

County of Marin Mental Health Board Minutes

Date: Tuesday, May 14, 2013

Time/Place: 6:30 p.m. @ 3240 Kerner Blvd Room 110, San Rafael Ca

Present: Todd Schirmer-Chair, Samantha Sargent-Vice Chair, Gary Scheppke, Carmen Tristan, Alan Charmatz, Bob Brown, Buckelew (advisory) Robert Powelson, Alice Rothlind, Sandra Fawn, Michele Stewart, Aida-Cecilia Castro Garcia, Marty Zelin, Jessie Blake (advisory), Martina Bedar,

Staff Present: Margaret Kisliuk; Shae Cross

Absent: Katie Rice (BOS), Chris Mayer

Other Present: Barbara Alexander, Kristen Gardner, Kasey Clarke, Steven Burke, Julie Baker, Sharon Baker

Action	Agenda Item	Motion to Approve / Seconded	Key Discussion Points	Outcome	Next Step: (i.e., project lead and target date for completion)
6:30 p.m.	Call to Order and Roll Call		6:31pm		
6:35 p.m.	REVIEW AND APPROVAL OF MEETING MINUTES	Martina B/Robbie P	Approval of April Minutes.	Approved	Minutes to be posted on website
6:40 p.m.	OPEN TIME FOR PUBLIC EXPRESSION (items not on the agenda)		Barbara Alexander, NAMI, Thanked the Board for the success of "Celebrating the Uncelebrated" Event.		
6:45 p.m.	SPEAKER: Kasey Clarke, Kristen Gardner, Marin Mental Health and Substance Use Services. MHSA Annual Update FY13/14		Kasey C, County MHSA Coordinator & Kristen G, PEI Coordinator, handed out materials for the statewide stigma reduction campaign, "Each Mind Matters" and Suicide Prevention Posters. Kristen G gave an overview of the planning process that will continue baseline & expansion program funding for FY 13/14 and begin a larger planning process for the 3 year plan for FY14/17.		

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7:15 p.m.	<p>OLD BUSINESS</p> <ul style="list-style-type: none"> • Recap of Celebrating the Uncelebrated • Bed space at Marin General Hospital 	Gary S/Alan C	<p>The Board thanked Gary S for coordinating the May 02, 2013, “Celebrating the Uncelebrated” Event held at the Embassy Suites in San Rafael. The event was well attended. Gary S thanked the entire team for their efforts to help with the event.</p> <p>Barbara Alexander, NAMI, highlighted that with the current remodel of Marin General Hospital Unit A it would be a good time to expand. Nami is asking the Marin General Hospital Board of Directors & the Marin Healthcare District Board to look into this.</p> <p>Motion- Create a workgroup to draft a resolution asking Marin General Hospital & the Marin Healthcare District Board to add additional beds to Unit A.</p>	Motion Passes - 10 Yes, 1 No, 1 Abstain	Workgroup: Margaret K, Gary S, Barbara A
7:35 p.m.	<p>NEW BUSINESS</p> <ul style="list-style-type: none"> • Nominations for MHB positions (chair, vice chair, secretary) • Director hiring process 		<p>Please send any nominations to executive committee prior to next Board meeting for vote.</p> <p>Our Human Resources Department has designated nine of the MHSUS Director applicants as “highly qualified”. A committee that includes a representative of the Mental Health Board, of the Alcohol & Other Drug Advisory Board and several other key individuals will interview these applicants on May 22, selecting the top two or three candidates. Stakeholder committees will then interview the top candidates;</p>	<p>Gary S volunteered to sit on the May 22 interview.</p> <p>Marty Z/Toss S volunteered for the May 29 follow-up</p>	

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	<ul style="list-style-type: none"> Cleaning up the Committees 		<p>Membership Committees</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">Membership</td> <td style="text-align: center;">Bedar, Tristan</td> </tr> <tr> <td style="text-align: center;">Liaison</td> <td style="text-align: center;">QA – Powelson PEI – Zelin Site Visits – Rothlind, Powelson, Fawn AOD Board – Sargent, Scheppke</td> </tr> <tr> <td style="text-align: center;">Canal</td> <td style="text-align: center;">Tristan, Castro-Garcia</td> </tr> <tr> <td style="text-align: center;">Forensic Services</td> <td style="text-align: center;">Charmatz, Scheppke, Schirmer, Castro-Garcia</td> </tr> <tr> <td style="text-align: center;">Homelessness</td> <td style="text-align: center;">Stewart, Castro-Garcia, Sargent, Tristan</td> </tr> <tr> <td style="text-align: center;">CBO</td> <td style="text-align: center;">Blake, Brown</td> </tr> <tr> <td style="text-align: center;">Suicide Prevention</td> <td style="text-align: center;">Powelson, Scheppke</td> </tr> </table>	Membership	Bedar, Tristan	Liaison	QA – Powelson PEI – Zelin Site Visits – Rothlind, Powelson, Fawn AOD Board – Sargent, Scheppke	Canal	Tristan, Castro-Garcia	Forensic Services	Charmatz, Scheppke, Schirmer, Castro-Garcia	Homelessness	Stewart, Castro-Garcia, Sargent, Tristan	CBO	Blake, Brown	Suicide Prevention	Powelson, Scheppke	interviews.	
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8:00 p.m.	<p>COMMUNITY MENTAL HEALTH AND SUBSTANCE USE SERVICES INTERIM DIRECTOR REPORT – Margaret Kisliuk</p>		<p>MHSUS Director Selection Our Human Resources Department has designated nine of the MHSUS Director applicants as “highly qualified”. A committee that includes a representative of the Mental Health Board, of the Alcohol & Other Drug Advisory Board and several other key individuals will interview these applicants on May 22, selecting the top two or three candidates. Stakeholder committees will then interview the top candidates; I am asking your Board for help in this.</p> <p>Service Delivery Workgroup The Service Delivery Workgroup, chaired by Elizabeth Berg of our Public Guardian’s Office and Patty Lyons, Mental Health Unit Supervisor for the HOPE program, developed a set of recommendations for how our system can better enhance access and integration. The chairs presented their recommendations to HHS and MHSUS senior staff. The recommendations include; designating central teams to help address those clients that fall through the cracks of our various systems; a single or better coordinated phone number and assessment system; incentives to the many agencies involved to “bend” to better accommodate the needs of complex clients and others.</p> <p>We are excited by the recommendations and are developing some specific “next steps” that we hope to present to the group in the next few weeks.</p> <p>Recovery Connections Center One key point of access for our integrated system is the Recovery Connections Center (RCC), which is located at</p>		

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			<p>the Health and Wellness Campus and run by Bay Area Community Resources (BACR). The RCC offers comprehensive co-occurring screening and assessment services using the Global Appraisal and Index of Needs (GAIN) assessment instruments. Assessments are provided by licensed staff with expertise in substance use and mental health disorders. Other services offered include pre-treatment groups, referral and linkage with treatment and ancillary services, substance use consultation, continuing care management and telephone support services. This fiscal year (as of April 30, 2013), the RCC has conducted 366 screenings and assessments, convened 44 engagement groups and fielded nearly 1,000 telephone calls for information and referrals.</p> <p>Over the course of its existence, referrals to the RCC have increased substantially which we see as a sign of the recognition of the need to provide a broader array of services for our complex clients. Staff has been attending mental health team meetings and are co-located with the CalWorks program.</p> <p>Health Care Reform There continue to be a bewildering number of things that have not yet been determined that will affect how health care reform is implemented in California; we are most focused on those that affect our safety net population. Perhaps one of the most important parts of the MHSUS system will be the State's implementation of the federal requirement to institute "parity" among the benefits provided by insurers; the provision of substance use and mental health services must be comparable to the level of physical health services. Currently Medi-Cal provides</p>		

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			<p>extremely limited reimbursement for substance use services; we are expecting to see a much wider array of reimbursed services when parity is implemented.</p> <p>We are working to identify and develop plans to address the way that our system will need to grow to provide these benefits that will now have a source of revenue. We will, of course, be heavily reliant on our community providers in this effort.</p> <p>Changes in Children’s MJHSUS System As I’ve mentioned, there are several State-driven changes that are affecting the services we provide to youth and their families. These include:</p> <ul style="list-style-type: none"> • Ensuring that mental health services are available to the approximately 3,000 Marin County children who have, or will be, transferred from the commercially provided “Healthy Families” program to Medi-Cal. • Implementing the State requirements applying to services to foster care children under the “Katie A” lawsuit. While we believe that we were largely providing these services --pertaining to assessments and followup of “at risk” children identified through the foster care system -- there are several new State-imposed procedural and documentation requirements. • Continuing to develop and define what the set of integrated services to youth and adolescents should look like in our integrated system. This discussion, of course, will involve many stakeholders including the Mental Health Board and take place, initially at least, as part of the MHSA process. 		

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			<p>Psychiatric Emergency Services – Family Partners Mary Ann McDonough is the family partner now working in our Psychiatric Emergency Services unit. She is participating in team meetings and working with staff so that she can best help the families who have a family member in crisis. She brings both youth and adult experience and is bilingual.</p> <p>Crisis Intervention Training Joel Fay has agreed to again provide our Crisis Intervention Training for local police jurisdictions which will be held from October 28 through October 31.</p> <p>AB 109 To date a total of 48 AB 109 individuals have been released to Marin County; 13 are currently in custody. The AB 109 team will be meeting this month to identify gaps/needs for additional services next fiscal year. Securing temporary and/or permanent housing remains a significant barrier for this population.</p> <p>The three “Thinking for a Change” groups have just completed their first cycle with 12 probationers due to graduate this week. A new 14 week cycle is set to begin in all three locations next week. The program continues to be operational in all Pods within the jail.</p> <p>Persons in the Jail Receiving MHSUS Services At your last meeting I was asked how many of the approximately 300 inmates in the County jail are receiving</p>		

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			<p>mental health or substance use services. There are a variety of programs provided in the jail, including “Seeking Safety” that focuses on the handling of trauma, that are not specifically MHSUS services but that are targeted to a population likely to be experiencing MHSUS-related issues. There is also a “thinking for change” group and NAMI has provided the “In Our Own Voice” program in the jail. These classes are provided according to the inmates’ interest and jail housing situation, and not necessarily by their mental health or other needs.</p> <p>The jail does not currently have a good electronic tracking system for our care to the inmates and so the best data we have is for prescriptions, which are provided through an automated process. I can tell you, however, that about 1/3 of the inmates are getting prescription medications, and of those 66% are for psychotropic medications. Many of these individuals come to the jail already under such treatment; others are diagnosed and treated in the jail. We work with the Sheriff’s Department and HHS nursing staff to facilitate continued medications and treatment upon the individual’s release.</p>		
8:15 p.m.	<p>COMMITTEE REPORTS & DELEGATION OF ROLES (If any)</p> <ul style="list-style-type: none"> • Membership – M. Bedar, A. Cecilia Castro-Garcia, C. Tristan 		<p>Welcomed Guest/Applicant – Dr. Charles Silverstein</p>		

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	<ul style="list-style-type: none"> <li data-bbox="346 527 525 592">• QA – R. Powelson <li data-bbox="346 698 598 925">• Incarceration & Mental Health – T. Schirmer, A. Cecilia Castro-Garcia, G. Scheppke, A. Charmatz <li data-bbox="346 1063 588 1096">• Liaison to AOD 		<p data-bbox="835 527 1533 625">Robbie P attended the Bay Area Suicide Intervention Crisis Alliance, BASICA. Robbie would like to form an additional Suicide Prevention Committee.</p> <p data-bbox="835 690 1596 787">Alan S, There is a meeting Thursday @ 3pm with Katie R and the Marin County Sheriff to discuss the current problems with visitation of inmates in the Marin County Jail</p> <p data-bbox="835 1063 1585 1161">Gary S, attended the Alcohol and Other Drug Advisory Board meeting and gave an update to their Board. Gary S applied to become a member of the AOD Board.</p>	<p data-bbox="1625 527 1774 657">Committee Formed: Robbie P/ Gary S</p>	
8:30 p.m.	ADJOURN		No further business, meeting adjourned.		