

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

COMMITTEE: HEALTH & NUTRITION	DATE: DECEMBER 9, 2015	LOCATION: 20 NORTH SAN PEDRO – POINT REYES ROOM
<p>PRESENT: Chris Asimos, Vera Gertler, Beth, Livoti, Fran Wilson, Carol Zeller, <i>Nancy Boyce, Marinlink, Anthony Maglio</i></p> <p>ABSENT: Francie Bedinger, Salamah Locks</p> <p>Staff: Michele McCabe</p> <p>MEMBERS OF PUBLIC:</p>		
RECORDER: Michele McCabe		
⇒Next Meeting:TBA Regular meeting date to be set in early February via Doodle		
MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY	
<p>Call to Order The meeting was called to order at 1:10 p.m.</p> <p>Approval of the Agenda: The agenda was approved as written.</p> <p>Approval of the Minutes: The minutes of October 7, 2015 were approved as submitted.</p> <p>Staff Nutrition Report: Dietz was not in attendance. McCabe will ask her to report if possible at the next meeting.</p> <p>Open Time for Public Comment: Tony Maglio spoke about his new role as a Project Independence volunteer. The committee spoke about the importance of everyone’s time and obligation to come to</p>		

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

committee meetings on time. Information will be passed along to COA Chair Dowling.

Chair's report:

Chair reported the next Being Mortal presentation will be held on Thursday, January 21st at the Dance Palace in Point Reyes, from 1:00 – 3:00 p.m. Committee is invited to the senior lunch which will occur prior to the presentation. To reserve a spot for the lunch, please call West Marin Senior Services at 415-663-8148. McCabe will verify the date with Teresa Tooker at Hospice by the Bay.

There was a short discussion about the health needs of people in the county. McCabe will ask a member of the super utilizer's project to speak at the next meeting.

Nancy Boyce: Request for collaboration on “*Death Makes Life Possible*”

The First Presbyterian Church of San Rafael is sponsoring a screening of the film, “***Death Makes Life Possible***” on January 20, 2016 from 7:00 - 9:00 p.m. which will be facilitated by the author of the book, Marilyn Schlitz. H&N committee will staff a table for networking. Other vendors include Hospice by the Bay and Common Wheel. More information can be found at <http://deathmakeslifepossible.com/>

Next Meeting Date

The next meeting will be held in early February. Date to be decided via “Doodle”. Committee wants to meet every other month or six times per year.

Adjournment

The meeting adjourned at 2:17 p.m.