

County of Marin Mental Health Board Minutes

Date: Tuesday, June 11, 2013

Time/Place: 6:30 p.m. @ 3240 Kerner Blvd Room 110, San Rafael Ca

Present: Samantha Sargent-Vice Chair, Alan Charmatz, Bob Brown, Buckelew (advisory) Robert Powelson, Alice Gleghorn-Rothlind, Sandra Fawn, Michele Stewart, Aida-Cecilia Castro Garcia, Marty Zelin, Jessie Blake (advisory), Martina Bedar, Katie Rice (BOS)

Staff Present: Margaret Kisliuk; Shae Cross

Absent: Chris Mayer, Todd Schirmer-Chair, Gary Scheppke, Carmen Tristan,

Other Present: Barbara Alexander, Angela Arenas, Jeana Reynolds, Maya Gladstern, Rebecca Kuga, Nellrose Graham, Doug Lipinski, Paula Lucchesi, Cynthia Jackson, Sharon Jackson

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|-----------|--|------------------------------|---|--|--|
| 6:30 p.m. | Call to Order and Roll Call | | | | |
| 6:35 p.m. | REVIEW AND APPROVAL OF MEETING MINUTES | Sandra/Alice | Approval of May Minutes. | Approved | Minutes to be posted on website |
| 6:40 p.m. | OPEN TIME FOR PUBLIC EXPRESSION (items not on the agenda) | | Barbara Alexander, NAMI, Thanked Board member for donation from Community Discretionary Fund to community members on street. Maya Gladstern highlighted need for Consumer Operated Services. | | |
| 6:45 p.m. | PANEL DISCUSSION: Services available to youth in the criminal justice system. <ul style="list-style-type: none"> • Rebecca Kuga, San Rafael Police Department. • Jeana Reynolds, | | Rebecca distributed a handout and gave an overview of the SRPD Youth Services Bureau. There are 3 services that include: <ul style="list-style-type: none"> • First Offender Program • On-Site School Counseling • Therapy Services There are Ancillary Services that include: <ul style="list-style-type: none"> • Camp Chance • Parent Project | Handout materials are available upon request | |

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| | <p>Marin County Probation Department</p> <ul style="list-style-type: none"> • Angela Arenas: Youth Empowerment Services. | | <p>Jeana gave an overview of the Marin County Probation Grant, "PORTAL". The grant includes:</p> <ul style="list-style-type: none"> • Family Therapy with Evidenced Based Practices • Treatment for youth on probation <p>There are Ancillary Services that include:</p> <ul style="list-style-type: none"> • Victim Offender Reconciliation, VOR • Juvenile Hall Assessments • Substance Use treatment from BACR with Family Connections • Aggressive Therapy <p>Angela gave an overview of Youth Empowerment Services, YES. YES includes:</p> <ul style="list-style-type: none"> • Family Partner Wrap-around services working closely with probation, schools & PORTAL • Community based services with home, church & schools • Access to Psychiatric treatment • Collaborative work with Seneca | | |
| 7:15 p.m. | <p>OLD BUSINESS</p> <ul style="list-style-type: none"> • Bed space at Marin General Hospital • Merging of AOD | | <p>A draft of the resolution created by the committee formed at the last meeting was handed out to board members.</p> <p>There was discussion about a variety of things, including the opening of a Sonoma and Marin Crisis Residential facility, which might affect bed space at Marin General in the coming future.</p> <p>The overall goal was to support positive relations & collaborations between the community, Marin General and Marin County.</p> <p>There was a discussion concerning the status of possible</p> | <p>The draft will be emailed to full board for discussion at next board meeting.</p> <p>Margaret will research</p> | |

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| | and MH Boards | | future merge with the Alcohol and Other Drug Advisory Board. | materials from other counties that have merged their boards. | |
| 7:35 p.m. | NEW BUSINESS <ul style="list-style-type: none"> • Elections for 2013 – 2014 <ul style="list-style-type: none"> ○ Chair: Samantha Sargent ○ Vice Chair: Alan Charmatz ○ Secretary: | Katie/Sandra | Motion to accept the nominations of Samantha Sargent for Chair and Alan Charmatz for Vice Chair. | Motion Passes Unanimously | |
| 8:00 p.m. | COMMUNITY MENTAL HEALTH AND SUBSTANCE USE SERVICES INTERIM DIRECTOR REPORT –Margaret Kisliuk | | <p><u>Recruitment for Director of Mental Health and Substance Use Services</u></p> <p>On May 22 a committee that included Gary Scheppke of your Board and Rocky Pierson of the Alcohol and Drug Advisory Board, interviewed the nine “highly qualified” applicants for the Director of Mental Health and Substance Use position. The committee recommended that we interview four of these candidates.</p> <p>On May 29, three committees including MHSUS senior staff; MHSUS general staff; and a “stakeholders” group that included Todd Schirmer and Marty Zelin of your Board, interviewed the top four candidates. The groups had different takes on some of the candidates, but their input was extremely valuable.</p> | | |

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| | | | <p>Dr. Meredith and I are now interviewing the top four candidates. We hope to have a decision finalized within the next several weeks.</p> <p><u>Service Delivery Workgroup</u> The recommendations and our next steps, from the Service Delivery Workgroup, chaired by Patty Lyons, MHSUS Unit Supervisor, and Elizabeth Berg, Public Guardian Program Manager II, will be discussed at a meeting of the group scheduled for next week. The group recommends a more unified response to crisis services and the development of a more comprehensive and cohesive system. Attached are two key slides from the group's presentation.</p> <p><u>Communication</u> It is the Department's and Division's policy that calls from clients, family members and others be returned on a timely basis and that, to the degree possible, we keep families informed about their family members that are in our care. Recently there were occasions where this policy was not met, because of unexpected and abrupt staff absences, changes in client consent directives, and some other factors. I want to assure the Board and the public that the Department and Division take such lapses seriously. We very much understand the stress that the families are dealing with and want to alleviate it to the degree that we are able.</p> <p>We are working to tighten up these policies and to ensure that there is wide staff understanding and adherence to them. We are also working with County Counsel to try to streamline and clarify the consent process to facilitate</p> | | |

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| | | | <p>effective client treatment and, if possible, our communications regarding that treatment. Finally, Dr. Meredith and I will work to ensure that the new Director is aware of the need to ensure ongoing improvements in this area.</p> <p>It is important to note that adult clients have the right to require that their providers not communicate with their families, even to the extent of confirming their being in treatment or where they have been placed.</p> <p>I encourage the Board and the public to let me know if I can be of any help in their efforts to get information (or in any other matter). In the meantime, we are working on family-friendly handouts that will help explain our philosophy of family partnership; the rules and regulations related to confidentiality and client consents to the release of information.</p> <p><u>Youth and Family Services (YFS)</u> The first year of our new program targeting low income children and families is finishing this June 30, 2013. The clinicians see kids and their parents in half dozen school sites, at the Kerner offices and at home when appropriate. In approximately 35% of the current cases the parent is monolingual Spanish speaking (3 of our 8 staff are bilingual Spanish speaking) and the need for affordable housing for families is one of the most pressing needs.</p> <p>This has been a year of change at YFS in other ways as well. These changes include Healthy Families clients transferring from Kaiser to the County (beginning in April and ongoing); and the beginning of the implementation of</p> | | |

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| | | | <p>the Katie A. project regarding children in foster care or at risk of this. The Katie A project is based on a court settlement from LA County which resulted in increased mental health services for foster kids, specifically intensive case coordination and in home support. Foster children will be screened by Social Services and referred to YFS for these mental health services. YFS and SS are actively collaborating on implementing this new program.</p> <p>Two of our YFS clinicians started providing services in January at Second Step, a residential program for victims of domestic violence and their children. They are providing weekly psycho-educational groups for mothers and weekly groups for children, one for children under 12 and another for teens. These groups have been very successful and have received positive feedback in a recent survey of the mothers.</p> <p>One of our Youth Empowerment (YES) staff, Angela Arenas, received an 'Inny' (Innovation) award from the Board of Supervisors for the running group for girls in the probation system which she started in collaboration with Juvenile Justice staff. This running group has been very successful and provides unique support to these girls who are turning their lives around.</p> <p><u>Juvenile Drug Court</u> For the past three years, this Court, which focuses on alternatives to incarceration for youth convicted of drug-related crimes, has been funded by federal Substance Abuse and Mental Health Administration (SAMHSA) funds. The funds supported alcohol and drug treatment services for adolescents and their families enrolled in the Marin County Juvenile Drug Court.</p> | | |

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| | | | <p>Although the grant period ends this September, MHSUS staff has been working with the Department of Probation to ensure that the treatment services continue to be offered to youth and families enrolled in the program. We will be issuing Request for Proposals to provide these services in July 2013, based upon \$300,000 in funding provided by the Department of Probation for intervention and treatment services for youth at risk of or on formal probation.</p> <p><u>Stigma Documentary</u> The documentary “A New State of Mind: Ending the Stigma of Mental Illness” aired on PBS stations throughout California on Thursday night, and has received positive response from target audiences and stakeholders alike. It is now available for viewing and download at EachMindMatters.org. The documentary features just a few of the millions of Californians who are refusing to stay silent while untreated mental illness takes an unnecessary toll on our families and communities. Their stories illustrate how California is taking unprecedented steps to ensure each person knows help is available and feels comfortable asking for the support that he or she, or a loved one, needs.</p> <p>The website includes additional content, including a space for individuals to pledge to work on this issue, to share their own stories, or to get suggestions on how to deal with stigma and mental health issues.</p> <ul style="list-style-type: none"> • This documentary was created in order to serve audiences everywhere. To that end, “A New State of Mind” will be housed directly | | |

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| | | | <p>on the Each Mind Matters website, where it will continue to serve as both a record and an example of the many innovative Prevention and Early Intervention programs that are currently saving lives and dollars by delivering help <i>before</i> a crisis when it's most effective and less costly.</p> <ul style="list-style-type: none"> • Check back on EachMindMatters.org in the months ahead as additional SDR content is added to the site – including individual documentary segments and interviews that will be housed in the Great Minds Gallery. All of these video materials will be available for download and use by mental health speakers and advocates in their critical work in our communities. • After being inspired by this dynamic content, audiences can visit the Join the Movement page to make personal pledges for how they will stand up to stigma in their daily lives (as of today we have 119 pledges and counting!). Or, they can share their own stories to inspire others! We have also created a Get the Tools section for everything they need to share “A New State of Mind” and Each Mind Matters with family, friends, colleagues and | | |

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| | | | communities online. | | |
| 8:15 p.m. | <p>COMMITTEE REPORTS & DELEGATION OF ROLES (If any)</p> <ul style="list-style-type: none"> • Membership – M. Bedar • Forensic Services – A. Charmatz • Homelessness – M. Stewart • Site Visits – A. Rothlind-Gleghorn, S. Fawn | Samantha/Alan | <p>Accept Dr. Charles Silverstein as potential new member.</p> <p>There is information in the June newsletter of NAMI for assistance with visitation at the jail for Mental Health Consumers.</p> <p>There is a meeting of the Homelessness steering committee coming up on June 20th.</p> <p>Alice will coordinate upcoming site visit to PES for next Friday June 21st @10AM.</p> <p>There are group meeting @ PES every Thursday evening from 7-8:30pm @ 250 Bon Air. NAMI invited the entire board to attend.</p> | <p>Passes Unanimously</p> <p>Michele & Samantha will attend</p> <p>Robbie, Sandra, Alice, Charles, Samantha and Michele to attend</p> | <p>Forward letter of request to Board of Supervisors.</p> <p>Forward visit instructions and reminder to group.</p> |
| 8:30 p.m. | ADJOURN | | No further business, meeting adjourned. | | |