

MARIN MENTAL HEALTH BOARD MEETING

Tuesday, September 14, 2021

6:00pm -7:30pm

Zoom Meeting

A-G-E-N-D-A

Join Zoom Meeting

<https://us02web.zoom.us/j/83104292610?pwd=Z3puVEt1VGh1bUpXQjZPS2pxM2V2QT09>

Meeting ID: 831 0429 2610 / Passcode: 620291

Dial in: 1-669-900-6833

6:00 p.m.	Call to Order Introductions Call for Quorum
6:05 p.m.	Review of Agenda / Review and approval of Minutes for June meeting
6:10 p.m.	Correspondence, Announcements and Public Comments (please limit to 3 minutes per speaker)
6:15p.m.	BHRS Director's Report – Jei Africa
6:25 p.m.	Legislative Updates (if any) <ul style="list-style-type: none">•
6:30 p.m.	<ul style="list-style-type: none">• Presentation: Prevention and Early Intervention (PEI) Lorraine Wilson, Project Coordinator, Help@Hand and Dámaris Caro, Peer Lead, Help@Hand will provide an overview of an innovation project called Help@Hand and highlight recent research findings from a pilot to show how a digital self-management tool called myStrength, paired with in person support to teach digital literacy, supported the wellness of 30 isolated older adults in Marin, both English and Spanish-Speakers. The pilot included some individuals who had never used technology as well as residents who are geographically isolated in West Marin. Help@Hand in Marin is part of a 14-County innovation project funded by the Mental Health Services Act. The goal of Help@Hand is to learn if and how digital behavioral health technologies fit within the system of behavioral health care.
6:50 p.m.	Old Business / Action Item <ul style="list-style-type: none">• Jennifer Moore, Equity and Inclusion Manager will be joining us to discuss the Declaring Racism as a Public Health Issue resolution• Vote on resolution to submit to the Board of Supervisors
7:15 p.m.	Committee Liaisons, Task Force Updates <ul style="list-style-type: none">• MHSA – Galen Main (MHSA Coordinator)• Cultural Competency Board / WET – Maya Gladstern• AOD Board Liaison – Heather Johnson• BOS Update – Supervisor Rice• CALBHB/C (as needed)• Events that MHB members will attend/have attended

7: 25 p.m.	New Business <ul style="list-style-type: none"> • Discussion: Recruitment / Membership / Future Presentations
7:30 p.m.	ADJOURN
Next Meeting Dates	Next MHB meeting- Tues. Oct. 12, 2021 @ 6 pm via Zoom Next Executive Committee meeting – 12:15 pm Tues. Sept. 28, 2021 – Conference Call

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-3020 (Voice) (415) 473-3232 (TTY) or by email at disabilityaccess@marincounty.org at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request. Late agenda material can be viewed in the office of Community Mental Health Services, between the hours of 8:00 am and 5:00 pm. Community Mental Health Services office is located at 20 N. San Pedro Road, Suite 2021, San Rafael,