

COMMITTEE: GENERAL	JANUARY 8, 2015	LOCATION: MARIN COUNTY OFFICE OF EDUCATION
PRESENT: Asimos, Bedinger, Bortel, Bloch, Brilliant, Dowling, Gertler, Gontarz-York, Hickey, Lamorte, Locks, Monson, Timms, Zeller		
EXCUSED: Livoti, Kirshbaum, Boutilier, Kemp, Marchese, Peters-Janover, Smith, Turner, Wilson		
RECORDER: Amy Dietz		
NEXT MEETING: February 12, 2015 at Marin Valley Mobile Country Club, Novato		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Presentation: Family Caregiver Support Program: Report and Caregiver Panel</p> <p>Speakers: Family Caregiver Panel: Maria Martinez, Kelli McGowan, Lyn Wilson, and Pat Tyler</p> <p>Call to Order Chair Monson called the meeting to order at 11:15 am.</p> <p>Approval of Agenda The agenda of January 8, 2015 was approved as submitted.</p> <p>Approval of the Minutes The minutes of November 13, 2014 were approved as submitted. (Note: the meeting of December 11 was canceled due to inclement weather).</p> <p>Open Time for Public Expression:</p> <ul style="list-style-type: none"> • Madeline Kellner, Executive Director of the IHSS Public Authority of Marin, informed the commission of a training for caregivers on the topics of lifting and carrying to be held by the Marin 	

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Healthcare Collective on February 25. Training is for all caregivers, paid and unpaid, and will take place at Hospice by the Bay. As the elected official for the City of Novato, she will be presenting the idea of becoming an Age-Friendly Community to the Board and will be meeting with a small committee group following the MCCOA business meeting.</p> <p>Report from Marin Community Foundation:</p> <ul style="list-style-type: none"> Shirin Vakharia, Program Director at the Marin Community Foundation (MCF), showed a short video about the changes happening within MCF. This video featured the shifts of focus in grant making. Shirin then spoke to the previous program areas, which were operating in siloes. The number of funded program areas has been reduced from 10 to 4 to allow for more collaboration. Ms. Vakharia provided attendees with a brochure that further elucidated these changes and their implications for funding streams in aging. One focus of MCF will be assisting aging service providers in attaining different sources of funding, such as leveraging healthcare reform funds and the private pay market. MCF will also be focusing on new partnerships. <p>Chair’s Report: Chair Monson reported:</p> <ul style="list-style-type: none"> The cancellation of the December COA meeting was beneficial as it kept potential attendees off of precarious roads during the storm. To hear from the December speaker, Senator Michael McGuire, the Legislative Task Force may invite him to speak at a special meeting. The Executive Committee will be meeting on 1/26/15. <p>Vice-Chair Report:</p> <ul style="list-style-type: none"> Files of Life are available for distribution. Commissioners are to send order forms to Amy Dietz by the beginning of February. <p>Retreat update:</p> <ul style="list-style-type: none"> The Commission on Aging retreat debrief had four areas of focus: 1. Publicizing the work of the COA; 2. Utilizing the wisdom and talents of seniors; 3. Fostering innovation (e.g. Village 	

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>movement, intergenerational projects); 4. Expanding interactions with commissioners.</p> <ul style="list-style-type: none"> • Lee Pullen, Director of the AAA, announced the H&HS Media Team is working closely with Aging and Adult Services in strategic messaging. Chairman Monson asked for any COA members who may be interested in sitting on the team to submit an application to the Executive Committee by 1/23/15. <p>Action Item: None</p> <p>Committee Reports:</p> <p>Health and Nutrition: Chair Asimos reported:</p> <ul style="list-style-type: none"> • The next meeting will be held on Thursday, Jan 15th at 1:30 pm. The guest speaker will be focusing on financial issues pertaining to end of life. • The committee is putting together a tool kit pertaining to end of life issues, which will include advanced health care directives, five wishes, dying with dignity, etc. • APU Objective for FY 15/16 to pertain to tool kit distribution. • The Health and Nutrition Committee will place two articles in the Great Age pertaining to End of Life issues this fiscal year. <p>Housing and Transportation: Chair Bortel reported:</p> <ul style="list-style-type: none"> • The next meeting will be held on Wednesday, January 21st at 1:30 pm. The speaker will present on Lillypad homes, which are small units within a home with a separate entrance, and chair lifts for homes (aka stair chairs). • Paul Branson is retiring from Marin Transit in February. He has been an excellent leader in setting up and strengthening the mobility management section of Marin Transit. • KQED offers a low vision monthly newsletter for its television programming. <p>Legislative Task Force: Chair Bloch reported:</p>	

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<ul style="list-style-type: none"> • The next meeting will be held on Friday, January 16th at 9:30 am. • Bloch spoke to JFCS in January 2015. • Bloch and Bortel will be going to Sacramento to meet with Senator McGuire regarding bills pertaining to the CSL. This visit will also be the annual “walk and talk” with the California Legislature. <p>Planning: Chair Timms reported:</p> <ul style="list-style-type: none"> • The next meeting is TBD in early March. • Timms promoted the Planning Committee and encouraged commissioners to join it. • The Planning Committee has selected the City of San Anselmo as a target population next year as per APU Objective. • At their last meeting, the Planning Committee reviewed and approved APU Objectives from Health and Nutrition and the Legislative Task Force. <p>Director’s Report: Lee Pullen, Area Agency on Aging Director reported:</p> <ul style="list-style-type: none"> • The AAA will be mailing all commissioners a demographic survey to be used for the APU. • On November 18th there was a large convening of the stakeholders involved in the Aging Action Initiative. Seven commissioners participated. • Aging and Adult Services will be expanding its Information, Assistance, and Referral Unit. Three social workers and a Unit Supervisor will begin work January 20th and will be dedicated to helping form an Information and Assistance coalition around the county. • The AAA and Marin Center for Independent Living (MCIL) are exploring a partnership to create an ADRC. There will be a community forum on January 20 with two presenters from the California Department of Aging. • In November, Pullen and staff of Public Health met with the mayor of Mill Valley and proposed that the city undergo Age-Friendly designation. Commissioner Tricia Smith, Pullen and Public Health Officer Matt Willis will speak with Mill Valley Parks and Recreation Commission about Sausalito’s experience. 	

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<ul style="list-style-type: none"> • The AAA will be offering a free seminar/ workshop by Dr. Linda H. Clever. An announcement flier will be distributed soon. • Files of Life are available. Each Commissioner should e-mail Amy Dietz with the number that they are requesting at adietz@marincounty.org. <p>Commission Updates:</p> <ul style="list-style-type: none"> • Asimos (District 1); Reported she attended the Mental Health Stakeholders meeting and that they plan to have funding decisions made by the end of January. • Brilliant (Mill Valley); Reported that the flu vaccine was not as effective this year as in years past; advised that older adults stay healthy and hydrated. School districts may offer property tax exemptions to persons 65 and older. She likewise recommended joining the Planning Committee. • Gertler (Belvedere); Advised that commissioners provide a Family Caregiver Report to any caregivers that participated in the assessment. • Gontarz-York (District 5); Recommend three books that she had recently finished. • Timms (Fairfax); Reported that Fairfax has recently submitted its Age-Friendly application. • Zeller (Corte Madera); Reported on Corte Madera’s work on becoming an Age-Friendly city. <p>Adjournment: The meeting adjourned at 12:31 pm.</p> <p>Next meeting: Thursday, February 12, 2015 at Marin Valley Mobile Country Club, Novato</p>	