

<b>COMMITTEE: GENERAL</b>	<b>FEBRUARY 2, 2017</b>	<b>LOCATION: TIBURON TOWN HALL</b>
<p><b>PRESENT:</b> Asimos, Bedinger, Bloch, Bortel, Brilliant, Dowling, Gontarz-York, Locks, López, Marchese, Mitchell, Monson, Silverman, Timms, Zeller</p> <p><b>EXCUSED:</b> Boutilier, Kirshbaum, Lamorte, Livoti, Turner</p> <p><b>VACANT:</b> District 2, District 5, City of Tiburon</p>		
RECORDED: Michele McCabe		
NEXT MEETING: March 2, 2017		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
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<p><b>Call to Order</b> Chair Dowling called the meeting to order at 11:17 a.m.</p> <p><b>Approval of Agenda</b> The agenda of February 2, 2017 was approved.</p> <p><b>Approval of the Minutes</b> The minutes of January 5, 2017 were approved.</p> <p><b>Announcements</b> Please use the microphone in front of you or on the side.</p>	
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**Open Time for Public Expression:** None

**Chair's Report:** Dowling reported the following:

- Introduced Diana López and welcomed her to the commission.
- Nancy Peters-Janover has resigned as a commissioner. Nancy served 9 ½ years on the commission. Flowers and a card were sent to honor her tenure.
- There are three commissioners on the Nominating Committee: Bortel, Bloch and Brilliant. Please speak to them if you would like to run for office.
- With respect to disseminating non regular committee or commission electronic information with the other commissioners, there is a sign up list going around for parties interested in receiving these types of communications. Please sign up if you would like to receive emails from other commissioners about events, articles or announcements.
- Money Matters – on February 7<sup>th</sup> the director of Sparkpoint will present as well as Jane Winters from the YWCA. This is the first activity in the new cycle of the Aging Action Initiative.
- The commission wrote a letter of support to Fairfax Planning regarding Victory Village in Fairfax. It is important for us to continue to advocate for affordable senior housing. We will keep you up to date on what's happening. Please put your name on the second sign up list being distributed.

**Vice-Chair Report:** None

**Action Items:** None

**Committee Reports:**

**Health and Nutrition:** Chair Asimos reported:

- The next meeting will be on Thursday March 16, 2017 from 11:00 a.m. – 1:00 p.m. at 10 North San Pedro Road in conference room 1019.
- It was a great presentation today. Many thanks to Commissioner Zeller.
- The committee will do a presentation with the AAA dietician on food safety in April at Margaret Todd in Novato.

- The committee will be looking for issues on Mental Health and Dementia for which to advocate.

**Planning:** Chair Timms reported:

- The next meeting will be held on Thursday February 9, 2017 from 2:30 p.m. – 4: 00 p.m. at the Redwoods.
- The Planning Committee has gone from five to three members. More members are needed.
- At the last meeting, we worked on objectives for FY 2017-18. We will also be reviewing all the committee objectives for FY 2017-18.

**Ad Hoc Media:** Chair Gontarz-York reported:

- The committee met yesterday. Media training will be offered soon. Only 13 of the current 20 commissioners have taken the training.
- A tool kit for working with the media is in development.
- Jim Mitchell reported that he met with Belvedere Officials to see how he can best fulfill his purpose.
- Mitchell got the ARK Newspaper on board. He also has a connection with the IJ. Mitchell will help get the word out about the work of the commission.

**Housing and Transportation:** Chair Marchese reported:

- The next meeting will be on Wednesday March 15, 2017 from 1:00 p.m. - 3:00 p.m.
- The focus will be on the support of Victory Village.
- There is a housing crisis meeting tonight that will elevate dialogue.
- The committee needs to focus on advocacy for affordable senior housing in Marin.
- Lillypad Homes received a major grant from the Marin Community Foundation.
- We need to work on the relationship between local zoning and the Housing and Transportation Committee.
- Mill Valley's new mayor is making affordable housing a priority.

**Legislative Task Force:** Chair Bloch reported on the following:

- The next meeting will be tomorrow on February 3, 2017.

- Things in Sacramento are proceeding slowly. The last day to introduce a bill is February 17, 2017.
- Michelle Garcilazo from Jared Huffman's office will join the Legislative Committee. We will now have two California State Legislative Aides and one Federal Legislative Aide on the committee.

***Editorial Board: N/A***

**Director's Report:** Lee Pullen, Area Agency on Aging Director reported:

- Welcomed Commissioner López.
- Provided an update on the Aging Action Initiative (AAI). The AAI was happy to select Linda Jackson as the Project Director for the AAI. Marin Space will continue to provide assistance.
- February 23<sup>rd</sup> is Capitol Day in Sacramento for the AAA Directors. Pullen will be leaving at 7:00 a.m. if any of the commissioners want to go with him. They will be hearing from the State Finance Director as has happened in previous years along with other administration and legislative staff. A question was raised from the commission about the deficit and the two billion dollar accounting error in Medi-Cal. Pullen noted that this would likely be spoken about during Capitol Day.

***Commission Updates:***

Asimos: San Rafael Village is progressing.

Bedinger: Age-Friendly Task Force in Fairfax has been approved for the next level. She attended a Fall Prevention meeting at Marin General Hospital.

Bloch: Recently returned from Boston where she got to watch her granddaughter swim.

Bortel: If anyone would like to get involved with the Buck Institute please see me. May 11, 2017 is Senior Rally Day in Sacramento. Bortel also attended the Paratransit Coordinating Committee recently. The big news is that Catch a Ride has finally found an accessible cab for Marin. Noted we are still looking for a Commissioner to represent Tiburon.

Brilliant: Attended a meeting at the Mill Valley Community Center regarding what we can do now with government in such a state. There is too much fear and distrust to get anything accomplished. The best we can do is to work locally person to person, face to face trying to find common ground.

Gontarz-York: Age-Friendly is going well in Novato. She met with the Mental Health Services Act Committee (MHSA). Some people on the committee seem to feel that cognitive issues are the only ones that seniors have. An Evening with Ashton Applewhite, Author & Activist will be speaking at Institute on Aging in San Francisco on February 12<sup>th</sup> from 7:00 p.m. - 8:30 p.m. The talk is free for those 65 and over.

Locks: Aegis has now become Sunrise Senior Living.

López: Attended the Legislative Task Force meeting last month and talked to people about supporting Victory Village. As a new commissioner she was asked to tell something about herself. She told the group that she has seven children and 14 grandchildren. She worked at Kaiser for a long time but is now working as a patient navigator. She volunteers as a HICAP counselor.

Marchese: Stated the commission needs ideas to broaden perspective and needs to get the 50+ people coming to presentations and meetings. Intergenerational living is fading out and that's a shame. Age-Friendly Corte Madera is going strong. The new buzz word in the Marin community is localism.

Mitchell: There is a recent New York Times article that everyone should read. It states that seniors are living longer and are healthy longer while aging in place.

Monson: Enjoyed the White Caps luncheon. Work on the Healthy Aging Symposium in May continues. The theme will be "Intimacy for Healthy Living."

Silverman: Joined the Health Committee officially. He continues his volunteer work in Marin City. They took students on a bus to see the movie "*Hidden Figures*" in Tiburon. A good time

was had by all.

Timms: Please continue advocating for Victory Village. The next town council meeting will be the evening of March 1, 2017.

Zeller: Corte Madera Age-Friendly web site is up and now being promoted.

**Adjournment:** The meeting adjourned at 12:26 p.m.

The next meeting will be on Thursday March 2, 2017 at Central Marin Police Authority in Larkspur.