

COMMITTEE: EXECUTIVE	APRIL 17, 2014	LOCATION: 10 NORTH SAN PEDRO ROAD, RM 1012
<b>PRESENT:</b> Teri Dowling, Jim Monson, Allan Bortel, Lee Pullen, Salamah Locks, Sybil Boutilier		
<b>EXCUSED:</b> Jody Timms, Chris Asimos, Ellie Bloch		
<b>ABSENT:</b>		
<b>RECORDER:</b> Gary Lara		
Next Meeting: 10 N. San Pedro Rd., Conference Room 1012 - June 23, 2014		

MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p><b><u>Agenda</u></b></p> <p>Chair Monson called the meeting to order at 1:11p.m. The agenda was approved as written.</p> <p><b><u>Minutes</u></b></p> <p>The March 24, 2014 minutes were approved as written.</p> <p><b><u>Public Comment</u></b></p> <p>None</p> <p><b><u>Chair's Report</u></b></p> <p>Monson discussed the following items:</p> <p>Chair Monson is going out of town for the next two and a half weeks. He will be available by email in case</p>	

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PARTY**

anyone needs to reach him.

**Action Item:**

None

**Discussion Items:**

**Update on Healthy Aging Symposium:**

Gary Lara reported Program Manager Ana Bagtas has confirmed the titles for each speaker’s presentation. They are noted as follows:

Dr. David Lindeman: “The Emerging World of Connected Aging: Technology Advances that are Improving the Lives of Older Adults”

Tessamarie Capitolo, MFT: “Growth in Aging: A Developmental Stage”

Dr. Sharon McKenzie: “Flowing in the Later Part of Life through Movement & Exercise”

Dr. Edgar Angelone: “Prevention of Cognitive Decline in Older Adults: New Approaches”

Chair Monson is scheduled to introduce key note speaker Lindeman, announce lunch and closure time of the program and to give acknowledgments. Monson is in the process of assigning Commissioners Chris Asimos, Carol Zeller and Allan Bortel to introduce the three additional guest speakers. Teri Dowling and Sybil Boutilier will be backups in case the noted commissioners are unable to accommodate this request.

The commissioner name tents will be placed on the tables at the Embassy Suites. Each commissioner will act as a “host” for that particular table. Commissioner Locks would like to see as much diversity as possible among the groups and suggested having commissioners switch tables if necessary.

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**Area Plan Board of Supervisors Report:** The Area Agency on Aging Area Plan, 2012-2016, Fiscal Year 2014-2015 Update is scheduled to be presented at the Board of Supervisors meeting on Tuesday, May 6<sup>th</sup>. The meeting will take place in the Board of Supervisors Chambers in room 329 on the third floor of the Civic Center. Commissioners are strongly encouraged to attend.

**General Meeting Presentation Topics for FY 2014-15:**

Secretary Gary Lara suggested planning the topics for the first quarter of the next fiscal year. The remainder of meeting schedule can be discussed at the Executive Committee meeting of June 23<sup>rd</sup>. The following topics and subject matter were agreed upon thus far:

July: Hoarding and Downsizing; Commissioner Locks will organize this meeting in conjunction with Michele McCabe.

August: No meeting

September: Commissioner retreat; still tentative until the designated planning committee meets in May to discuss the specifics including the date. The backup topic is travel; education and tips for seniors.

October: West Marin Senior Services meeting in conjunction with Skip Schwartz, Executive Director at WMSS.

November: HICAP Update

December: Legislative Update; Commissioner Bloch will organize this meeting in conjunction with Michele McCabe.

Additional topics and ideas expressed: Housing and transportation, nutrition, end of life issues, elder abuse and undue influence (FAST), websites for seniors/senior help line, Marin Village update, Age-Friendly Cities, compassionate communication, fall prevention, prescription drug use, alcohol and poly-pharmacy.

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**Other Comments:**

None

**Committee Reports**

- **Health and Nutrition:** Commissioner Asimos was unable to attend today's meeting due to a previous commitment. Commissioner Locks had no further updates since the last report was given. The next meeting is Thursday, May 15, 2014.

- **Housing and Transportation:** Commissioner Bortel debriefed on their meeting from Wednesday, April 16<sup>th</sup>.

Paul Branson, Community Mobility Manager reported that Catch A Ride Referrals are up to 1,300 rides per month. The revenue received from the Department of Motor Vehicles each year is approximately \$750,000. Taxi companies are complaining about short trips and loss of potential revenue. Drivers want better fares. A process is needed to formulate solutions with stakeholders.

The Housing and Transportation Committee voted to have the Executive Committee recommend sending a letter from the Commission on Aging to the Board of Supervisors in order for the Housing and Transportation Committee to communicate with the City of San Rafael to express support of the Whistlestop housing project. Allan Bortel has been authorized to write the letter of support. The letter of support will be an action item on the June 23<sup>rd</sup> Executive Committee meeting.

Bortel also discussed the commission commending certain accomplishments by organizations on behalf of seniors. The City of Sausalito should be recognized for becoming the first city in Marin to receive "Age-Friendly" recognition. Bortel agreed to draft the document and proposed a future city council meeting would be a good venue for the presentation. An article would also be featured in the next Great Age.

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- **Legislative Task Force:** Commissioner Boutilier reported on behalf of Commissioner Bloch who was unable to attend today’s meeting due to a previous commitment.

Boutilier stated it is important to have letters of support for reducing the 402 minimum and keeping this on the State Income Tax Form.

The task force is also now reviewing non CSL bills in addition to CSL items.

Stressed that legislative advocacy from the Commission on Aging is vital and that the commission shouldn’t have to go thru the Board of Supervisors since this is a Federal mandate thru the Older Americans Act. Boutilier stated it is very clear the Older Americans Act has two primary functions: approve the area plan and advocate for senior issues. The advisory council should be able to write under the name of the council and have the letters signed by the Chair of the Commission. There is an exception for housing since this relates to zoning and city requirements. Area Agency on Aging Director Lee Pullen advised the Executive Committee to wait and see what the Board of Supervisors has to say about the recent memo sent to Board President Kathrin Sears and the BOS Supervisors.

- **Planning Committee:** Commissioner Boutilier reported on behalf of Commisisoner Timms who was unable to attend today’s meeting. Boutilier reported on the task of planning an upcoming meeting and luncheon with the mayor of Larkspur and its residents. There are still details that need to be worked out.

**New Business**

Chair Monson would like to see popular editorial links on the Commission web site.

The meeting adjourned at 2:35 p.m. The next meeting is Monday, June 23, 2014.