voice)/(415) 473-3232 (TTY) or by email at disabilityaccess@marincounty.org at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request. Late agenda material can be viewed in the office of Community Mental Health Services, between the hours of 8:00 am and 5:00 pm. Community Mental Health Services office is located at 20 N. San Pedro Road, Suite 2021, San Rafael, CA, 94903.

Thank you for your interest and participation in the workings of the Marin Mental Health Board. If you would like more information or would like to speak with a member of the Board, please contact: Taffy Lavié at 415-473-6809.