

<b>COMMITTEE: GENERAL</b>	<b>JANUARY 5, 2017</b>	<b>LOCATION: SAN RAFAEL COMMUNITY CENTER</b>
<p><b>PRESENT:</b> Asimos, Bloch, Bortel, Boutilier, Brilliant, Dowling, Gontarz-York, Kirshbaum, Lamorte, Livoti, Locks, Marchese, Mitchell, Silverman, Timms, Turner, Zeller</p> <p><b>EXCUSED:</b> Bedinger, Monson, Peters-Janover</p>		
<p>RECORDER: Michele McCabe</p>		
<p>NEXT MEETING: February 2, 2017 – Tiburon Town Hall Chambers</p>		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
----------------	--------------------------------------

<p><b>Call to Order</b> Chair Dowling called the meeting to order at 11:20 a.m.</p> <p><b>Approval of Agenda</b> The agenda of January 5, 2017 was approved with one addition.</p> <p><b>Approval of the Minutes</b> The minutes December 1, 2016 were approved as corrected.</p> <p><b>Open Time for Public Expression:</b></p> <ul style="list-style-type: none"> <li>• Kat Russo from United Way introduced herself and the new Volunteer Tax Preparer Program. More information can be found at <a href="http://www.earnitkeepitsaveit.org/">http://www.earnitkeepitsaveit.org/</a>.</li> <li>• Linda Jackson from the Coalition for a Livable Marin (CALM) spoke about their goals for livable sustainable housing in Marin. More information can be found at <a href="http://www.livablemarin.org/">http://www.livablemarin.org/</a>.</li> </ul>	
--	--

**Chair's Report:** Dowling reported the following:

- Reminded committee chairs that Area Plan objectives for FY 17-18 are due by the end of January.
- Urged commissioners to read the book recently published by Larry Brilliant, husband of Commissioner Girija Brilliant. More information can be found at <http://www.larrybrilliant.com/>.

**Vice-Chair Report:** None

**Action Items:** None

**Committee Reports:**

**Health and Nutrition:** Chris Asimos reported:

- The next meeting will be on Thursday, January 19, 2017 from 11:00 a.m. – 1:00 p.m.
- Asimos and other members of the Health and Nutrition Committee will be attending the Advanced Care Planning Initiative meeting on Wednesday January 18, 2017 in Point Reyes Station.
- Members of the committee will be working with AAA Dietitian Natalie Krelle-Zepponi on a presentation at Margaret Todd Senior Center in Novato.
- Carol Zeller will present at the February Commission on Aging meeting in Tiburon.
- Attended the December 5, 2016 Mental Health Service Act (MHSA) forum at Pickleweed. There was no opportunity to present or speak to senior issues directly because the entire meeting was scripted.

**Planning:** Chair Timms reported:

- The next meeting will be held on Thursday, January 12, 2017 at the Redwoods.
- The Age-Friendly task force met earlier today and checked in regarding the progress for the March 2nd Commission meeting at the Larkspur Central Marin Police Authority. The meeting will be hosted by the Planning Committee who will present on age-friendly.

**Media:** Chair Gontarz-York reported:

- Members are needed for this ad hoc committee. Jim Mitchell volunteered.
- All General Commission meetings are now posted on the Live Long, Live Well Marin website at: <https://aging.marinhhs.org/>.

- The Live Long, Live Well Marin website is up and running.
- Chris Mai, Health and Human Service (HHS) Media Team member who helped a lot with the Live Long, Live Well campaign has left the County due to relocation to another state.
- The Live Long, Live Well Marin campaign had a short bus stop ad runs in October/November. A second round of advertisements will be done in March or May for Older American's Month.
- The HHS Media Team conducted two trainings last year to be spokespersons for the Live Long, Live Well campaign. Media Team's Cicily Emerson can do additional training sessions if requested. There are 13 commissioners who have not attended the Media Training. More commissioners should be trained on communication. This will be a focus in the next fiscal year.

***Housing and Transportation:*** Ralph Marchese reported:

- The next meeting will be on Wednesday, January 18, 2017 from 1:30 p.m. - 3:30 p.m.
- Requested feedback from Commissioners on today's presentation. Stated that building blocks for housing strategies are needed and asked the group to look at gaps in services.
- The Housing and Transportation Committee and Commission need to support affordable senior housing.
- Jon Gaffney has left Marin Transit and is now at Golden Gate Transit. He's been a great community member of this committee and need to keep him on if possible.

***Legislative Task Force:*** Ellie Bloch reported on the following:

- Encouraged everyone to check out a wonderful article about Marin Villages in the *Ark* newspaper.
- Recently handed out cookies to senators and their staff during a recent trip to Sacramento. This gesture paid off because when Bloch called to make appointments with various legislative bodies, people remembered the "lady with the cookies."
- The next meeting of the task force will be on January 6, 2017.
- The California Senior Legislature will be getting a name change via legislation.

***Co- Chair Sybil Boutilier*** reported on the following:

- Task Force met with Assemblyman Levine and State Senator McGuire on Thursday, December 15 at 2:00 p.m. It was a very productive meeting.
- The Governor's budget comes out on January 10.
- The Legislative Task Force is looking for at least two community members who have an interest in

public policy, legislation and advocacy.

***Editorial Board: N/A***

**Director's Report:** Lee Pullen, Area Agency on Aging Director reported the following:

- Wished everyone a Happy New Year.
- C4A will have a full advocacy day in Sacramento on Thursday, February 23, 2017.
- No one knows what will happen at the federal level post-election. Encouraged everyone to continue to be involved and to pay attention.
- Reminded everyone there is \$5,000 in available funding for communities wanting to get the Age-Friendly designation. To date, the Town of Fairfax and the City of Larkspur have been the only applicants to receive funding. The City of Sausalito received the Age-Friendly designation prior to this grant becoming available. It is possible for designated cities to apply for funding to implement Age-Friendly projects.
- Thanked Aging staff Ana Bagtas, Amy Dietz, and Natalie Krelle-Zeponi for rolling out a vegetarian option in the Home-Delivered meal program.
- Responded to a question from Commissioner Bortel and had staff explain changes to the Congregate Meal Program for the central Marin sites, which is now a direct service of the Area Agency on Aging. Most changes are with the administration and ordering. These changes are behind the scenes and should have minimal impact on consumers.
- The Aging Action Initiative (AAI) is in contract negotiations following the RFP for someone to direct the program. There is nothing to report at this time.

***Commission Updates:***

Livoti: Age-Friendly Novato is making progress. Twenty-five people attended the Novato Village luncheon. Feb 15, 2017 will be Health Services Day at Margaret Todd Senior Center in Novato.

Timms: spoke about the Fairfax Victory Village project and upcoming hearings at Fairfax City Counsel and Fairfax Planning Commission. Timms asked for individual support letters regarding this project. Marchese asked about the specific protocol to support housing projects in Marin. Staff indicated that the support of Fairfax Victory Village project would be discussed at tomorrow's Legislative Task Force

meeting.

Mitchell: surprised to find that the number of seniors in Belvedere is almost 50%. He will be meeting with the new city manager soon.

Locks: conducted a FAST presentation at Margaret Todd Senior Center. People wanted more examples of scams to avoid. Locks also spoke about the Department of Motor Vehicles (DMV) Senior Ombudsman program. More information can be found at:

[https://www.dmv.ca.gov/portal/dmv/?1dmy&urile=wcm:path:/dmv\\_content\\_en/dmv/about/senior/senior\\_ombudsman](https://www.dmv.ca.gov/portal/dmv/?1dmy&urile=wcm:path:/dmv_content_en/dmv/about/senior/senior_ombudsman).

Boutilier: reported on the Area Agency on Aging Council of California. Two new reports were mentioned. The State COA Report *Aging Women and Poverty* which can be found at:

<http://www.ccoa.ca.gov/Initiatives/AgingWomenAndPoverty/> and the CA Legislative Counsel report on Disability and Seniors which can be found at <http://www.lao.ca.gov/Publications/Report/3509>.

Bortel: parking for the February 2 Commission meeting at the Tiburon Town Hall should be okay if you show up before 10:00 a.m.

Asimos: attending and Institute on Aging presentation in San Francisco on January 10, 2017 by Dr. Elizabeth Blackburn.

Silverman: announced he is joining the Health and Nutrition Committee.

Marchese: asked about the specific protocol to support housing projects in Marin. Staff indicated the Fairfax Victory Manor project would be discussed at tomorrow's Legislative Task Force meeting.

**Adjournment:** The meeting adjourned at 12:25 p.m.

The next meeting will be on Thursday February 2, 2017 at Tiburon Town Hall.