

COMMITTEE: GENERAL	OCTOBER 6, 2016	LOCATION: MARGUERITA JOHNSON SENIOR CENTER MARIN CITY
PRESENT: Asimos, Bedinger, Bloch, Bortel, Brilliant, Gontarz-York, Kirshbaum, Lamorte, Livoti, Locks, Marchese, Mitchell, Peters-Janover, Silverman, Timms, Turner, Wilson		
EXCUSED: Boutilier, Dowling, Kemp, Monson, Zeller		
RECORDER: Michele McCabe		
NEXT MEETING: November 3, 2016 at Alma Via, San Rafael		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order Vice Chair Locks called the meeting to order at 11:31 a.m.</p> <p>Approval of Agenda The agenda of October 6, 2016 was approved with one correction.</p> <p>Approval of the Minutes The minutes of September 1, 2016 were approved as written.</p> <p>Open Time for Public Expression: None</p> <p>Chair's Report: Locks reported the following:</p> <ul style="list-style-type: none"> • Welcomed Commissioner Fred Silverman. Silverman, a former social worker, is active on the Aging Action Initiative and is a volunteer coordinator for the schools. • Requested commissioners to please get information to Chair Dowling about how their committees 	

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<p>are doing on their objectives by October 22nd. The Executive Committee will meet on October 24th.</p> <ul style="list-style-type: none"> • Pictures and notes from the retreat have been distributed. • In reference to health and wealth this morning, when you are brushing your upper teeth, stand on one foot and when you switch to your lower teeth stand on the other foot. • Bortel reported he and Commissioner Bloch will be gone at the CSL the week of the Senior Fair. The booth has to be staffed by commissioners in two hour time slots. Please commit to a couple of hours for staffing the booth. Bortel volunteered Vice Chair Locks to decorate booth 188 which belongs to the Commission on Aging. Age-Friendly Marin's booth is 131. Bortel will ask about having age-friendly's booth next to the commissions. The Senior Fair is October 26th from 9:00 a.m. to 3:00 p.m. <p>Vice-Chair Report: None</p> <p>Action Items: None</p> <p>Committee Reports:</p> <p>Health and Nutrition: Chair Asimos reported:</p> <ul style="list-style-type: none"> • The next meeting will be on November 29th from 1:00 p.m. to 2:30 p.m. • The new nutritionist has been working hard on health education with topics like hydration. There will be a cooking presentation at the Margaret Todd Senior Center in April that the commissioners will assist with. • The committee is responsible for the February 2nd General meeting. Carol Zeller will do a presentation on fall prevention. • The committee wants to do more end of life decision making and hand out more tool kits. • The San Rafael Village will sponsor a meet and greet at City Hall on October 20th from 5:30 p.m. - 7:00 p.m. 	

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<ul style="list-style-type: none"> • A Food Policy committee member left materials and invited commissioners to come to their meetings. <p>Planning: Chair Timms reported:</p> <ul style="list-style-type: none"> • The next meeting will be held on November 15th at the Redwoods. • Last meeting was scheduled for October 5th but was postponed due to lack of quorum. • Liaison with Sonoma County age-friendly continues. • We have a new banner for Age-Friendly Marin. • Area Plan data will be provided in late fall or early winter with community specific data. • Asked for new members to join the Planning Committee. <p>Housing and Transportation: Chair Marchese reported:</p> <ul style="list-style-type: none"> • The next meeting will be on October 19th. • This committee needs to focus on strategic planning. • Committee needs to discuss the topic for the January 5th General Commission meeting. • Leelee Thomas from Marin County Community Development Agency will come to the next meeting with statistics to share. <p>Legislative Task Force: Co-Chair Bloch reported on the following:</p> <ul style="list-style-type: none"> • The next meeting will be Friday October 21st. • Legislative report was distributed • SSI bill was vetoed. Someone needs to put it forth again. • Asked for potential new members to check out the Legislative Task Force. We need new blood. Input is needed from the entire commission. • Reminded commissioners that you have seen real hospitality here in Marin City. Bloch thanked Commissioner Turner and the staff of the Marguerita Johnson Senior Center for hosting today's meeting. 	

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<p><i>Editorial Board: N/A</i></p> <p>Director’s Report: Lee Pullen, Area Agency on Aging Director reported:</p> <ul style="list-style-type: none"> • The C4A Board Retreat was held in Petaluma on September 28th – 30th. They decided to advocate for the following items in 2017: <ul style="list-style-type: none"> ▪ Nutrition ▪ SSI reform ▪ Funding for the Long-Term Care Ombudsman ▪ State support of the Aging and Disability Resource Connection (ADRC). In Marin we have partnered with the Marin Center for Independent Living (MCIL). • Discussions are continuing about homelessness and economic security. It’s clear that these are issues state wide. • The California Commission on Aging (CCOA) will be in Los Angeles holding a hearing on poverty and economic insecurity at the C4A conference in November. • We would like commissioners to consider whether they want non-staff and chairperson communications. The thinking is that those commissioners who want information about news articles or events could opt-in and share email addresses with each other. • Next month, Health and Human Services Director Grant Colfax will be here to talk about the Strategic Plan and Health and Human Services. • Welcomed new Commissioner Fred Silverman. Pullen has worked with him on the Aging Action Initiative. • Pullen will meet soon with Leslie Klor and Marin Housing. • The Live Long, Live Well Marin campaign will soon be displaying bus stop posters to raise awareness of Marin County’s Aging and Adult Services, the Commission on Aging and the work done by both parties. <p>Asimos (District 1) – thanked Commissioner Wilson for everything; especially all the hard work on the</p>	

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<p>Health Committee.</p> <p>Bloch (CSL) - introduced Florence Williams who helped put this meeting together.</p> <p>Bortel (CSL) - Choices for Living will be distributed at the Senior Information Fair; reminded everyone that the most updated version is online. Choices for Living is the most requested County publication. Bortel asked if one-time only funds could be used to print a shared housing brochure.</p> <p>Brilliant (City of Mill Valley) - spoke about the Marin Disaster Coalition. Marin Community Foundation is talking about disaster preparedness groups in five areas. Commissioner Brilliant's husband has written a book that was just published entitled "<i>Sometimes Brilliant.</i>" He will be speaking at Book Passages in Corte Madera on Sunday October 16th.</p> <p>Gontarz York (District 5) - stated that age-friendly did a good job in Novato.</p> <p>Lamorte (City of San Anselmo) - reported that both she and the City of San Anselmo are trying to find a replacement for Conn Hickey. No luck yet.</p> <p>Locks (City of San Rafael) - proclaimed "One more time, everyone please sign up at the Senior Fair!" The retreat was really good and had some productive team building.</p> <p>Marchese (District 4) - stated the new Town Manager of Corte Madera has been part of age-friendly so that has to be a good thing.</p> <p>Fred Silverman (District 3) - reported that he was so sorry to miss the next meeting but he'll be travelling.</p> <p>Timms (City of Fairfax) - reported in public comment at the Fairfax Town Council meeting to encourage community and council to attend today's commission meeting as well as the Marin Senior Information Fair. Age-Friendly Fairfax will have a retreat on October 25th.</p>	

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<p>Turner (District 3) - remarked she really loved the retreat. Thank you to the retreat planning committee.</p> <p>Wilson (City of Tiburon) - This is my last meeting. I love you all and really will miss you. The Town of Tiburon will begin advertising the vacancy starting this week.</p> <p>Adjournment: The meeting adjourned at 12:20 p.m.</p> <p>The next meeting will be on Thursday November 1, 2016 at Alma Via in San Rafael.</p>	