

**MARIN COUNTY COMMISSION ON AGING**  
**Committee Meeting Minutes**

<b>COMMITTEE:</b> HEALTH & NUTRITION	<b>DATE:</b> MAY 24, 2016	<b>LOCATION:</b> 10 NORTH SAN PEDRO – 1019
<p><b>PRESENT:</b> Chris Asimos, Francie Bedinger, Fran Wilson , Beth Livoti, Sharon Jackson , Carol Zeller, <i>Teresa Tooker</i>  <b>ABSENT:</b> Salamah Locks; <i>Anthony Maglio, Kathleen Roach</i></p> <p><b>Staff:</b> Amy Dietz, Natalie Krelle-Zeponi</p>		
<b>RECORDER:</b> Amy Dietz		
⇒ <b>Next Meeting June 16 1:00 – 2:30</b>		
<b>MINUTES SUMMARY</b>		<b>ACTION TAKEN/RESPONSIBLE PARTY</b>
<p><b>Call to Order</b>  The meeting was called to order at 1:05 p.m.</p> <p><b>Approval of the Agenda:</b>  The agenda was approved as written.</p> <p><b>Approval of the Minutes:</b>  The minutes of January 26, 2016 were approved as submitted.</p> <p><b>Open Time for Public Comment:</b>  Corte Madera Senior Fair is May 26 from 2:00-4:00.  Fairfax Festival is June 11 and 12 - Commissioner Bedinger will ask for booth volunteers at MCCOA meeting.</p> <p><b>Chair's report:</b></p>		

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- San Rafael; Village is growing and gaining interest, recently, 50 people attended a happy hour conversation.
- Chair showed flyers from March 24 Being Mortal and reported their distribution in libraries and other public areas

**Staff Nutrition Report**

- Dietz reported that RFPs have been released for the Home Delivered and Congregate Meal Program. Proposals are to be submitted by June 2. Panel will meet to review proposals June 9.
- Dietz reported that satisfaction surveys have been distributed for all programs, including Home Delivered and Congregate Meal programs. She will present on results at upcoming meeting.
- Natalie Krelle- Zeponi reported on congregate site visits, a CalFresh/ cooking event to take place at Whistlestop on 5/27, and answered a question pertaining to ice cream on future menus.

**July Commission Meeting**

- 35 – 40 mins (30 mins talk; 5-10 questions) : Shlitz:
  - Chair Asimos is in contact with Marilyn Shiltz, the author of Death Makes Life Possible. Marilyn has agreed to present and Dietz confirmed, following AAA staff meeting, that she is allowed to sell her book at the break.
  - Chair Asimos to ask Shiltz to provide some sample talks/ talking points for the Health and Nutrition to choose from.
- 20 Minutes: Update on End of Life law
  - Teresa to be in touch with Dr. Laek Duncan or other contacts
- Committee decided to meet again on June 16 from 1:00 – 2:30 to finalize agenda and assemble toolkits.

**Death Makes Life Possible Status Report**

- Death Makes Life Possible film screening to take place on June 20 at 630pm at the San

McCabe to contact Tooker re:  
what supplies are needed

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Geronimo Valley Community Center. The Health and Nutrition Committee will set up a table with materials and have a secondary/ supporting role. Chair Asimos requested that people able to volunteer email her directly.

**Next Meeting Date**

The next meeting will take place on June 16 from 1:00 – 2:30 to finalize agenda for July MCCOA meeting and assemble End of Life packets.

**Adjournment**

The meeting adjourned at 2:10 p.m.