

**MARIN COUNTY COMMISSION ON AGING MEETING**  
**Thursday, November 5, 2020 - 10:00 A.M. to 12:30 P.M.**

Join Zoom Meeting

<https://us02web.zoom.us/j/88999405569?pwd=L2ZDL0RRVFFHV2l6bkVRZEeLZEISQT09>

Meeting ID: 889 9940 5569

Passcode: 286826

Phone: 1+ (669) 900-6833

**AGENDA**

- |   |       |
|---|-------|
| I. <u>Presentation and Topic: COVID-19 and Mental Health: Fresh Perspectives</u>  | 10:00 |
| <u>Speakers:</u><br>Chrisula Asimos, Ph.D., Chair, Marin County Commission on Aging Health and Nutrition Committee<br>Diana López, Vice Chair, Marin County Commission on Aging |       |
| <u>Break</u>  | 11:00 |
| II. <u>Call to Order</u>  | 11:15 |
| III. <u>Approval of Agenda</u>  | 11:16 |
| IV. <u>Approval of Minutes – October 1, 2020</u>  | 11:17 |
| V. <u>Open Time for Public Expression on Matters not on the Agenda</u><br><i>(3 minutes per person)</i>   | 11:18 |
| VI. <u>Chair/Vice Chair/Secretary Reports</u> <i>(public comment)</i>   | 11:25 |
| VII. <u>Action Item</u>   | 11:40 |
| A. Approval of the Commission on Aging Bylaws   |       |
| VIII. <u>Commissioner Updates</u> <i>(representatives of the Board Supervisorial Districts)</i>   | 11:45 |
| IX. <u>Committee/Reports &amp; Chairs</u> <i>(public comment)</i>   | 11:55 |
| A. Health/Nutrition: Chrisula Asimos  |       |
| B. Housing/Transportation: Allan Bortel   |       |
| C. Legislative: Sybil Boutilier   |       |
| D. Planning: Girija Brilliant   |       |
| E. Equity, Outreach and Advocacy: Fred Silverman / Wendy Nuessle  |       |
| X. <u>Aging Action Initiative Update</u> <i>(public comment)</i>  | 12:10 |
| XI. <u>Aging and Adult Services Report</u> <i>(public comment)</i>  | 12:15 |
| XII. <u>New Business</u>  | 12:25 |
| <u>Adjournment</u>  | 12:30 |

For more information about the Marin County Commission on Aging call 473-7118 or visit our website at

[www.marinhhs.org/boards/commission-aging](http://www.marinhhs.org/boards/commission-aging)

The Division of Social Services, Aging and Adult Services office is located at 10 North San Pedro Road, Suite 1023, San Rafael.

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (voice), (415) 473-3232 (TTY) or 711 for the California Relay Service or e-mailing [disabilityaccess@marincounty.org](mailto:disabilityaccess@marincounty.org) at least **four work days** in advance of the event. Copies of documents are available in alternative formats, upon written request.

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### **Where do I download the latest version of Zoom?**

You can download the latest version of Zoom from here: [Download Center](#). [Learn more about downloading Zoom](#).

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[Learn more about joining a meeting](#).

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On most devices, you can join computer/device audio by clicking Join Audio, Join with Computer Audio, or Audio to access the audio settings. [Learn more about connecting your audio](#).

### **Can I Use Bluetooth Headset?**

Yes, as long as the Bluetooth device is compatible with the computer or mobile device that you are using.

### **Do I have to have a webcam to join on Zoom?**

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