

COMMITTEE: EXECUTIVE	JUNE 22, 2015	LOCATION: 10 NORTH SAN PEDRO ROAD, RM 1025
PRESENT: Teri Dowling, Jim Monson, Lee Pullen, Ellie Bloch, Chris Asimos, Allan Bortel		
EXCUSED: Sybil Boutilier, Jody Timms, Salamah Locks ABSENT:		
RECORDER: Gary Lara		
Next Meeting: 10 N. San Pedro Rd., Conference Room 1025 - Monday, July 27, 2015		

MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p><u>Agenda</u></p> <p>Chair Monson called the meeting to order at 9:10am. The agenda was approved as written.</p> <p><u>Minutes</u></p> <p>The April 27 minutes were approved with the following revisions: Commissioner Dowling (not Commissioner Bloch) is supposed to follow up on disaster preparedness. The reference to the commission table was for the Healthy Aging Symposium, not the Senior Fair.</p> <p><u>Public Comment</u></p> <p>None</p>	

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Chair's Report

Chair Monson reported on the following items:

The Environmental Action Committee of Marin met with State Senator Michael McGuire, Congressman Jared Huffman and his administrative assistant. The committee thanked them for moving forward with the Coast Guard project. State Senator McGuire noted he is looking forward to the October 8, 2015 Commission meeting where he will be the guest speaker.

Director's Report

Lee Pullen, Aging and Adult Services Director, provided the following report:

Adult Services Program Manager Angela Struckmann received a promotion as the new Director of Public Assistance over Medi-Cal and CalFresh. A recruitment is underway to fill her position in Aging and Adult Services.

Pullen discussed the member rosters of the Mental Health Board and the Mental Health Services Act Advisory Board. He noted there are four or five vacancies on the Mental Health Board and encouraged the executives to consider persons they know who may be a good fit to fill these vacancies in the interest of older adult needs. Commissioner Dowling asked how to encourage people to apply. Chair Monson will call the Clerk of the Board at the Board of Supervisors office.

Pullen met with Marvin Mars last week to discuss Mars' concern around alcohol and substance abuse with older adults. Pullen will follow up further by havng a discussion with DJ Pierce, Mental Health Substance Use Service Director with Health and Human Services.

Action Item:

Review of Presentations for FY 2015-16:

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Commissioner Bortel suggested Dr. Ram Rao, key researcher at the Buck Institute for Research on Aging. Dr. Rao is a Ph.D. Dr. Rao has conducted studies of the AP4 gene and its link to Alzheimer’s Disease with small group studies. Bortel will try to secure this speaker for the February 4, 2016 commission meeting.

Chair Monson noted the September 10, 2015 commission meeting will either be Go4Life or another topic presented by the Health and Nutrition Committee.

Pullen noted that Aging Program Manager Ana Bagtas has secured Stan Green for a presentation on money management for the December 10, 2015 commission meeting.

Commissioner Locks’ recommendation for a presentation could be in either either January or March of 2016 based on available slots. Pullen will talk to Commissioner Locks regarding this once Bortel follows up on planning the February meeting.

Commissioner Bloch suggested having a panel presentation in March 2016 focusing on “How to Select the Best Residential Care Community.” Bloch had recently attended a presentation conference in Rohnert Park sponsored by the Alzheimer’s Association of the North Bay.

Chair Monson noted the January and June meetings will still need some planning.

Commissioner Bloch mentioned Wendy Buchen from the Belvedere Tiburon Housing Association for a meeting presentation. Commissioner Bortel will discuss this further at the next Housing and Transportation Committee meeting on July 15th.

Discussion Items:

- a. Go4Life:

Chair Monson noted this is Go4Life month which celebrates active aging and promotes physical activity.

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This topic was discussed at a recent meeting Monson had with Supervisor Kate Sears. Sears plans to get a resolution going in recognition of this annual event. Commissioner Locks will be the lead person on this. Commissioner Asimos will contact Locks regarding this.

Commissioner Bloch would like to see activities that get people moving.

b. Retreat Follow Up:

This task force met recently for a second time to formulate suggestions. Chair Monson noted there have been diminishing returns and will most likely reconstitute the task force in the next year. Monson noted that Commissioner Brilliant was interested in setting up a network and had spoken to Commissioner York about having a Face Book page. Pullen will speak to County Counsel about Brown Act regulations.

Other discussion items that were brought forth during the task force meeting were “What do we do with the commissioner time at the end of each General meeting?” As we move forward, we can have a couple of sessions where we pick an issue and discuss it.

Commissioner Bloch mentioned Commissioner Locks is interested in a presentation on the process of how a bill becomes a law and the role of CSL. Dowling mentioned the time factor involved in this discussion may be an issue.

Chair Monson mentioned Commissioner Marchese thought a discussion on how the commission governs itself and how the work gets done could be a discussion topic. Monson noted that part of this comes out of the Planning Committee. Pullen noted the Area Plan is the critical piece that matches the work of the Commission.

Commissioner Dowling asked if we should have an overview of the Area Plan and what it really means. Pullen will add this to his report which will be discussed either in July or September. Also noted was the CSL discussion and that it could be included in the October Legislative report.

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Commissioner Bortel noted we have HICAP as a scheduled topic in November and that attendance at the last meeting in November 2014 was minimal. With so few changes each year, Bortel will see if there are any items of importance the representative will have to say. Bortel will follow up with Aging Program Coordinator Michele McCabe.

Committee Reports

- **Health and Nutrition:** Commissioner Asimos announced the committee received a small grant award in the amount of \$2,000 from the John and Wauna Harman Foundation/California Healthcare Foundation. This funding will help to finance the “end of life” tool kits the committee has been working on. The funding will also enable the committee to sponsor a community screening event for “Being Mortal.” The tentative site is the San Rafael Theatre.

End of life issues continue to be a popular subject and were recently featured on the PBS series FrontLine.

- **Housing and Transportation:** Commissioner Bortel noted Marin County Planner LeLe Thomas is the county’s affordable housing point person. Bortel plans to speak with her about senior housing to see what she knows and if senior housing is to be included in the housing inventory.

Bortel noted a taxi crisis currently exists in transportation and that the paratransit guide from Marin Transit was well received at the May symposium.

Bortel further stated he would like to talk about how the Choices for Living is being updated online and where this project is going. Pullen noted that Joan Glasheim from the Ombudsman office is the point person. Pullen will confer with Glasheim’s supervisor Ana Bagtas before Bortel initiates contact.

- **Legislative Task Force:** Commissioner Bloch noted nothing more has happened in legislation since the last update. Monson noted the executives will wait on writing additional support letters. McGuire and Levine will receive copies of current support letters already completed.

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- **Planning Committee:** Commissioners Timms and Boutilier were absent so there was no report.

New Business

A discussion ensued about the time scheuled for the Executive Committee meeting. After reviewing the current proposals, it was tentatively decided to move the meeting time to 10:30am to Noon. Commissioner Dowling asked Gary Lara to send out an email to the Executives announcing this proposed change of schedule to see if members would have an issue with the new proposed time.

Commissioner Bortel asked Dowling if she intends to “roll over” the current committee chairs for next fiscal year. Dowling will follow up with each current committee chair.

Before adjournment, Dowling expressed her gratitude to Chair Monson for leading this committee for the past two fiscal terms. Bloch suggested the Board of Supervisors have a commendation recognizing his terms of service.

The meeting adjourned at 10:37am. It was agreed that the committee will have a meeting in July. The next meeting is Monday, July 27, 2015. The time is TBD.