COMMITTEE: HEALTH & NUTRITION DATE: MAY 22, 2014 LOCATION: 10 NORTH SAN PEDRO -1019

PRESENT: Chris Asimos, Francie Bedinger, Carol Zeller

ABSENT: Beth Livoti, Salamah Locks, Donna Robbins, Marge Belknap, Loraine Berry, Patricia Lewis, Anthony Maglia, Roberta

Michels, Ruth Youngquist

RECORDER: Michele McCabe

⇒Next Meeting: July 17, 2014; 1:30 – 3:30pm

MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
Call to Order	
The meeting was called to order at 2:00 p.m.	
Introductions	
No introductions were necessary.	
Approval of the Agenda:	
The agenda was approved as written.	
Approval of the Minutes:	
The minutes of March 20, 2014 were approved.	
Open Time for Public Comment	
There were no members of the public present and no public comment.	

MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
Chair's Report	
Asimos reported on the following:	
North San Rafael Village MHSA	
Need for more gerontologists	
Coverage at Other Groups Michele spoke about the necessity of committee members covering other meetings around the county including: HEAL, Food Policy, MHSA, and Prescription Drug Task Force etc. to make sure older adults are recognized. This discussion was deferred until next meeting in the hopes of obtaining new committee members for FY 2014-15.	
Discussion regarding Objectives not yet finished for FY 2013-14 The Objectives for this year were discussed. Cal –Fresh information was given out at the symposium and will be given out at several smaller "Senior Fairs" before the end of the fiscal year. Chris will check with Donna to see if she is able to keep her meal site visits.	
Goals for 2014-2015 for Area Plan Update The objectives for next fiscal year were discussed. Dr. laquinta from Kaiser will speak at the July 17 th Health and Nutrition Committee meeting. The Committee brainstormed for and came up with some learning objectives that Carol will write up and send to staff. The theme for the entire year will be "The Importance of End of Life Decision Making." Health Committee meetings will feature speakers who (if appropriate) will be asked to be on the panel for the June 2015 Commission meeting. Staff will check with Theresa Tooker from the POLST Committee to see if she could address this committee about the changes to the POLST at the September meeting.	

ACTION TAKEN/RESPONSIBLE PARTY
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SITES	DAY(S) - TIMES	VISITORS
Margaret Todd Senior Center	Tues, Wed, Thurs - 12 noon	Donna
Pickleweed	Every other Wed -12 noon	Carol/Chris
San Rafael Community Center	1st, 2nd and 3rd Wed 11 am	Carol/Chris
Corte Madera Rec Center	Thurs 12 noon	Carol

Marguerita Johnson Senior Center	Wed 12 noon	Salamah
Fairfax Community Church	Sun 12 noon	Salamah
San Geronimo Valley Com Center	Mon,Thurs - 12 noon	Francie
Dance Dalace	Thurs 44:20 am	Francia
Dance Palace	Thurs - 11:30 am	Francie