

## County of Marin Mental Health Board Minutes

**Date:** Tuesday, Oct 08 2013

**Time/Place:** 6:30 p.m. @ 3240 Kerner Blvd Room 110, San Rafael Ca

**Present:** Samantha Sargent- Chair, Robert Powelson, Sandra Fawn, Michele Stewart, Marty Zelin, Jessie Blake (advisory), Katie Rice (BOS), Gary Scheppke, Aida-Cecilia Castro Garcia, Charles Silverstein, Todd Schirmer

**Staff Present:** Dr. Suzanne Tavano, Shae Cross, Gino Medeiros

**Absent:** Alan Charmatz- Vice Chair, Chris Mayer, Bob Brown, Buckelew (advisory), Alice Gleghorn-Rothlind, Carmen Tristan,

**Other Present:** Barbara Alexander, Maya Gladstern, Sharon Jackson

Action	Agenda Item	Motion to Approve / Seconded	Key Discussion Points	Outcome	Next Step: (i.e., project lead and target date for completion)
6:30 p.m.	Call to Order and Roll Call				
6:35 p.m.	<b>REVIEW AND APPROVAL OF MEETING MINUTES</b>	Robbie/Marty	Approval of September Minutes.	Approved	Minutes to be posted on website
6:40 p.m.	<b>OPEN TIME FOR PUBLIC EXPRESSION</b> (items not on the agenda)		Barbara Alexander (NAMI) handed out an invitational Flyer to Rancho Nicasio to hear folk singers Kaye & Ted Rodden, on Sunday November 03 @ 5pm. All donations at event will benefit NAMI.		Flyer will be emailed to members
7:00 p.m.	<b>PANEL DISCUSSION:</b> Bed space at Marin General Hospital	Marty/Katie	Board members discussed the current data regarding admissions to MGH and referrals to out of County. Members discussed how the opening of the new hospital in Sonoma County & the new Crisis Residential facility in Marin might affect current admission & referral rates. There was a motion to table the discussion and vote, on resolution, to gather additional data from the MHSUS division to present in November.	Table vote on Resolution until November. Unanimous	Dr. Tavano will bring additional data requested to November meeting.
8:05p.m.	<b>COMMUNITY MENTAL HEALTH AND SUBSTANCE USE SERVICES</b>		<u>Mental Health Services Act (MHSA)</u> The final community stakeholder planning forum occurred on September 18, 2013. The comments and recommendations that came from all of the various		

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	DIRECTOR REPORT –Dr. Suzanne Tavano		<p>planning sessions have been complied and are being analyzed. The time frame for next steps of the planning process have been expanded a bit to allow for reviews of current programs to be completed and made available to help inform the process.</p> <p><u>Investment in Mental Health Wellness Act of 2013(SB 82)</u></p> <p>In preparation for preparing a proposal for funding to extend our continuum of crisis care under SB 82, Chris Kuhn and Kasey Clark are convening a planning group to identify any gaps in our continuum and opportunities for enhancement of existing services. Representatives from community partners have been invited to participate. Client and family participation is being sought. Several Commissioners from the Mental Health Advisory Board have expressed intent and will be participating.</p> <p><u>Affordable Care Act</u></p> <p>The new rules for determining eligibility to participate in the Medi-Cal program will be more flexible effective January 1, 2014. Low income single adults without children and individuals who have some assets but are low income may now be eligible when in the past have not been. Given this, MHSUS is starting a process to identify all clients who currently are uninsured and receive mental health and/or substance use services. We will offer support to these individuals to help them</p>		

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			<p>understand the new rules, gather required documentation, and complete the application process. By doing this, more individuals will have more access to mental health, substance use and physical health care.</p> <p>Effective January 1, 2013, Medi-Cal beneficiaries who seek mental health services but do not meet the criteria for Specialty Mental Health Services, will have available through their health plan...in Marin this will be Partnership Health...individual and group therapy, psychiatry and psychological services. MHSUS, as the Marin Mental Health Plan, will have a Memorandum of Understanding with Partnership Health, as the managed Medi-Cal health plan, that will detail how the two plans will work together to ensure appropriate access to mental health care for all Medi-Cal beneficiaries.</p> <p>Also effective January 1, 2013, Medi-Cal beneficiaries will have expanded Drug Medi-Cal benefits. This primarily will occur through the removal of a current restriction that a participant be pregnant or post-partum in order to qualify for these services.</p> <p>There may be some individuals currently receiving services from MHSUS that will become eligible for other insurance under Covered California, but it is expected this number will be small. These individuals will be eligible to receive mental health and substance use services through their health plan.</p>		

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			<p><u>Training for Mental Health Boards and Commissions</u></p> <p>The Marin Mental Health Advisory Board has the opportunity to host the next regional training for commissioners serving on Mental Health Advisory Boards and Commissions. This training is sponsored by the State Department Of health Care Services and the program delivered by staff of the California Institute of Mental Health. This would be an in-person training with commissioners from the greater Bay Area and phone-in capacity for those unable to travel. If the Board is interested in hosting this training, MHSUS would provide administrative support to secure adequate meeting space, etc.</p>		
8:15 p.m.	<p><b>COMMITTEE REPORTS &amp; DELEGATION OF ROLES (If any)</b></p> <ul style="list-style-type: none"> <li>• Membership – R. Powelson</li>   <li>• Homelessness – M. Stewart, R. Powelson</li>   <li>• Suicide Prevention – R. Powelson</li> <li>• Liaisons <ul style="list-style-type: none"> <li>○ QIC – R. Powelson</li> </ul> </li> </ul>		<p>Todd Schirmer thanked the board for the opportunity to be a part of the last 3 years and resigned formally.</p> <p>Michele Stewart will be attending the next homelessness steering committee meeting.</p> <p>Robbie P. gave an update on the possible expansion of the Suicide Hotline Offices.</p> <p>Robbie P. attended the QIC meeting and gave an update on Access needs.</p>		

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	<ul style="list-style-type: none"> <li>○ PEI – M. Zelin</li> </ul>		<p>Marty Z gave an update on decreased funding for next year, from the last PEI meeting.</p> <p>Members need to form a “Constant Contact” committee at the next meeting.</p>		<p>Form committee in November.</p>
8:30 p.m.	ADJOURN		No further business, meeting adjourned.		