MARIN COUNTY COMMISSION ON AGING **Committee Meeting Minutes**

DATE: JUNE 16, 2016 **COMMITTEE: HEALTH & NUTRITION LOCATION**: 10 NORTH SAN PEDRO – 1019

PRESENT: Chris Asimos, Francie Bedinger, Beth Livoti, Salamah Locks, Sharon Turner, Fran Wilson, Carol Zeller, Teresa

Tooker

Guest: Kate Barnett from Kaiser Permanente and Marilyn Schlitz, Author

ABSENT: Kathleen Roach, Natalie Krelle-Zepponi

Staff: Amy Dietz & Michele McCabe

RECORDER: Amy Dietz & Michele McCabe

⇒Next Meeting July 19, 2016	
MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
Call to Order:	
The meeting was called to order at 1:05 p.m.	
Approval of the Agenda:	
The agenda was approved as written.	
Approval of the Minutes:	
The minutes of May 24, 2016 were approved as submitted.	
Open Time for Public Comment: Kate Barnett from Kaiser Permanente spoke to the group about Kaiser's plan to implement the California End of Life Option Act. Kaiser will send	
information to their members who request it. It is a much prescribed process and they will not	

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give out any materials about it to the general public.

Death Makes Life Possible Status Report:

"Death Makes Life Possible" film screening to take place on June 20th at 6:30 p.m. at the San Geronimo Valley Community Center. The Health and Nutrition Committee will set up a table with materials and have a secondary supporting role. Staff McCabe reported she will be there.

July Commission Meeting:

The committee finalized the July presentation details.

- Title of presentation: End of Life Options and Implications
- Chair Asimos will introduce the packets and stated they will be available after the presentation. She will introduce each speaker and moderate the meeting.
- Dr. Lael Duncan from the Coalition for Compassionate Care of California will speak for 15-20 minutes about the End of Life Options Act, Advanced Care Planning, POLST forms and the importance of communication.
- Marilyn Schiltz, author and social anthropologist will speak for 30 minutes about the cultural implications, taboos regarding death and the importance of consciousness.
- There will be a 10 minute question and answer period.

Next Meeting Date

The next meeting will take place on July 19th from 1:00 p.m. – 2:30 p.m.

Adjournment

The meeting adjourned at 1:55 p.m.

The Committee put together end of life decision making packets following the meeting.