



**HEALTH & NUTRITION COMMITTEE**  
**March 16 – 12:30pm to 2:30pm**

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## **AGENDA**

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**Location:**

10 N. San Pedro, Room 1018, San Rafael, CA 94901

2623 Canyon Dr., Los Angeles, CA 90068

**Zoom:**

<https://us06web.zoom.us/j/85781030237?pwd=9oSTYspIRLYWVYoEvhwAoHuATW6rG4.1>

Meeting ID: 857 8103 0237      Passcode: 375347

**Respectful Dialogue:**

The Commission on Aging encourages a respectful dialogue that supports freedom of speech and values diversity of opinion. The Commission, staff, and members of the public are expected to be civil and courteous, and to refrain from questioning the character or motives of others participating in the meeting. The County requests that speakers not use threatening, profane, or abusive language which disrupts, disturbs, or otherwise impedes the orderly conduct of the Commission meeting. Members of the public may comment on any item on the agenda during Commission consideration of the item. The Commission Chair will invite public comment following discussion and voting items and prior to final Commission deliberations. Each speaker will be allotted time for comment as set by the Commission Chair (generally 2 minutes).

**Meeting Agenda:**

1. **Call to Order and Roll Call**
2. **Approval of Agenda**
3. **Approval of February 2026 Minutes**
4. **Open Time for Public Expression on Matters not on the Agenda**  
(2 minutes per person)

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (voice), (415) 473-3232 (TTY) or 711 for the California Relay Service or e-mailing [disabilityaccess@marincounty.gov](mailto:disabilityaccess@marincounty.gov) at least **four work days** in advance of the event. Copies of documents are available in alternative formats, upon written request.

**5. Reports**

*(3 minutes per report – brief comments only)*

- a. Chair's Report, Rhea Brown
- b. Vice Chair's Report, Kay Winer
- c. Update on Marin Food Policy Council, Rhea Brown
- d. Update on Mental Health Services Act
- e. AAA Staff, Amy Dietz

**6. Discussion, Voting**

- a. Presentation on social isolation and proposed next steps (Commissioner Elkin)
- b. Planning for Community Listening Session in San Rafael on Fri. March 27 from 12:30-2:30 pm.

**7. Commissioner General Announcements**

*(1 minute per Commissioner)*

**8. Business Items for the Next Agenda**

*Discussion for these items will be deferred until the next meeting.*

**9. Adjournment**

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