

**MARIN COUNTY COMMISSION ON AGING**  
*Committee Meeting Minutes*

<b>COMMITTEE:</b> HEALTH & NUTRITION	<b>DATE:</b> JULY 16, 2015	<b>LOCATION:</b> 10 NORTH SAN PEDRO - 1019
<b>PRESENT:</b> Chris Asimos, Francie Bedinger, Beth Livoti, Salamah Locks, Fran Wilson		
<b>ABSENT:</b> Carol Zeller, <i>Lorraine Berry, Anthony Maglio</i>		
<b>RECORDER:</b> Michele McCabe		
⇒ Next Meeting: Thursday, August 20, 2015 at 10 North San Pedro Rd from 1:30 – 3:30pm		

<b>MINUTES SUMMARY</b>	<b>ACTION TAKEN/RESPONSIBLE PARTY</b>
<p><b>Call to Order</b> The meeting was called to order at 1:40 pm.</p> <p><b>Approval of the Agenda:</b> The agenda was approved as written.</p> <p><b>Approval of the Minutes:</b> The minutes of May 28 were approved as submitted.</p> <p><b>Open Time for Public Comment:</b> No members of the public were present.</p> <p><b>Chair’s report:</b> Chair Asimos reported that she has been reappointed for another term.</p>	

**MARIN COUNTY COMMISSION ON AGING**  
**Committee Meeting Minutes**

<b>MINUTES SUMMARY</b>	<b>ACTION TAKEN/RESPONSIBLE PARTY</b>
<p><b>Nutrition</b>  Amy Dietz introduced the new AAA Registered Dietician, Mary Louise Zernicke who briefly spoke about her background. They also spoke about the FY 15-16 Nutrition Program, gave updates and spoke about the RFP process after the first of the year.</p> <p><b>Congregate Meal Site Debrief</b>  The site visits have been done but not all have been documented on the form yet. Michele urged the group to write up their visits soon so the information can be given to Mary Louise.</p> <p><b>Needs Survey</b>  Amy reported it will be distributed in August and September. The committee talked about how important it is to get it distributed far and wide and were anxious to help.</p> <p><b>Objectives</b>  The Objectives for FY 14-15 were all met. One out of two tool kit presentations will be taken care of with the Being Mortal presentation. Michele will continue to work with this project and Amy will be the formal staff to this committee moving forward.</p> <p><b>Commission on Aging Presentation on June 11, 2015</b>  The June Commission Meeting and tool kit distribution received much kudos and everyone thought that it had gone well with the audience engaged and asking questions.</p> <p><b>September Commission Meeting</b>  At the last Executive Committee meeting, the Chair agreed to have this committee handle the September presentation at Margaret Todd. Salamah will also work on it and they will provide the details to Amy. Suggested topic is <i>Go4Life</i>.</p>	

**MARIN COUNTY COMMISSION ON AGING**  
*Committee Meeting Minutes*

<b>MINUTES SUMMARY</b>	<b>ACTION TAKEN/RESPONSIBLE PARTY</b>
<p><b>Being Mortal</b> The prescreening scheduled for 3:30 p.m. is not happening because the materials have not yet been received. The meeting will still occur and all H&amp;N committee members are welcome to attend the discussion with Marin's Bi-Cultural Outreach Workers.</p> <p><b>Next Meeting Date:</b> The next meeting will be held on Thursday, August 20, at 1:30 p.m. to prepare for the September Commission Meeting.</p> <p><b>Adjournment</b> The meeting adjourned at 3:10 p.m.</p>	

**MARIN COUNTY COMMISSION ON AGING**  
***Committee Meeting Minutes***

2015 Nutrition Site Visits		
Site	Day & Time	Visitor
Margaret Todd - Novato	Tues/Wed/Thurs - 12 pm	Beth Livoti
Pickleweed- San Rafael	Every other Wed.- 12 pm	Chris Asimos
San Rafael Com. Center	1st, 2nd, 4th Wed. - 11 am	Carol Zeller
Corte Madera Rec Center	Thursday - 12 pm	Carol Zeller/Fran Wilson
Marguerita Johnson Center	Wednesday - 12 pm	Francie Bedinger
Fairfax Community Church	Sunday - 12 pm	Francie Bedinger
San Geronimo Valley Center	Mon/Thurs 12 pm	Chris Asimos
Dance Palace - Point Reyes	Thursday - 11:30 am	Carol Zeller