

MINUTES

PUBLIC HEARING – MHSA FY2016-17 ANNUAL UPDATE

July 12, 2016

6:00 P.M. – 6:30 P.M

Followed by:

MARIN MENTAL HEALTH BOARD MEETING

Conference Room – Point Reyes

20 North San Pedro, San Rafael, CA

6:18 p.m.	CALL TO ORDER MEMBERS PRESENTS (7): Rashi Abramson, Sandra Fawn, Supervisor Katie Rice, Chris Holbrook, Everett Brandon, Maya Gladstern, Aidi-Cecilia Castro Garcia. STAFF (2): Taffy Lavie, Dr. Suzanne Tavano GUESTS (4): Sharon Jackson, Patricia Caroline, Melanie Hamburger, Tim Sakach. QUORUM: (Y)
	REVIEW/APPROVAL OF MEETING MINUTES – no quorum last meeting – no action
6:20 p.m.	OPEN TIME FOR PUBLIC COMMENT – please limit to 3 minutes per speaker <ul style="list-style-type: none">• A public member shared her experience of a perceived shortage of psychiatrists and lack of diversity in counselors. A staff member replied that a challenge exists in attracting new psychiatrists and nurse practitioners because other organizations like MGH and Kaiser have the ability to offer more competitive wages.• A same member of the public shared her experience of the limitations of only having 15 minutes to visit with a psychiatrist. A staff member replied that HHS is in the process of restructuring in order to increase the capacity for case management.
6:25 p.m.	ELECTION OF MHB OFFICERS <ul style="list-style-type: none">• Nominations from the floor<ul style="list-style-type: none">○ Maya Gladstern moved that Sandra Fawn remain Chair, Rashi Abramson remain Vice Chair, and Chris Holbrook become secretary. Supervisor Katie Rice seconded the motion. No one was opposed. Motion carries.• Ballots: Group conscience was that written ballots were not necessary and that verbal ballots would suffice as only one slate of officers was moved from the floor and no board members were opposed to this proposed slate.• Vote count and presentation of officers for 2016-17: Sandra Fawn, Chair (7 in favor, 0 opposed, 0 abstained). Rashi Abramson, Vice Chair (7 in favor, 0 opposed, 0 abstained), Chris Holbrook, Secretary (7 in favor, 0 opposed, 0 abstained).
6:33 p.m.	DISCUSSION – MERGER OF MHB AND AOD BOARDS Look at other Counties' process <ul style="list-style-type: none">• Current members of this board could benefit by reading the minutes of board meetings and/or speaking to the members of the Mental Health Board in San Mateo County.• Advisory board make-up should be reflective of the populations being served. A more holistic approach could also be beneficial.• 70% of substance abuse clients in Marin present with mild to moderate mental health concerns and 50% of mental health clients in Marin present with substance abuse concerns.• Apparently there is a friction between certain clients who receive mental health services and those clients who receive substance abuse services. Having a better understanding of this conflict could be beneficial. By becoming better

	<p>informed, the decision-making process would improve.</p> <ul style="list-style-type: none"> • Are their potential drawbacks to having HHS use the new prospective program/title name of 'Behavior Health and Recovery Services'?
7:00 p.m.	<p>MENTAL HEALTH AND SUBSTANCE USE SERVICES PRESENTATION: Dr. Suzanne Tavano</p> <ul style="list-style-type: none"> • Looking at provider space in Novato as many Medi-Cal beneficiaries reside in the Novato area. Part of an effort to bring services closer to where recipients live. • Still attempting to bring a specific Medical Addiction Specialist onboard. • Biggest challenge is finding hospital beds for those in need, all the while reducing the necessity of hospitalization. • Need to update program descriptions in literature packets.
7:28 p.m.	<p>COMMITTEE LIAISONS</p> <ul style="list-style-type: none"> • WET – M. Gladstern <ul style="list-style-type: none"> ◦ Didn't meet this month. Won't meet next month either. • PEI – R. King Abrahamson <ul style="list-style-type: none"> ◦ No report • Membership – updates <ul style="list-style-type: none"> ◦ Prospective members should fill out a board application and submit. There are online website issues with downloading board applications depending on the software browser being used. ◦ Patricia and Tim will thus be mailed hard copies by Taffy.
7:45 p.m	<p>NEW BUSINESS</p> <ul style="list-style-type: none"> • Lack of psychiatric beds <ul style="list-style-type: none"> ◦ Discussed earlier in board meeting under Dr. Tavano's report. • WRAP <ul style="list-style-type: none"> ◦ Course teaching skills to individuals who experience mental health concerns on how to best advocate for themselves during a crisis so they can receive the specific care they need. ◦ This could be a presentation topic for an upcoming agenda.
8:00 p.m.	ADJOURN
Next Meeting Dates	<p>August – no meeting Next Executive Committee meeting – 12noon, Tuesday August 23, 2016 Joint AOD/MHB Meeting – 6:30pm-8:30pm, Monday September 12, 2016 20 North San Pedro Road, Point Reyes Conference Room, San Rafael, CA 94903</p>

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Thank you for your interest and participation in the workings of the Marin Mental Health Board. If you would like more information or would like to speak with a member of the Board, please contact: Shae Cross, at 415-473-3020