### COMMITTEE: EXECUTIVE

**FEBRUARY 24, 2014**

**LOCATION: 10 NORTH SAN PEDRO ROAD, RM 1012**

**PRESENT:** Teri Dowling, Salamah Locks, Jim Monson, Ellie Bloch, Allan Bortel, Lee Pullen

**EXCUSED:** Jody Timms, Chris Asimos

**ABSENT:**

**RECORDER:** Gary Lara

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Next Meeting: Monday, March 24, 2014 at 1:00 PM, 10 N. San Pedro Rd., Conference Room 1012

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### MINUTES SUMMARY

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**Agenda**

Chair Monson called the meeting to order at 1:10p.m. The agenda was approved as written.

**Minutes**

The January 27, 2014 minutes were approved as written.

**Chair’s Report**

Monson discussed the following items:

Donna Bjorn, former commissioner for the Town of San Anselmo, resigned from the Commission due to serious illness.

H&HS Mental Health and Substance Use Service Director Dr. Suzanne Tavano met with Lee Pullen, Chair Monson, Chris Asimos and Allan Bortel to discuss the October 2013 position paper written by the Commission.
### MINUTES SUMMARY

A good exchange of ideas took place. The Commissioners had the opportunity to express their concerns. It was agreed they would stay in touch with Dr. Tavano to further help support services to seniors. Teri Dowling expressed the possibility of having a meeting six months down the road to check in.

**Action Item:**

None

**Discussion Items:**

**Commission Retreat:** Lee Pullen conveyed he had an extensive discussion with Mari-Ann Rivers from County Counsel to address concerns about regulations of the Brown Act in regard to having a retreat for the Commission. One of the primary concerns is appropriate notice to the public.

It is possible this retreat may be a training seminar. Gary mentioned the last meeting of this nature was a cultural diversity training which was held after the General meeting from 1:00 to 3:00p.m. at Marguerita Johnson Senior Center in July of 2011.

Bortel would like to see some type of coaching for the commissioners with emphasis on how to interact with constituents and community partners. He would also like to see efforts toward team building and stressed “active involvement” with the community.

Bloch mentioned the possibility of bringing back former commissioners as presenters as a means to motivate and provide mentorship for new commissioners. Bloch stated it would be good to keep in touch with predecessors for feedback and guidance.

Dowling would like to have a special planning group to set goals and formulate an agenda. September seems to be the best month to have the retreat. A motion was made to move forward with the retreat by bringing it to the next General meeting and to establish a planning committee to organize it. Motion passed.
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### Update on Healthy Aging Symposium:
The planning committee for the symposium met earlier today to discuss the selection of a keynote speaker. One possibility is the Stanford Director of the Longevity Institute. The theme selected is “Unlocking the Secrets of Longevity.” Another idea still being considered is brain health. Additional suggestions from the commission for speakers should be given to Chair Monson before the end of February for consideration by the planning committee.

SCAN Health Plan has joined the symposium planning committee and has committed to become a $1,000 sponsor.

Commissioners will act as “hosts” and “hostesses” at the event by sitting at different tables during the event.

### Whistlestop Housing:
Joe O’Hehir gave a presentation at the February General meeting regarding the new housing project development at Whistlestop. Joe conveyed he would like a letter of support written to the City of San Rafael authored by the Commission.

Jim expressed there may be difficulty for the Commission writing a letter of this nature directly to the City of San Rafael. It would be more appropriate to write a letter to the Board of Supervisors seeking support of this project. Jim deferred this to Lee and it was confirmed that this is the process that should be followed; per Mari-Ann Rivers from County Counsel.

As a point of reference, the Executive Committee will review a previous letter of support from March 2010 entitled, “Recommendation for Affordable Housing in the County of Marin and Its Cities and Towns.” Jim suggested writing the support letter to the city with a copy to the Board of Supervisors. The Housing and Transportation Committee will work on the verbiage for the support letter.

### Great Age Circulation:
Jim reported there is concern among the commission about potential readership issues. The greater majority of the distribution is handled by an outside vendor. Jim would like to ask commissioners what their experience is and how to improve the circulation process.
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**California Senior Legislature Election**: Lee provided an update. Commissioners Bloch and Bortel have indicated they will be candidates for the upcoming election in April. The timeline involves a 30 day application process which commences on February 25th.

**Other Comments**: Lee stated the following:
The objectives for the Area Plan Update have not been finalized by the sub-committee groups. Aging and Adults cannot send their annual status report to the BOS by the requested date of February 28th until the committees have a quorum and vote to adopt their objectives.

When Commissioners are speaking to the press or making public comment, it is important to state they are commenting on their behalf as a private citizen and are NOT representing the view points of the Commission, unless said position has been voted upon by the commission.

**Committee Reports**

- **Housing and Transportation**: Commissioner Bortel was excused early from the meeting. No report was given.

- **Health and Nutrition**: No report given. Commissioner Asimos has an excused absense from the meeting.

- **Legislative Task Force**: Commissioner Bloch stated there are no new legislative items. It has been a very quiet year. January 2015 is the next open session for bills to be reviewed. Ellie will attend the Bay Area Caucus this Friday in San Leandro.

- **Planning Committee**: Commissioner Locks who normally provides updates on this committee was unable to attend the recent meeting. Lee reported Ana Bagtas and AAA staff coordinated their February 19th meeting which focused on setting objectives for the Area Plan. A final vote needs to take place.
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The meeting adjourned at 2:25 p.m.  The next meeting is March 24, 2014 at 1:00 p.m.