

COMMITTEE: GENERAL	MARCH 12, 2015	LOCATION: MARGARET TODD SENIOR CENTER
<p>PRESENT: Bedinger, Brilliant, Hickey, Bloch, Bortel, Boutilier, Dowling, Gertler, Gontarz-York, Kemp, LaMorte, Livoti, Locks, Marchese, Monson, Peters-Janover, Timms, Wilson, Zeller</p> <p>EXCUSED: Turner, Smith, Kirshbaum, Asimos</p>		
<p>RECORDER: Amy Dietz</p>		
<p>NEXT MEETING: April 9, 2015 - San Rafael Community Center</p>		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Presentation: Best Practices in Long Term Care Speakers: Richard Jensen, Executive Director, Love is the Answer (LITA); Jennifer Mongosong-Shankle, Program Director, California Cultural Change Coalition and Donna West, Senior Public Health Nurse, Marin County Aging and Adult Services</p> <p>Call to Order Chair Monson called the meeting to order at 11:15 a.m.</p> <p>Approval of Agenda The March 12, 2015 agenda was approved as submitted.</p> <p>Approval of the Minutes The February 12, 2015 minutes were amended to include Vice-Chair Report on the 35th anniversary of the CSL.</p>	

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<p>Open Time for Public Expression:</p> <ul style="list-style-type: none"> • Madeline Kellner, Executive Director of the IHSS Public Authority of Marin thanked those commissioners that participated in a tour of the Warner Creek Housing Project, an Eden Housing Development. If other commissioners are interested, they are to contact Madeline Kellner directly. • Jim Ward, Executive Director Senior Access: The art made by Senior Access clients is shown throughout the County. On March 28, Senior Access will host its first workshop for those interested in learning how to facilitate art with those suffering from dementia. Representatives from the DeYoung museum, artists, caregivers, and others will learn from Michelle Burns on how to do projects with those who have lost the ability to communicate verbally. Those who attend will work with the Senior Access population for a few hours and are then encouraged to start a program at their own location. Senior Access plans to hold this class each year. • Wesley Ellison-Labat, Marin Field Representative for Jared Huffman: Introduced himself and his role as Senator Jared Huffman’s Field Representative. Announced that all were encouraged to use him as a resource. <p>Chair’s Report: Monson reported the following:</p> <ul style="list-style-type: none"> • Attended meetings in Sacramento including: <ul style="list-style-type: none"> ○ TACC, a quarterly meeting for the Chairs of AAAs to discuss common problems. The meeting focused on elder abuse and showed the documentary, “Fleece.” This film was highly recommended by Chair Monson. They also discussed how various commissions were involved in AAA planning processes. Other topics included housing availability in veteran’s facilities. ○ He also attended C4A, the meeting counterpart for AAA Directors, at the invitation of Director Pullen. The primary focus of the Director’s meeting was budgetary issues. ○ Pullen and Monson then went on to meet with representatives from the offices of Senators McGuire and Levine. He learned that although California is currently doing better financially, it needs to repay all money borrowed from the schools, with interest, leaving 	

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<p>little restored discretionary funding. Further, funding would likely not be restored to Older Californians Act Programs. Programs would need to be revised and evidence based to be eligible for new funding.</p> <ul style="list-style-type: none"> • There will be a White House Conference on Aging this year. Chair Monson was invited to attend a regional portion in Phoenix, Arizona. Commissioner Bortel stated that Congress did not allocate sufficient funding for an in person meeting in Washington DC; instead, this would take place via the internet. Commissioner Boutilier sent a relevant webinar to the commissioners electronically, also available at www.whitehouse.gov. <p>Vice-Chair Report:</p> <ul style="list-style-type: none"> • Vice Chair Dowling sat on the Community Interview Panel for the new HHS Director and advocated for the inclusion of a question pertaining to older adults. • Vice Chair Dowling reported that she would be attending a regional meeting on Disaster Preparedness for Older Adults in San Francisco. <p>Action Item:</p> <ul style="list-style-type: none"> • Item A: Monson reported that the Executive Committee discussed the need for a task force to carry forward the suggestions and work of the Commissioner Retreat. He passed around a list for people to volunteer. • Item B: Monson discussed the possibility of moving the day/time of the monthly Commission on Aging meeting due to a standing conflict for Director Pullen in Sacramento. There was a motion to change the meeting from the 2nd Thursday of the month to the 3rd Thursday of the month. Commissioner Timms reported that the Section on Aging currently meets on the 3rd Thursday. The Executive Committee will consider moving the date to the 4th Thursday of each month. This will be discussed further at the April Commission meeting. 	

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<p>Committee Reports:</p> <p><i>Health and Nutrition:</i> Commissioner Zeller reported:</p> <ul style="list-style-type: none"> • The Health and Nutrition Committee will meet next Thursday, March 19, at 1:30 p.m. • The Committee is still compiling the End of Life toolkit which will be distributed at their June commission meeting. <p><i>Housing and Transportation:</i> Chair Bortel reported:</p> <ul style="list-style-type: none"> • Thanked Madeline Kellner for setting up a tour through Warner Creek Housing. • The Redwoods are currently in the process of restoring their last building. On September 26, 2015, there will be a fundraiser with Huey Lewis. • The Citizens Oversight Committee for Measures A and B, responsible for the creation of Catch a Ride, is now 10 years old. Bortel distributed their 10 year report. • Bortel continues to work on a bill around Alzheimer’s Awareness information. Although the bill was not picked up, it has been recommended for hearings by the Long Term Care Commission of the Assembly. • The next meeting is April 15th at 1:30 p.m. <p><i>Legislative Task Force:</i> Chair Bloch reported:</p> <ul style="list-style-type: none"> • There has been progress on the continuation of funding for the CSL. Governor Brown has sent a letter urging Californians to check off boxes for donations when completing their taxes. The line for the CSL is “427.” Please encourage others to donate. • The last bills were introduced to the Senate on February 27. The Legislative Task Force met on March 6 to divide those bills pertaining to older adults for review. At next Legislative Task Force meeting, they will discuss what bills to endorse. • Bloch will be in Sacramento on March 17 to attend a meeting on elderly who are in poverty. • Commissioner Boutilier recommended reading the State Report “A Shattered System,” which discusses long term care. She also recommended the book “Social Security Works!” available on 	

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<p>Amazon.com.</p> <p>Planning: Chair Timms reported:</p> <ul style="list-style-type: none"> • Planning Committee met yesterday to review APU 15/16. Approved the plan with minor changes. • Discussed the possibility of commissioners placing their names on the annual demographic survey needed for the APU. • Recommended Marin County look at the process for becoming “Age-Friendly.” There are currently two cities that have attained designation: Fairfax and Sausalito. Corte Madera will soon submit their application. San Anselmo, Novato, and Mill Valley are in beginning phases. • The next Planning Committee meeting will be May 28 from 11:30 – 1:00 p.m. <p>Editorial Board:</p> <ul style="list-style-type: none"> • N/A <p>Director’s Report: Ana Bagtas reported on behalf of Lee Pullen:</p> <ul style="list-style-type: none"> • C4A is working hard to get some of the budgets restored. They are requesting \$37 million: Access to coordination (\$14 million); Senior nutrition (\$6 million); Family caregiver support (\$7.5 million); and Elder abuse (\$9.5 million). In preventing persons from going to nursing homes, these dollars will save the state considerable funds and resources. • March 17: There is a County Substance Abuse Strategic Planning Meeting. Dietz to send flyer. • April 2: The second convening of the Aging Action Initiative will take place at the Embassy Suites. • April 8 (COA Meeting): Presentation of the FY 15/16 Area Plan Update. Business meeting: nominate officers. • April 11: There is a volunteer fair at the Buck Center to recruit and let people know about volunteer opportunities in the County. • May 14: Healthy Aging Symposium. 	

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<p><i>Commission Updates:</i></p> <ul style="list-style-type: none"> • Bedinger (Fairfax): Working with the Health and Nutrition Committee to assemble End of Life packets. • Boutilier (Sausalito): Working on implementation of Age-Friendly plan for the City of Sausalito, following Age-Friendly WHO designation. The City of Sausalito obtained some money from Prop B and will be hiring a 16 hr./ week coordinator for Age-Friendly. Need to promote that the sites “agefriendlymarin.com” and “agefriendlymarin.net” are purchased and available for promotion purposes. • Bloch (CSL): Recently met with Supervisor Sears, who will make an excellent champion for aging services. Expressed gratitude to Lee Pullen for arranging “Renew” training at Homeward Bound. • Gertler (Belvedere): Expressed that residents of Belvedere have difficulty in finding good caregivers. Clarified that Belvedere is a <i>city</i> across from the <i>town</i> of Tiburon. Reported on the Prescription Drug Taskforce Provider Subgroup, which is focusing on solutions to prevent younger people from obtaining illegal prescriptions. • Gontarz-York (District 5): Reported that Novato is in the process of obtaining WHO Age-Friendly designation. • Kemp (District 1): Expressed that she had likewise enjoyed the “Renew” training at Homeward Bound. Thanked Great Age Editorial Team for the article featuring her. Recommended that everyone leave thermometers in their mouths as long as possible when obtaining their temperature, as these instruments are not always accurate. • La Morte (San Anselmo): Reported that San Anselmo is in the beginning stages of becoming Age-Friendly and that she looks forward to working with Commissioner Hickey further on this project. Ross Valley Village is in need of additional people for its steering committee. • Livoti (Novato): Promoted “Elderwise,” a program of Novato Independent Elders, which aims to alleviate depression and isolation. This is similar to LITA, except that volunteers, who commit to 2 visits/ month, visit with older adults in their homes rather than residential facilities. Novato is taking part in “Coastal Carry Alert,” a program in which postmen look for possible warning signs involving older adults. 	

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<ul style="list-style-type: none"> • Hickey (District 2): None. • Marchese (District 4): Met with Supervisor Kinsey and Gavin Newsom to give a report about aging in Marin. • Smith (District 3): Spoke about the new transportation grant the City of Sausalito received from Marin Transit. • Timms (Fairfax): Reported that Fairfax has obtained WHO Age-Friendly designation. Working towards educating community about existing resources, including additional space for brochures/ information to be displayed at the library. • Wilson (Tiburon) – Clarified that Tiburon is a town and not a city. Mentioned that she was recognized because of her article in the Great Age Newsletter. Spoke about Age Song Marin, which is a discussion group about issues pertaining to aging. • Zeller (Corte Madera): Reported that Corte Madera is underway in the Age-Friendly process and plans to submit its application to WHO in two weeks. The Corte Madera webpage now reflects survey results; obtained a 33% response rate on 2,000 surveys distributed. One success has been the extension of time to cross the street on Paradise Ave, a problem that was brought to their attention due to the survey. Reported that she is participating in a “tip of the hat” event for residents over the age of 90 and three additional residents that are over the age of 100. <p><i>Adjournment:</i></p> <p>The meeting adjourned at 12:34 p.m.</p> <p>Next meeting: Thursday, April 9, San Rafael Community Center, San Rafael</p>	