

County of Marin Mental Health Board Minutes

Date: Tuesday, September 10, 2013

Time/Place: 6:30 p.m. @ 3240 Kerner Blvd Room 110, San Rafael Ca

Present: Alan Charmatz, Bob Brown, Buckelew (advisory) Robert Powelson, Sandra Fawn, Michele Stewart, Marty Zelin, Jessie Blake (advisory), Katie Rice (BOS), Gary Scheppke, Carmen Tristan, Aida-Cecilia Castro Garcia, Alice Gleghorn-Rothlind, Charles Silverstein

Staff Present: Dr. Suzanne Tavano, Shae Cross

Absent: Samantha Sargent- Chair, Chris Mayer, Todd Schirmer,

Other Present: Spencer Wilson, Barbara Alexander, Maya Gladstern, Sharon Jackson, Zara Babitzky

Action	Agenda Item	Motion to Approve / Seconded	Key Discussion Points	Outcome	Next Step: (i.e., project lead and target date for completion)
6:30 p.m.	Call to Order and Roll Call				
6:35 p.m.	REVIEW AND APPROVAL OF MEETING MINUTES		Approval of June Minutes.	Approved	Minutes to be posted on website
6:40 p.m.	OPEN TIME FOR PUBLIC EXPRESSION (items not on the agenda)		<p>Maya Gladstern highlighted need for Consumer Operated Services and is participating in the MHSA planning.</p> <p>Barbara Alexander (NAMI) handed out "It Happens" Recovery Event Flyers and invited everyone to attend.</p> <p>Zara Babitzky (Ambassadors of Hope) handed out information about the upcoming "World Café" Event, focused on ending youth homelessness in Marin. For more information, Zara can be reached at zarab@comcast.net</p>		
6:45 p.m.	SPEAKER: Spencer Wilson, Directing Change PSA: Circling Stigma		Spencer presented on his award winning PSA video Your're Not Alone , Spencer highlighted empathy as a powerful feeling to help youth realize they are not alone.		

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			Spencer also created another award that he won vest Director for in an anti-bullying campaign.		
7:15 p.m.	PANEL DISCUSSION: Service Delivery Workgroup, Next Steps		Move this to a future meeting.		
7:45 p.m.	OLD BUSINESS <ul style="list-style-type: none"> • Bed space at Marin General Hospital • Merging of AOD and MH Boards 		<p>Members decided to evaluate the language of the resolution more thoroughly in a group discussion at the next meeting.</p> <p>A discussion was held about the possible limits of membership if the boards were to combine. At this time members of the executive committees at each board will work together to identify future collaborative efforts.</p>		
7:55 p.m.	NEW BUSINESS <ul style="list-style-type: none"> • Elections for 2013 – 2014 <ul style="list-style-type: none"> ○ Secretary: ○ Membership Committee: 		<p>Motion to appoint Alice Gleghorn-Rothlind as secretary. Unanimous vote to approve.</p> <p>Motion to appoint Robbie to head membership committee. Unanimous vote to approve.</p>	<p>Marty/Robbie</p> <p>Alice/Gary</p>	

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8:05 p.m.	COMMUNITY MENTAL HEALTH AND SUBSTANCE USE SERVICES DIRECTOR REPORT –Dr. Suzanne Tavano		<p>Mental Health Services Act (MHSA) The stakeholder process for Marin’s MHSA Three Year Program Plan is underway. Community forums, open to all residents of the county, are in progress. The purpose of these meetings is to educate the public on the MHSA and gather community input in identifying the mental health service needs of the community. Forums already have occurred in Novato, Pt. Reyes, Marin City and San Rafael. The upcoming last two meetings will be on 9/13/13 in San Rafael with a special focus on the needs of older adults and on 9/18/13 in San Rafael with a general focus. Discussions will be in English with interpreters available for Spanish or Vietnamese speaking community members. Once the MHSA Plan for 2014-2017 is drafted, it will be posted for 30 day public comment. The Mental Health Advisory Board then will hold a public hearing to present the plan and gather final comments from the community. Please click MHSA Schedule to see the community forum schedule of dates, times and locations.</p> <p>Investment in Mental Health Wellness Act of 2013 (SB 82) California State Senate Pro Tem, Daryl Steinberg, the author of the MHSA and other legislation supportive of community mental health and substance use services, was successful in getting his Investment in Mental Health Wellness Act (SB 82) signed into law. This law makes available to all counties funding to build and/or expand the continuum of crisis services in the</p>	Committee formed: Carmen, Marty, Aida and Jessie	

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			<p>community to better meet the needs of mental health consumers and their families, reduce utilization and waiting times in emergency and psychiatric emergency rooms, and provide more interventions in the community that will reduce the need for psychiatric hospitalizations. Funding to counties will be available through competitive bid. It is the goal of Marin to work with community partners to identify service gaps in crisis related services and develop a grant proposal to address these needs. Please click SB 82 to read more.</p> <p>Crisis Intervention Training (CIT) for Law Enforcement The next Crisis Intervention Team Training, sponsored by funding from the MHSA and the Sheriff's Office, is scheduled for the week of October 28, 2013. Training will cover how to write an effective involuntary hold (5150), conduct field assessments, evaluate for suicide potential, and conduct verbal interventions in crisis situations. Please click CIT Brochure to see the CIT brochure.</p> <p>Educationally Related Mental Health Services (ERMHS) The Main County SELPA recently finalized its report on ERMHS (mental health services provided to children with an Individualized Education Plan (IEP). The report includes comparisons of services provided in school years 2011-2012 and 2012-2013. However, it is noted that two methods were used in reporting the number of students served. Marin County Children's Mental Health reported the number of students its providers served prior to the end of the AB3632 Program and the SELPA</p>		

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			<p>reported by the number of services provided by the schools. Consequently, there is not an easy comparison. Though it might appear the SELPA provided more services in 2012-2013, it is not possible to reach that conclusion given the different “counting” methods used. Please click ERMHS to see the report.</p> <p>Training for Mental Health Boards and Commissions At the request of the MH Board, a comprehensive training for members of Mental Health Boards and Commissions has been identified. This will be provided to interested Board members in the Bay Region sometime later this fall. It will focus on roles, responsibilities, and pertinent legislation and regulations.</p>		
8:15 p.m.	<p>COMMITTEE REPORTS & DELEGATION OF ROLES (If any)</p> <ul style="list-style-type: none"> • Forensic Services – A. Charmatz • Homelessness – M. Stewart 		<p>Alan and Samantha are attending and upcoming STAR Court and will report back at the next meeting.</p> <p>Michele announced an upcoming policy meeting on September 19 and invited members to attend.</p>	Robbie P joined Homelessness committee	

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	<ul style="list-style-type: none"> • Suicide Prevention – R. Powelson • Liaisons <ul style="list-style-type: none"> ○ QAC – R. Powelson ○ PEI – M. Zelin ○ Site Visits – A. Rothlind-Gleghorn, S. Fawn ○ AOD Board – G. Schepcke • Community Based Organizations – J. Blake 		<p>Robbie attended a site visit at the San Rafael Hotline Office to discuss sustainability.</p> <p>Robbie attended a committee meeting that is looking at Client Confidentiality between consumers and family members. There was a handout created to explain all of the legal ramifications.</p> <p>Marty announced there is meeting this Friday that he will attend.</p> <p>Alice reported on the June Site Visit to PES. The tour included areas that were remodeled to enhance privacy and safety. The facility was found to be very neat and clean overall.</p> <p>Gary gave an overview of the last presentation given at the AOD board meeting of the newly opened Muir Wood Rehabilitation Clinic.</p> <p>Bob gave an update on the Crisis Residential Program Building that is almost complete. The Program is in the final stages of furnishing, licensing and staffing. It is hoped that all will be completed in November.</p>		
8:30 p.m.	ADJOURN		No further business, meeting adjourned.		