**COMMITTEE:** PLANNING  
**DATE:** June 25, 2014  
**LOCATION:** The Redwoods: 40 Camino Alto, Mill Valley, CA 94941

**PRESENT:** Jody Timms, Nancy Peters-Janover, Sybil Boutilier, Vera Gertler

**EXCUSED:** Salamah Locks, Judi Kirshbaum

**RECORDER:** Amy Dietz

**NEXT MEETING:** August 6, 11:30 at the Redwoods

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| **Call to Order**  
Chair Timms called the meeting to order at 11:37 a.m. | |
| **Agenda Approval**  
The June 24, 2014 meeting agenda was amended to include “Family Caregiver Survey.” | |
| **Meeting Minutes Approval**  
The March 26, 2014 meeting minutes were approved as written. | |
| **Open Time for Public Expression**  
RX Safe Marin:  
- Commissioner Gertler reflected on her attendance at the RX Safe Marin Strategic Planning meeting. She had previously attended a Community Prevention workgroup and, this time, attended the prescribers subgroup, with which she was very impressed.  
- Dietz explained the history of the task force and the different subgroups.  
- Commissioner Boutilier emphasized the need for policies specific to older adults and cautioned against any prejudice or stigma. | Dietz will forward info on working groups to commissioners |

**Chair’s Report**
**MINUTE SUMMARY**

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| Dietz to bring paper copies of Grand Jury report to July COA meeting.  
Dietz will research content and methodology of surveys used in last grant cycle. |

Chair Timms reported that Commissioner Gontarz-York expressed interested in joining and that Commissioner Locks would be leaving the committee. Chair Timms will continue as chair next year. Commissioner Boutilier will be added to the official members of the committee. Chair Timms recommended that each member of the committee read and review the last Grand Jury report before next planning meeting.  
A review of the Grand Jury report is to be an agenda topic for the next meeting.

**Family Caregiver Survey**

Dietz explained the next Request for Proposal (RFP) Grant cycle for Family Caregivers will be issued in January. Four years ago, members of the commission were tasked with interviewing family caregivers regarding their needs and experiences. Planning Committee decided to repeat this process in the next few months. Commissioners will be asked to interview 5-10 family caregivers using a set survey, which will be approved by the Planning Committee at next the meeting. Interviews to begin in September.

**Larkspur update**

Commissioner Kirshbaum sent the following update from her last meeting with the mayor:
The first luncheon with the mayor hosted eight seniors at the Left Bank restaurant in Larkspur. It was intimate and felt safe for all the ladies to have their voice in communicating concerns to me and Ann Morrison our mayor. The ladies talked about the following issues:

- Streets are impossible for walking, fear of falling is main concern most buildings in larkspur do not have systems equipped for hearing paired  
- Want a senior club in the neighborhoods for the purpose of decreasing isolation  
- Need for transportation  
- Want Marin Village in Larkspur  
- Want a support group, a safe place to talk about fears, family issues, feeling of isolation

Next meetings are to be held on Aug 21 and Oct 29. No member of the Planning Committee is able to attend the August 21 meeting. Chair Timms to announce at general COA meeting. Chair Timms mentioned this project to Fairfax mayor, who expressed interest in replicating the model.
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| **COA Meeting Topic**  
The Planning Committee chose the topic of Family Caregivers for a COA meeting. Dietz and Planning Committee will recruit a panel of 4-6 caregivers for presentation. If possible, the caregivers will be accompanied by the family member they are caring for. Members of the committee expressed that an ethnic minority, a Latino, and a male be included. The meeting will take plan in January. | Dietz to bring methodology from the last four year plans to next meeting.  
Dietz to bring community needs assessment models to next meeting. |
| **Area Plan Update :2016-2020**  
Dietz asked members of the committee to begin brainstorming topics of interest and methodology for data collection and assessment to be used for the next four year plan.  
Members of the committee expressed interest in conducting a needs assessment of each township/community that they represent. | |
| **Adjournment**  
The meeting adjourned at 12:47 p.m. The next meeting will take place on Wednesday, August 6 at 11:30 a.m. | |