

<b>COMMITTEE: GENERAL</b>	<b>SEPTEMBER 10, 2015</b>	<b>LOCATION: MARGARET TODD SENIOR CENTER</b>
<b>PRESENT:</b> Asimos, Bortel, Gertler, Bedinger, Kemp, Bloch, Brilliant, Dowling, Lamorte, Livoti, Locks, Marchese, Peters-Janover, Smith, Timms, Turner		
<b>EXCUSED:</b> Boutilier, Gontarz-York, Hickey, Kirshbaum, Monson, Wilson, Zeller		
RECORDER: Amy Dietz		
NEXT MEETING: October 8, 2015 at the San Geronimo Valley Community Center		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p><b>Presentation</b></p> <p><b>Call to Order</b> Chair Dowling called the meeting to order at 11:14 a.m. Chair Dowling read the following statement: “As we reconvene after the summer break, it is a good time to review aspects of the Brown Act as it relates to our work and the conduct of our meetings, all of which are open to the public and include the opportunity for public participation. To be as clear as possible, I provide the following, based on Brown Act requirements and consultation with our County legal counsel:</p> <ul style="list-style-type: none"> <li>• Agenda items will be heard at the time specified <u>or later</u>, depending on the progress of the meeting.</li> <li>• Following the leadership of the Marin County Board of Supervisors, the Commission on Aging, encourages a respectful dialogue that supports freedom of speech and values</li> </ul>	

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<p>diversity of opinion. The commissioners, staff and the public are expected to be polite and courteous, and refrain from questioning the character or motives of others. Please help create an atmosphere of respect by not booing, whistling or clapping; by adhering to speaking time limits; and by silencing your cell phones.</p> <ul style="list-style-type: none"> <li>• Members of the public will have the opportunity to comment at Open Time on matters not on the agenda but within the jurisdiction of the commission. <ul style="list-style-type: none"> <li>○ While members of the public are welcome to address the commission, compliance with the Brown Act precludes commissioners from answering questions, deliberating or taking action on items not on the agenda. Generally, they may only listen.</li> <li>○ No discussion of subject matter not on the agenda can take place, nor can commissioners answer questions, indicate their thoughts or state opinions on subjects or questions raised by members of the public during the meeting that have not been included on the published meeting agenda.</li> <li>○ Commissioners may indicate an interest in having a subject raised by the public during Open Time be considered for a future meeting agenda. The commission may choose to have the matter set on a future agenda for discussion or a report if the majority of the commission is interested in pursuing it further.</li> </ul> </li> <li>• In addition to Open Time, the public may also comment on each agenda item, including committee and staff reports, at the time those are delivered and before any action is taken on the item. Agenda item comments are limited to the subject matter of that specific item and should not address any other agenda item or include matters that are not within the jurisdiction of the commission.</li> </ul>	

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<ul style="list-style-type: none"> <li>• The Commission Chair may set time limits (such as two minutes) per speaker for both Open Time and agenda item comments.”</li> </ul> <p><b>Approval of Agenda</b> The September 10, 2015 agenda was approved as written.</p> <p><b>Approval of the Minutes</b> The minutes of the July 9 meeting were approved.</p> <p><b>Open Time for Public Expression:</b></p> <ul style="list-style-type: none"> <li>• Suzie Pollak (Marin Villages): <ul style="list-style-type: none"> <li>○ Thanked those commissioners that are involved in villages and further thanked the commission as a whole for its advocacy in Marin. She announced that the villages, founded four years ago, were not expanding to all of San Rafael. A Public Information meeting will be held in the San Rafael City Hall Chambers on September 28.</li> </ul> </li> <li>• Nona Dennis (Marin Conservation League): <ul style="list-style-type: none"> <li>○ The Marin Conservation League will be celebrating its 75<sup>th</sup> anniversary this year. In collaboration with Marin County Parks, they are planning: 6 walks in conservation districts; 4 walks a year to celebrate conservation history; and a mini-series designed for seniors to take place on various Thursdays. Further information can be found at: <a href="http://www.marinconservationleague.org">www.marinconservationleague.org</a>.</li> </ul> </li> </ul> <p><b>Chair’s Report:</b> Dowling reported the following:</p> <ul style="list-style-type: none"> <li>• Attended a quarterly meeting in Sacramento with peer commissioners from the other 33 PSAs in California.</li> <li>• Remarkd it has been exciting to participate in and promote the AAA’s Older Adult Needs Assessment.</li> </ul>	

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<p><b>Vice-Chair Report:</b> None</p> <p><b>Committee Reports:</b></p> <p><b>Health and Nutrition:</b> Chair Asimos reported:</p> <ul style="list-style-type: none"> <li>• The September 10<sup>th</sup> MCCOA program prior to the business meeting was successful. She was pleased with the Go4Life program and praised the presentation given by AAA Registered Dietician, Mary Louise Zernicke.</li> <li>• On September 24<sup>th</sup> from 1:00 – 4:00 p.m., the film “Being Mortal” will be shown at the San Rafael Theater and will be followed by a discussion. She asked commissioners to assist in promotion and distribution of flyers. The film will be translated simultaneously into Spanish, Vietnamese, and Russian. The goal is to have 80-100 people in attendance.</li> <li>• The next Health and Nutrition Committee meeting will take place on Wednesday, October 7 at 1:00 p.m.</li> </ul> <p><b>Housing and Transportation:</b> Chair Bortel reported:</p> <ul style="list-style-type: none"> <li>• CLAM (Community Land Trust Association of West Marin) has made progress in attaining the housing units at the former Coast Guard station. Congressman Huffman is involved. There is discussion regarding what types of senior components should be involved. A septic system will need to be put in place.</li> <li>• There will be a forum today at the Civic Center Library at 7:00 p.m. to discuss co-housing, a current prototype project in Oakland, in which a housing community assigns tasks/ chores/ projects for residents to do. There will be the speakers at the next meeting to be held on October 14<sup>th</sup>.</li> <li>• The Senior Fair will occur on Wednesday, October 21 from 9:00 a.m. – 3:00 pm. A sign-up sheet for commissioner involvement will be distributed at next month’s commission meeting.</li> </ul> <p><b>Legislative Task Force:</b> Chair Bloch reported:</p>	

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<ul style="list-style-type: none"> <li>• This year, the CSL will not have an annual meeting in Sacramento. Instead, there will be local caucuses held in Los Angeles, San Diego, and Northern California. Supervisor Kinsey has assisted in attaining the Metro in Oakland for its meeting on October 5 to discuss the 42 proposals written by members of the CSL.</li> <li>• The meaning of “enrolled” refers to a proposal becoming law after passing the House and the Senate that requires signature by the Governor.</li> <li>• A list of the status of specific bills including: <ul style="list-style-type: none"> <li>○ “Nonprobate Transfers: Revocable Transfer of Death Deeds” (Enrolled)</li> <li>○ “Developmental Services” (in Senate Human Services, not heard)</li> <li>○ “Emergency Services: Silver Alert” (Enrolled)</li> <li>○ “Medi-Cal Beneficiary Needs Home Upkeep/ Personal Needs (in Senate Appropriations Committee)</li> <li>○ “State Task Force on Family Caregiving” (to Third Reading)</li> <li>○ “End of Life” (Passed House and Senate)</li> <li>○ Long Term Care Facilities, Complaints and Investigations” (In Senate Appropriations Committee)</li> <li>○ “In Home Supportive Services: Fingerprinting” (In Senate Human Services and Public Safety Committees)</li> <li>○ “Medi-Cal Universal Assessment Tool Report” (Enrollment)</li> <li>○ “Elder and Vulnerable Abuse Awareness Month” (Chaptered by Secretary of State)</li> <li>○ “Secure Rural Schools and Community Self Determination” (Senate Committee on Education)</li> <li>○ “Older Americans Act of 1965” (Chaptered by Secretary of State)</li> <li>○ “In Home Supportive Services: Reading Services for the Blind” (Enrolled)</li> <li>○ “Nurse Practitioners: Scope of Practice” (In Assembly Committee on Business and Professions)</li> <li>○ “Annuities, Cash Surrender Benefits” (Signed by Governor)</li> <li>○ “Coordinated Care Initiative: Consumer Guide” (Withdrawn from enrollment)</li> <li>○ “Long-Term Care Insurance” (to the Governor)</li> </ul> </li> </ul>	

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<ul style="list-style-type: none"> <li>○ “Hospitals, Family Caregivers” (to the Governor)</li> <li>● There was discussion re: a law that medication descriptions and the ailments for which they being described be placed on the bottles. Bloch remarked that it took six years for the bill she sponsored, “Emergency Services: Silver Alter” to be picked up and passed. Commissioners must advocate in the public and to the Legislature.</li> </ul> <p><b>Planning:</b> Chair Timms reported:</p> <ul style="list-style-type: none"> <li>● On September 7, the Planning Committee met and finalized the Older Adult Needs Assessment Survey.</li> <li>● The next meeting will be held on October 6 from 2:00 – 3:30 p.m. at the Redwoods.</li> <li>● Age-Friendly: <ul style="list-style-type: none"> <li>○ The Age-Friendly Communities support group met before today’s commission meeting.</li> <li>○ There will be an Age-Friendly booth at the Senior Fair.</li> <li>○ Shelley Hamilton from MarinSpace attended “support group.” The website <a href="http://www.aginginmarin.org">www.aginginmarin.org</a> lists efforts of the Aging Action Initiative, including a section on age-friendly cities and towns.</li> </ul> </li> </ul> <p><b>Editorial Board:</b> N/A</p> <p><b>Director’s Report:</b> Lee Pullen, Area Agency on Aging Director reported:</p> <ul style="list-style-type: none"> <li>● On September 2<sup>nd</sup>, there was an Interfaith Council Clergy Leaders meeting, which focused on the Aging Action Initiative. There were approximately 70 people in attendance.</li> <li>● The Steering committee of the Aging Action Initiative will meet later today. Commissioners Turner and Monson are the representatives that sit on this committee from the COA.</li> <li>● The AAA hosted a provider meeting on August 25<sup>th</sup> which was attended by 13 contract provider representatives.</li> <li>● Thanked Commissioner Monson for trouble shooting the commission sound system.</li> <li>● The website <a href="http://www.livelonglivewellmarin.org">www.livelonglivewellmarin.org</a> has gone live. This website contains information</li> </ul>	

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<p>about each commissioner and the work of the commission in general.</p> <ul style="list-style-type: none"> <li>• In November, the AAA and Marin Community Foundation will roll out a grant program for Age-Friendly Communities. The various towns/ cities will be able to apply for a \$3,000 - \$5,000 grant with a 1:1 match from local funds.</li> <li>• Congratulated Teri Dowling on becoming the new Commission Chair.</li> <li>• Dietz spoke about Older Adult Needs Assessment and survey distribution.</li> </ul> <p><i>Commission Updates:</i></p> <p>Bedinger: Age-Friendly Fairfax had a table at “Streets for the People,” a festival in Fairfax. They promoted the “Being Mortal” film.</p> <p>Bortel (CSL): Reminded commissioners to carpool to the next meeting held at the San Geronimo Valley Community Center and to sign up for the congregate lunch taking place after.</p> <p>Brilliant (Mill Valley): Reported she was unable to apply for the Mental Health Advisory Board due to a faulty application and download process. She recommended the short film “Open Your Eyes” being shown at the Mill Valley Film Festival, about eye sight restoration surgery in Nepal.</p> <p>Dowling (Ross): Thanked the Editorial Board and staff for the latest issue of the Great Age newsletter.</p> <p>Gertler (Belvedere): Suggested all commissioners attend, as an observer, at least one committee meeting that they are not directly a part of in the coming year.</p> <p>Kemp: San Rafael Village meeting will take place on Monday, September 28 from 5:30 – 7:00 p.m. A flyer was distributed.</p> <p>Locks (San Rafael): On September 28, will attend a meeting with San Rafael Mayor Phillips re: San Rafael becoming an Age-Friendly City.</p>	

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<p>Livoti (Novato): Announced that several Novato council persons and the Mayor, who had been in support of an Age-Friendly Novato, would be leaving office. Kellner requested that Livoti and Age-Friendly members give a presentation in November.</p> <p>LaMorte (San Anselmo): Reported success with sending Older Adult Needs Assessment information to the Town of San Anselmo, which has generated online responses through its online newsletter.</p> <p>Marchese (Corte Madera): Age-Friendly Corte Madera has partnered with pastors at various churches to organize internal focus groups.</p> <p>Smith (Sausalito): There is a Bay Area Villages meeting occurring later this month. A National Villages meeting will occur in October. The CARS Program has been successful; 50 people are enrolled thus far.</p> <p>Timms (Fairfax): The Fairfax Senior Fair will take place on Saturday, September 19<sup>th</sup> from 10:00 a.m. to Noon at the Fairfax Women’s Club.</p> <p>Turner (Marin City): Met with Marie Gaines regarding needs assessment survey distribution. Requested assistance from fellow commissioners.</p> <p>The meeting adjourned at 12:25 p.m.</p> <p>The next meeting will be on October 8<sup>th</sup> at San Geronimo Valley Community Center in San Geronimo.</p>	