

COMMITTEE: GENERAL	APRIL 7, 2016	LOCATION: SAN RAFAEL COMMUNITY CENTER
<p>PRESENT: Asimos, Bedinger, Bloch, Bortel, Boutilier, Brilliant, Dowling, Gertler, Gontarz-York, Lamorte, Livoti, Locks, Marchese, Monson, Peters-Janover, Smith, Timms, Hickey, Wilson</p> <p>EXCUSED: Kemp, Turner, Kirshbaum, Zeller</p>		
<p>RECORDER: Michele McCabe</p>		
<p>NEXT MEETING: May 5, 2016 Healthy Aging Symposium: Trail Blazers in a Changing World at the Embassy Suites, San Rafael.</p>		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order: Chair Dowling called the meeting to order at 10:08 a.m.</p> <p>Public Hearing: The Marin County Area Plan for Aging 2016-2020.</p> <p>Public Hearing Call to Order: Chair Dowling welcomed the group and called the public hearing to order at 10:11 a.m. The Chair introduced Jody Timms, Chair of the Planning Committee who provided background information on the Area Plan 2016-2020. Timms introduced Aging and Adult Services Staff: Lee Pullen, Director of the Area Agency on Aging and Amy Dietz, Program Coordinator, who presented the plan. Copies of the slide presentation are available by request.</p> <p>Commissioner Timms asked for questions and comments from the public.</p>	

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<p><u>Public Comment</u></p> <ul style="list-style-type: none"> • Michael Haggerty from Age-Friendly Novato requested Older Adult Needs Assessment data broken down by specific community. • Marilyn McConnel, Director of Marin Medical Equipment Recyclers explained the organization and listed its hours as being Wednesdays from 11:00 a.m. – 2:00 p.m. They are located at 3100 Kerner Blvd. Further information is available at www.marinmedicalequipmentrecyclers.org. She also expressed concern about transportation in Marin County. • Madeline Kellner, Executive Director In-Home Supportive Services Public Authority of Marin questioned what the AAA was looking for in regards to RFPs released for Outreach, Visiting, and Assisted Transportation. AAA Director Lee Pullen advised visiting www.marinhhs.org for RFP specifics. • Pat Stoliar Co-Chair of Age-Friendly Corte Madera expressed she was happy the county was becoming more involved with the Age Friendly movement. • Shirin Vakharia, Marin Community Foundation Program Director of Community Health and Successful Aging informed attendees that copies of the Marin Community Foundation Older Adults, Healthy Eating, Active Living Needs Assessment report was available at the back table along with her card. • Erin McAuliff, Marin Transit Transportation and Mobility Planner commended the AAA for 	

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<p>their work on behalf of older adults.</p> <ul style="list-style-type: none"> • Shelley Hamilton, CEO of Marin Space and Aging Action Initiative consultant stated all of our collaborative efforts have been a positive direction for Marin. She further expressed that we need to face the future with an eye for even more collaboration and alignment. • Anita Renzetti, Whistlestop Director of Program Innovation commented that although transportation is a concern, older adults in Marin do have options. Marin Access at Whistlestop has travel navigators, who carefully hook people up with all of their transportation options, including Volunteer Driver programs, taxi service, and vouchers. Call 415-454-0902 for further information. • Brigitte Moran, Executive Director of the Agricultural Institute of Marin remarked the mobile Farmers Market van would be coming soon and that they were in the process of finalizing routes. She requested organizations contact her at 415-472-6100 if they would like to be placed along the route of destinations. • Skip Schwartz, Executive Director of West Marin Senior Services thanked AAA staff for the huge amount of work undertaken. He expressed the rural part of the county consistently receives the short end of the stick; 5% of Marin County residents live in West Marin, but West Marin comprises 55% of the land in Marin County. Staff loves living and working out there. There are specific difficulties in West Marin which include attracting caregivers. It costs more to serve and represent our citizens in a rural setting. • Lisa Brinkmann, Executive Director of Marin Villages commended the AAA on planning for “quality of living” activities of life. 	

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<ul style="list-style-type: none"> • Suzanne Sadowsky, Assistant Director of San Geronimo Valley Community Center (SGVCC) remarked that seven years ago the congregate meal program in San Geronimo was saved because it was moved to the SGVCC. The lunch now hosts over 60 seniors on Thursdays and 20-30 on Mondays. There are over 1,000 seniors who live in the Valley and need services. SGVCC is only able to do what it is able to do because of collaborations, including those with the County and West Marin Senior Services. She expressed the most important issues in our community are affordable housing and health care. • Grant Colfax, Director of Marin County Health and Human Services (H&HS) thanked the Commission on Aging and acknowledged AAA Director Lee Pullen and staff for their work on the Area Plan and the presentation. He further thanked former H&HS Director Larry Meredith for beginning the Aging Action Initiative and his advocacy on behalf of Marin’s older adults. Colfax welcomed Kari Beuerman, new Assistant Director of Social Services back to Marin. The upcoming Health and Human Services Strategic Plan will tie in with the AAA Area Plan. He expressed that H&HS is looking at equity though health and that he looked forward to working together in the future. • Commissioner Allan Bortel, applauded Amy Dietz and AAA staff for their work on the Area Plan. He stated he became involved in the village movement five years ago and that its role is to help seniors age in place. Transportation is very important and villages help older adults to remain living in their homes. Funding for additional transportation services comes from Measures A and B. • Commissioner Tricia Smith expressed her pride and that she was impressed with the Area Plan. She also gave a shout out for the Age-Friendly movement and Marin Villages. 	

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<ul style="list-style-type: none"> Commissioner Marianne Gontarz-York acknowledged the Marin County Health and Human Services Media Team in helping to redesign the website, logo, and their work on the Area Plan. <p>Vote on Area Plan 2016-2020 The Marin Commission on Aging voted unanimously to approve the Area Plan 2016-2020.</p> <p>Reconvene and Call to Order Chair Dowling called the meeting back to order at 12:32 p.m.</p> <p>Approval of Agenda The agenda of April 7, 2016 was approved as written.</p> <p>Approval of the Minutes The minutes of March 3, 2016 were approved as corrected.</p> <p>Open Time for Public Expression:</p> <ul style="list-style-type: none"> Madeline Kellner congratulated the commission and Amy Dietz on a great job with great community involvement in the planning process. She remarked this is the first time she has noticed different players in the room. She wished Commissioner Gontarz-York a very happy birthday. Carol Jacobs-Courtz reported on the multicultural senior activities and lunch at Pickleweed. They greatly appreciate our work together. <p>Chair's Report: Chair Dowling:</p> <ul style="list-style-type: none"> Reminded people next month that May 5th is the ever popular Healthy Aging Symposium. We need commissioners to volunteer to help with this event. Gary Lara has developed a sign-up sheet which we'll pass around today during this meeting. Please sign-up. Reminded commissioners please register for this event. We can accept cash or check. Gary Lara has the forms available so you can register today. Urged people to consider that every year there are older adults who could use a scholarship to 	

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<p>attend this popular event. A donation of \$20 will support one participant who might otherwise not be able to attend. Please consider providing a scholarship.</p> <ul style="list-style-type: none"> • Encouraged commissioners and members of the public to attend the Aging Action Initiative convening on April 20th. It's an opportunity to learn more about the full landscape of aging related county-wide initiatives currently underway and to help us weave them together. It will be held at Embassy Suites in San Rafael from 8:30-11:30am. • Reported on the Economic Security Task Force, the fourth pillar of the Aging Action Initiative (AAI) was recently awarded a \$33,000 grant from the AAI to accomplish its goals and objectives. We are delighted that Commissioner Sharon Turner and Skip Schwartz, Executive Director of West Marin Senior Services, both of whom serve on the steering committee of the AAI, have joined this working group. • Reminded people the Commission Retreat Planning Committee will meet on April 11th at 9:00 a.m. at the office of Aging and Adult Services. • Urged commissioners to recognize Commissioner Marianne Gontarz-York's birthday today. Dowling invited other commissioners to join her at the end of the meeting to share a birthday song and cake with Commissioner York. <p>Vice-Chair Report: None</p> <p>Nominating Committee Report: Current officers were asked and agreed to serve for another year in the same positions.</p> <p>Committee Reports:</p> <p>Health and Nutrition: Chair Asimos reported:</p> <ul style="list-style-type: none"> • The next meeting will be on May 24, 2016. • The 4th Being Mortal presentation last month in Bolinas had a good turnout. • The committee is collaborating on a joint showing of Death Makes Life Possible in Point Reyes in June. 	

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<ul style="list-style-type: none"> • In FY 2016-17, the Health and Nutrition Committee hopes to focus more on nutrition. • Had quorum issues last month so Chair urged more representation from commissioners. <p>Planning: Chair Timms reported:</p> <ul style="list-style-type: none"> • The Planning Committee last met on March 17th; their next meeting is to be determined. • Thanked all the Planning Committee members who worked diligently on the Needs Assessment and Area Plan for 2016-2020. <p>Housing and Transportation: Chair Bortel reported:</p> <ul style="list-style-type: none"> • The next meeting will be on April 20, 2016. This is the same day that Aging Action Initiative will convene. • Boprtel will invite Rachael Ginis from LilyPad Homes to come to the next meeting. There is apparently some new information regarding senior second units. • Committee needs a new Chair beginning July 1, 2016. Let Chair Dowling know if you are interested. <p>Legislative Task Force: Co-Chair Bloch reported on the following:</p> <ul style="list-style-type: none"> • The next meeting will be May 6, 2016 • Legislative Committee will vote in May to support up to seven bills. This recommendation will go to the Executive Committee at their next meeting. There are 35 bills the task force has been studying. • Co-Chair Boutilier reported documents will be available in September for senior property tax postponement. <p>Editorial Board: N/A</p>	

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<p>Director's Report: Lee Pullen, Area Agency on Aging Director:</p> <ul style="list-style-type: none"> • Thanked the commission for approving the Area Plan 2016-2020. It will be presented at the Board of Supervisors meeting on May 3, 2016. • Asked Ana Bagtas, Aging Program Manager, to introduce the new dietician for Aging, Natalie Krelle-Zeponi. Natalie has been working in the field since 1997. • Reported that the Older American's Act has finally been reauthorized. The entire bill can be found by clicking the following url: Older Americans Act Reauthorization. • Reported he will go with other county directors to Washington DC in late April. One of the items is to thank local representatives for supporting the reauthorization. • Introduced Gontarz-York who gave a short report on their work with the media team. They want to do a simple but effective media campaign for Older American's Month in May. Once the Executive Committee approves this there will be an ad hoc committee set up to develop an effective strategy. Commissioner York passed a sign up sheet around for those interested in the Media Training. The commissioners included: Bedinger, Bloch, Bortel, Boutilier, Brilliant, Dowling, Lamorte, Livoti, Locks, Marchese, Monson, Smith, Timms, Marchese, Wilson <p>Commission Updates:</p> <ul style="list-style-type: none"> • Asimos (District 1); San Rafael Village is progressing; 30-35 people attended the last event. • Bedinger (District 2); continues to work on Age-Friendly Fairfax • Bloch (CSL); attended the Women's Hall of Fame event. This began many years ago by the Women's Commission. Winners included Judge Adams and Florence Williams from MCDC. • Bortel (CSL); reported Larry Meredith is now on the Marin Villages Board. He asked Pullen about ADRC which puts together resources for both the aging and disabled. Pullen reported they have been meeting with Marin Center for Independent Living for a while and have a formal MOU. The plan is to form an advisory committee to be ready when Aging and Adult Services secures funding. • Boutilier (City of Sausalito); will participate on the group outing which will charter a bus to 	

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<p>Sacramento to lobby for restoration of the cuts to the SSI cost of living.</p> <ul style="list-style-type: none"> • Brilliant (City of Mill Valley); attended the Annual City of Mill Valley Dinner. They have four new people on the commission and she will update them about the Marin County Commission on Aging. • Gontarz York (District 5); reported the AAI workshop on Dementia went well. 55 people attended. She also was able to brief the new mayor of Novato. • Livoti (City of Novato); they are looking for the oldest Novato resident. There was a Park and Rec presentation on Age-Friendly at the Novato Village recently. • Marchese (District 4); recently traveled to Southern CA for a senior conference. • Monson (District 4); has been working with the committee planning for the symposium. Registration is also available online. • Smith (District 3); reported she is stepping down as Commissioner for District 3 in June. Chair Dowling remarked how sorry she was to see Commissioner Smith leave the commission and thanked her for all of her hard work. • Timms (City of Fairfax); working on a banner for the June Fairfax Festival. • Wilson (City of Tiburon); distributed end of life toolkits to the Tiburon town manager and council members. Prior to that she alone put together 50 ends of life packets in 45 minutes. <p><i>Adjournment:</i> The meeting adjourned at 12:28 p.m.</p> <p>The next meeting will be on June 2, 2016 at Alma Via in San Rafael.</p>	