

## County of Marin Mental Health Board Minutes

**Date:** Tuesday, April 09, 2013

**Time/Place:** 6:30 p.m. @ 10 North San Pedro Rd Room 1018, San Rafael Ca

**Present:** Samantha Sargent-Vice Chair, Robert Powelson, Jessie Blake (advisory), Alan Charmatz, Chris Mayer, Alice Gleghorn Rothlind, Sandra Fawn, Michele Stewart, Aida-Cecilia Castro Garcia, Marty Zelin, Katie Rice (BOS), Martina Bedar, Gary Scheppke,

**Staff Present:** Margaret Kisliuk; Shae Cross

**Absent:** Todd Schirmer-Chair, Carmen Tristan, Bob Brown, Buckelew (advisory)

**Other Present:** Joel Fay, Barbara Alexander, Leah Fagundes, Maya Gladstern, William Eshrlmare, Paula Lucchesi, Bill Rehfield, Esmerelda Garcia, Mark Dale

Action	Agenda Item	Motion to Approve / Seconded	Key Discussion Points	Outcome	Next Step: (i.e., project lead and target date for completion)
6:30 p.m.	Call to Order and Roll Call				
6:35 p.m.	<b>REVIEW AND APPROVAL OF MEETING MINUTES</b>	Michele/Sandra	Approval of March Minutes.	Approved	Minutes to be posted on website
6:40 p.m.	<b>OPEN TIME FOR PUBLIC EXPRESSION</b> (items not on the agenda)		Barbara Alexander, NAMI, highlighted that with the current remodel of Marin General Hospital Unit A it would be a good time to expand. Nami is asking the Marin General Hospital Board of Directors & the Marin Healthcare District Board to look into this. The Mental Health Board will add this topic to the agenda for the May meeting.	Put item on May Agenda	
6:45 p.m.	<b>SPEAKER:</b> Facilitated discussion about violence and mental health, with guest Joel Fay, PhD.		Joel Fay led a discussion that highlighted; <ul style="list-style-type: none"> <li>• His work over the years with Mental Health Consumers as an officer with the San Rafael Police Department.</li> <li>• The impossibility of accurately predicting violence. Past behavior is a measure of predicting future violence.</li> </ul>		

## County of Marin Mental Health Board Minutes

			<ul style="list-style-type: none"> <li>• Mental Health Consumers take twice as long to navigate the justice system as non consumers.</li> <li>• Mental Health Consumers with medication have the same rates of violence as someone with no illness.</li> <li>• In California, compared to the number of beds available in 1960 there has been a reduction of 90% in beds with only 10% remaining.</li> <li>• 94% of Mental Health beds @ State Hospitals are for “Forensics-Justice Related”</li> <li>• A Mental Health Consumer has a 150%-800% increased likelihood to be in the justice system rather than a hospital.</li> </ul> <p>Joel noted that there will be 80 new beds in Sonoma in the future but they will not be funded with MediCal \$ &amp; that 11 new beds that are “Voluntary” will be open in the Fall.</p>		
7:10 p.m.	<b>SPEAKER:</b> Presentation about Consumer-Operated Services by the Marin Advocates for Mental Health (MAMH).		<p>Maya G, Bill E, Marie, Steven, Pam S, Leah S, Scott M and Patricia C gave a presentation that highlighted Recovery and Independence attained with Consumer Operated Services in Mental Health-</p> <ul style="list-style-type: none"> <li>• Shared the SAMSHA booklet <a href="#">“Building Your Program – Consumer Operated Services”</a></li> <li>• Shared the SAMSHA booklet <a href="#">Getting Started with Evidence-Based Practices</a></li> <li>• Shared the new Mission Statement of the Marin Advocates for Mental Health</li> </ul>		
7:25 p.m.	<b>OLD BUSINESS</b>		<ul style="list-style-type: none"> <li>• Nomination forms for “Celebrating the Uncelebrated Event have been sent out.</li> <li>• Marty Z &amp; Robbie P offered additional help for the event.</li> <li>• Gary S attended and gave a presentation about the event at the April “Alcohol &amp; Other Drug Advisory Board” meeting</li> </ul>		
7:35 p.m.	<b>NEW BUSINESS</b>		<ul style="list-style-type: none"> <li>• Nominations for MHB</li> </ul> <p>A discussion was held that detailed the roles of the Chair, Vice-Chair and Secretary positions for board</p>		

**County of Marin  
Mental Health Board Minutes**

	positions (chair, vice chair, secretary) and committee chairs.		members to consider for future nominations.		
7:50 p.m.	<p><b>COMMUNITY MENTAL HEALTH AND SUBSTANCE USE SERVICES</b> INTERIM DIRECTOR REPORT –Margaret Kisliuk</p>		<p><b><u>Recruitment for Director of Mental Health and Substance Use Services</u></b> The recruitment for the Director of Mental Health and Substance Use services is open. Applications can be submitted, on line, for the next three weeks. The County’s Human Resources Department will select the two to five “highest qualified applicants” according to specific criteria such as experience in County MHSUS systems; overall management experience; etc. We expect interviews to be conducted in early May.</p> <p><b><u>Personnel Changes</u></b> Patrick Thompson, a long time Nurse Practitioner in our system, retired effective March 29. Patrick has been integral in the development and staffing of key parts of our system, including the shared clinic with Marin Community Clinics and he will be missed.</p> <p>Anessa Larson has been appointed as our Quality Improvement Coordinator, working under the leadership of Michelina Gautieri, the recently appointed manager of the Marin Mental Health Plan. We are looking at the overall structure of the Plan to ensure that it is appropriate as we move towards health care reform and other pending changes.</p> <p><b><u>San Rafael Police Department Mental Health Staff Position</u></b> As noted last month, the San Rafael Police Department is hiring a non-sworn individual to help in their handling of individuals with mental health issues. The interviews will be conducted on April 16; Chris Kughn of our staff will participate in the interviews.</p>		

**County of Marin  
Mental Health Board Minutes**

**Staff Appreciation Event**

On March 13 we held an employee appreciation lunch at the Marin General Hospital campus. Part of the purpose of the lunch was to facilitate staff meeting others from the recently integrated Mental Health and Substance Use Services Division. There was also many staff that rarely had a chance to interact with Psychiatric Emergency Services staff. We were fortunate; it was very quiet on PES that day and the event was very well received.

**Service Delivery Workgroup**

This group, which was chaired by Patty Lyons, Mental Health Unit Supervisor, and by Elizabeth Berg, Public Guardian Program Manager II, is finalizing its recommendations for presentation and to discuss to senior HHS staff, prior to presenting the recommendations more broadly. The focus has been on strengthening/developing a network approach to access to crisis services, with improved coordination and strengthening of our collaborative partnerships.

The next workgroup – Workforce Competency – to be chaired by Chris Kughn, Mental Health Program Manager II and by Martha Nelken, Nursing Services Manager, will be starting its work soon.

**Healthy Families Transition**

The State is ending the Healthy Families program, which provided coverage for uninsured children up to 250% of the federal poverty level (under \$50,000/year for a family of three). The program is being eliminated in stages, with some of the children becoming Kaiser Medi-Cal members, and others becoming Medi-Cal members under Partnership Healthplan. The Kaiser transition occurred April 1; the remaining transfers will

## County of Marin Mental Health Board Minutes

			<p>be August 1.</p> <p>Last week Dr. Lanes and Dr. Pring of MHSUS staff met with Kaiser to discuss the transition and the clients that will be referred to MHSUS for services; those with more complex or serious mental health issues. We will be adding a staff member to help accommodate the increased work load which is associated with this transition, as well as to address additional services needed as a result of a lawsuit involving foster children.</p> <p><b><u>County Budget</u></b> The Board of Supervisors reviewed our budget and performance plan at a hearing held on March 27. Dr. Meredith discussed the pressures affecting our clients and our services as we work to transition out of the economic downturn; to prepare for health care reform; and to better integrate our services.</p>		
8:15 p.m.	<p><b>COMMITTEE REPORTS &amp; DELEGATION OF ROLES (If any)</b></p> <ul style="list-style-type: none"> <li>• Membership – M. Bedar, A. Cecilia Castro-Garcia, C. Tristan</li> <li>• QA – R. Powelson</li> <li>• Canal Community – C. Tristan, A. Cecilia Castro-Garcia</li> <li>• Prevention/Early intervention – Marty Z</li> </ul>		<p>Welcome to new members, Alice R, Sandra F and Robert P.</p> <p>Reported on attending the Suicide Prevention Meeting</p> <p>Reported on upcoming 5 week “Conflict Resolution Program” and support group for Latino parents. Home visits by Promotores are happening.</p> <p>Attended a PEI committee meeting that discussed commitment to measuring outcomes. This commitment</p>		

## County of Marin Mental Health Board Minutes

	<ul style="list-style-type: none"> <li>• Incarceration &amp; Mental Health – T. Schirmer, A. Cecilia Castro-Garcia, G. Scheppke, A. Charmatz</li>   <li>• Site Visits – S. Sargent</li>   <li>• Homelessness – M. Stewart</li>   <li>• Community Based Organizations – B. Brown, J. Blake</li> </ul>		<p>is welcomed by Community Based Operations to help them find cost effective services.</p> <p>Alan C discussed with the board the current problems with visitation of inmates in the Marin County Jail. The current procedure puts Mental Health Consumers without the skills to navigate a difficult visitation procedure at an extreme disadvantage.</p> <p>Alice R, Katie R &amp; Sandra F are interested in attending site visits. Martina B noted that she had a copy of a questionnaire that is helpful at the visits.</p> <p>A Policy Steering Committee met in March and handed out a draft of the “Home For All” document for comments. The next meeting is June 20<sup>th</sup> at 3240 Kerner Blvd.</p> <p>Community based organizations are struggling with the Healthy Families transition. With healthcare reform there will be an influx of kids that are MediCal eligible.</p>	<p>Katie R offered to sponsor &amp; attend a meeting of this committee to discuss the issue with the Marin County Sheriff.</p>	
8:30 p.m.	Adjourn		No further business, meeting adjourned.		