



DEPARTMENT OF HEALTH AND HUMAN SERVICES
**MENTAL HEALTH AND
SUBSTANCE USE SERVICES**

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.

JOINT MEETING

**MARIN COUNTY ADVISORY BOARD ON ALCOHOL AND OTHER DRUG
PROGRAMS & MENTAL HEALTH BOARD**

December 09, 2014 @ 6:00 P.M.

20 North San Pedro Road

Conference Room – Point Reyes

San Rafael, California 94903

M-I-N-U-T-E-S

ADVISORY BOARD ON ALCOHOL AND OTHER DRUG PROGRAMS

Attendees: Mark Dale, Herb Kessner, Rocky Pierson, Joseph Henderson,
Gary Schepcke

Absent: Noah Griffin, Lindsay Webb Daniel Edwards Penna Piper

Excused: Michael Scippa, Christine Lam

MENTAL HEALTH BOARD

ATTENDEES: Everett Brandon, Sandra Fawn, Marty Zelin, Robbie Powelson,
Gary Schepcke, Marvin Mars

EXCUSED: Katie Rice, Narayan Khalsa

STAFF: Suzanne Tavano, Director, Mental Health & Substance Use Services
Bonnie Barrett, Shae Cross, Staff, Mental Health & Substance Use Services

GUESTS: Maya Gladstern, Sharon Jackson, Vivian Allen, Dina Enberg, Sue
Kessner, Barbara Alexander, Hugo Landecker, Kathy Chestnut, Cesar Lagleva

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TIME	SUBJECT
6:00 PM	Call to Order
6:01 PM	Introductions: Introduce Board Members <ul style="list-style-type: none"> Introduced New Mental Health Board Member, Marvin Mars
6:05 PM	<ul style="list-style-type: none"> Review of Agenda – No changes; Approval of minutes Vote: Unanimous Aye – Motion by Robbie Powelson and Second by Gary Schepcke.
6:10 PM	Open Public Time <ul style="list-style-type: none"> Barbara Alexander, NAMI: Spoke of homeless clients with co-occurring mental health and alcohol/drug issues; reported on AOT and hopes for implementation in Marin County.
6:15 PM	Special Speakers

The Advisory Board on Alcohol and Other Drug Problems welcomes and encourages public input at its meetings on issues and needs related to alcohol and other drug problems in our community. Matters not on the published agenda may be addressed by the general public, but California law prohibits a board from taking action on matters which are not on the published agenda, except in specified emergencies under the Brown Act.



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e-mail at sladnier@marincounty.org

	<ul style="list-style-type: none"> • Introduction – Mark Dale • Dr. Michael Pritchard: Discussed his work with mental health, alcohol/drug dependent clients, veterans and people involved in the criminal justice system. Talked about working with folks in the film/entertainment industry. He discussed the Help Foundation’s teaching of compassion and connection to people, triage and recovery. Narrated his work with kids on prevention, bullying & teasing, relating to others, compassion, & moral conduct. He reflected on cause & effects of non-parenting, video games, lack of controls, intervention & enlightenment. Dr. Pritchard also touched on suicide & depression and young people’s disconnection due to the use of technology. • Dr. David Smith, Haight-Ashbury Free Clinic: Topics of discussion included integration of medical and addiction systems, right to healthcare, and healthcare reform; touching on the misperception that the medical profession understands addiction. He spoke of the depth of medicine and science in studying addiction. Explained the use of technology to study disease and application of scientific principles in brain studies. Dr. Smith discussed the role of genetics and predisposition of addictive personalities. Means of recovery using examples of prevention, intervention and education verses arrest, as incarceration has not been effective; legalization gives the wrong impression. Focus on healthy rewards, community and political action, positive family environment with a sense of nurturing and support. The need for parents to educate themselves on healthy rewards such as exercise, nutrition and education; teaching positivity and optimism. Discussion of harm reduction, abstinence and the need for continuum while explaining funding is a crucial issue for drug abuse.
<p>7:45 PM</p>	<p>Mental Health and Substance Use Services (MHSUS): Dr. Suzanne Tavano – Pass due to time constraints</p>
<p>7:45 PM</p>	<p>Old Business:</p> <ul style="list-style-type: none"> • MH& AOD Boards on Recess for January • MHB DATA NOTEBOOK: Data lacking per Marty Zelin; Data based on medical claims (paid) out of step due to timeline and actual clients served. Integrated care should be included, Dr. Tavano will provide further information. To be revisited in February. • CELEBRATING THE UNCELEBRATED 2015 –Gary Schepcke Date is set for May 14, 2015 with the location reserved from 3 p.m. on. Robbie Powelson and Sharon Jackson to form a committee. • MHB MEMBERSHIP: New member, Marvin Mars is approved; Marty Zelin is retiring • AOD MEMBERSHIP: Introduced prospective AOD board member, Sue Kessner. Cesar Lagleva, County of Marin, will create list of prospective board members for AOD and Mental Health Boards. • RxSAFE MARIN –Mark Dale

	<p>Discussed the collaboration between agencies to create a piece in paper. Reported on the impacts of THC on the brain. He announced a meeting at MCOE on 4/20/15 regarding Focus on THC and the adolescent brain.</p> <ul style="list-style-type: none"> • CALMHBC Legislative Committee -Robbie Powelson Chair: Pass • Youth Mental Health Services - R. Powelson - None • Homelessness -Gary Scheppke - None • Quality Improvement Council (QIC) –Marty Zelin - None • Prevention and Early Intervention (PEI) –Marty Zelin <p>Committee meeting at Convention Center on Friday, Sandra Fawn and Robbie Powelson to attend.</p>
<p>7:55 PM</p>	<p>New Business: None</p>
<p>8:00 PM</p>	<p>Adjourn</p>