

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

COMMITTEE: HEALTH & NUTRITION	DATE: NOVEMBER 20, 2014	LOCATION: 10 NORTH SAN PEDRO - 1019
PRESENT: Chris Asimos, Francie Bedinger, Beth Livoti, Salamah Locks, Fran Wilson, <i>Anthony Maglia</i>		
ABSENT: Carol Zeller, <i>Marge Belknap, Loraine Berry, Patricia Lewis</i>		
RECORDER: Michele McCabe		
⇒ Next Meeting: Monday, December 8, 2014 at 10 North San Pedro Rd from 1:30 – 3:30pm		

MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order The meeting was called to order at 1:45pm in room 1019.</p> <p>Presentation: Susan Frances, Chief Deputy, Marin County Public Administrator</p> <p>Approval of the Agenda: The agenda was approved as submitted.</p> <p>Approval of the Minutes: The minutes of September 18, 2014.</p> <p>Open Time for Public Comment Maglia spoke on his frustration with “the system” and his efforts to get people to pay attention to the seriousness of diabetes and its effects.</p>	

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MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Chair's Report Asimos reported on the following:</p> <ul style="list-style-type: none"> ➤ The Great Age article about this committee's work will be in the next issue. ➤ Asimos has applied to be a stakeholder in the MHSA group and is waiting for the results <p>Discussion RE: Future Speakers</p> <ul style="list-style-type: none"> ➤ Commissioner Locks will follow up with Green Burial for the January Meeting ➤ Staff will follow up with Maria Gregoriev from FAST <p>14-15 Objective Review (Please see attachment A)</p> <p>15-16 Objectives (Please see attachment B)</p> <p>Committee voted to continue 1h regarding visiting congregate meal sites</p> <p>Committee voted and passed the following objective for FY 15-16</p> <p style="padding-left: 40px;">2. The Health and Nutrition Committee will present regarding the importance of end of life decisions in at least two communities in Marin and include tool kits compiled in 14-15 for participants.</p> <p>Adjourn: The meeting adjourned at 3:30 p.m.</p>	

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Area Plan Goals and Objectives, Fiscal Year 2014-2015 Update **ATTACHMENT A**

Goal 1: Promote an effective, well-coordinated, and comprehensive system of care and support that is responsive to the needs of adults with disabilities, family caregivers, and older persons.

Rationale: A well-coordinated and comprehensive system of support is essential in effectively caring for the client population and addressing their needs. This system must encompass a wide network that includes home- and community-based providers, faith-based entities, families, neighbors and informal groups, philanthropic organizations, the private sector, and public agencies.

Objectives	Projected Start and End Dates	Title III B Funded PD or C ¹	Update Status ²
1h. The Health and Nutrition Committee members will visit up to eight congregate meal sites to review service utilization and identify potential growth areas of sites by interviewing at least two participants, one volunteer, and one staff member.	7/1/2012 – 6/30/2013		Completed
	7/1/2013 - 6/30/2014		Completed
	7/1/2014 - 6/30/2015		Continued

Goal 2: Utilize effective methods and best practices to enhance access to and dissemination of information about resources.

Rationale: Needs assessment findings indicate that accessing information about services and resources available continues to be a challenge for the client population. Confusion about where to go, what is available, and who to contact is an on-going

In Progress

Follow up:

- Commission to bring calendars to next meeting
- Staff to bring signup sheet for visits in March and April
- Zeller to bring “form” committee has been using
- Committee to review form and update if necessary

¹ Indicate if Program Development (PD) or Coordination (C) – cannot be both. If a PD objective is not completed and is continued the following year, the objective must be revised and restated with the remaining or additional tasks.

² Use for Area Plan Updates only: Indicate if objective is **New, Continued, Revised, Completed,** or **Deleted.**

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concern. Efforts to reach and disseminate information about resources needs to be a continued goal. New and innovative ways to reach the client population must be explored, developed, and implemented.

Objectives	Projected Start and End Dates	Title III B Funded PD or C ³	Update Status ⁴
2m. The Health and Nutrition Committee will engage in a planning process around end of life issues by gathering materials, writing an article for the Great Age Newsletter, and presenting at a Commission meeting. This process will be presented in a report that will provide recommendations for future trainings and workshops throughout the county.	7/1/2014 – 6/30/2015		New

In Progress

Follow up:

- Committee to bring materials to meeting on 12/8/2014 for tool kit
- Livoti to bring folders

Goal 3: Mobilize action at the community level to address the unique needs of its people.

Rationale: Focus groups conducted throughout the PSA demonstrate the richness of the culture and diversity of communities in Marin County. Apart from geographic locations, communities were identified based on group affiliation with

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members sharing interests, language, culture, sexual identity and orientation, and family caregiving situations. These communities expressed needs that are similar as well as unique from other groups. Communities offer care, resources, and support to its members. These contributions must be coalesced and mobilized into action in order to address needs.

Objectives	Projected Start and End Dates	Title III B Funded PD or C ⁵	Update Status ⁶
3j. The Health and Nutrition Committee will sponsor a Commission on Aging meeting in Novato presenting the results of the study conducted by Dominican University and the Novato Fire District regarding causes of falls and fall prevention.	7/1/2014 – 6/30/2015		New

In Progress

Follow up:

- Staff to contact Novato Fire and Ruth Ramsey before next meeting

Area Plan Goals and Objectives, Fiscal Year 2015-2016 ATTACHMENT B

Goal 1: Promote an effective, well-coordinated, and comprehensive system of care and support that is responsive to the needs of adults with disabilities, family caregivers, and older persons.

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Rationale: A well-coordinated and comprehensive system of support is essential in effectively caring for the client population and addressing their needs. This system must encompass a wide network that includes home- and community-based providers, faith-based entities, families, neighbors and informal groups, philanthropic organizations, the private sector, and public agencies.

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	7/1/2013 - 6/30/2014		Completed
	7/1/2014 - 6/30/2015		Completed
	7/1/2015 – 7/1/2016		Continued

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and dissemination of information about resources.

Rationale: Needs assessment findings indicate that accessing information about services and resources available continues to be a challenge for the client population. Confusion about where to go, what is available, and who to contact is an on-going concern. Efforts to reach and disseminate information about resources needs to be a continued goal. New and innovative ways to reach the client population must be explored, developed, and implemented.

Objectives	Projected Start and End Dates	Title III B Funded PD or C ⁹	Update Status ¹⁰
2.____ The Health and Nutrition Committee will present regarding the importance of end of life decisions in at least two communities in Marin and include tool kits compiled in 14-15 for participants.	7/1/2015 – 6/30/2016		New

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