

MINUTES
MARIN MENTAL HEALTH BOARD MEETING
Tuesday, December 13, 2016
6:00pm - 8:00pm
Conference Room – Point Reyes
20 North San Pedro, San Rafael, CA

6:00 p.m.	<p>CALL TO ORDER, INTRODUCTIONS and Call for Quorum Staff (2): Taffy Lavie, Dr. Suzanne Tavano. Board Members (7): Supervisor Katie Rice, Sandra Fawn, Chris Holbrook, Rashi Abramson, Maya Gladstern, Everett Brandon, Aida-Cecilia Castro Garcia. Presenters (2): Marisa Smith, Leah Fagundes (WRAP). Other Guests (2): Patricia Caroline, Mark.</p>
6:05 p.m.	<p>REVIEW/APPROVAL OF OCTOBER MEETING MINUTES</p>
6:10 p.m.	<p>OPEN TIME FOR PUBLIC COMMENT – please limit to 3 minutes per speaker</p> <ul style="list-style-type: none"> • No public comment.
6:15 p.m.	<p>BEHAVIORAL HEALTH AND RECOVERY SERVICES REPORT Dr. Suzanne Tavano</p> <ul style="list-style-type: none"> • Reported on current thinking about affordable care act and mental health act. • If repealed, 20MM (maybe 30MM) at risk of losing coverage. • County is being cautious but not overly reactive. • Interesting anecdote is that increased attention at the national level is being paid to behavioral health and substance use services. • ‘First-Episode Psychosis’ programs are effective in early prevention/intervention. • Treating behavioral health issues has greatest impact of reducing overall health care costs.
6:20 p.m.	<p>WRAP presentation - Marisa Smith and Leah Fagundes</p> <ul style="list-style-type: none"> • Wellness Recovery Action Plan. Started nationally in 1997 by a conference of several dozen individuals with lived-experience. • Implementation of this program in Marin County was vital. • Equally vital to continue maintaining this program. • Discussed process of becoming certified to facilitate groups. • Facilitating (3) 10-week groups per year in Marin. • 5 components: Wellness toolbox, daily maintenance plans, triggers and early warning signs, breaking-down, and crisis. • Current presenter has graduated approximately 14 total people. Some more than once. • Outreach conducted at Marin General Hospital outpatient, Voyager Carmel, Downtown Streets Program. Most participants come from Enterprise program. <p>Supervisor Rice - RX Safe Annual meeting, the Prevention Hub and the 21st Century Cures Act</p> <ul style="list-style-type: none"> • Monies authorized for multiple national entities. • Bill also strengthens existing laws around insurance: privacy concerns, etc. • More money towards prevention and addiction. • Marin Prevention Network interested in concentration on youth drug prevention: social ordinance laws, creating more communication within schools, etc. • A more recent, local phenomenon is the increase of adults drinking at local youth sports events. • RX Safe is now 3-years old. Take-back locations will expand throughout the County.
7:00 p.m.	<p>COMMITTEE LIAISONS</p> <ul style="list-style-type: none"> • AOD – C. Holbrook <ul style="list-style-type: none"> ◦ DJ Pearce staff report: Looking to produce a printout providing information on ‘what to do now’ that Marijuana is legalized in the County.

	<ul style="list-style-type: none"> ◦ Waiver for Drug Medi-Cal expansion targeted for approval in January 2017. ◦ Helen Vine detox is continuing their moving process. Tentative move date is September 2017. County will be purchasing 19.5 beds of the 26 beds available. ◦ Presentation on Muir Wood Adolescent & Family Services treatment program by Dina Enberg and Lisa Molbert. ◦ RxSafe Marin event on Dec. 9th 1:00-5:00pm at MCOE. ◦ Recommended the appointment of Jean Hayes, Corey Dodge and Maite Duran to the BOS. ◦ Discussion of AOD/MHB Merger: limited discussion tonight. Mark, however, would like to continue to keep this discussion/business item on the agenda. ◦ Alcohol Justice is looking to create/expand a statewide coalition, CAPA: California Alcohol Policy Alliance. • WET – M. Gladstern <ul style="list-style-type: none"> ◦ No report • PEI – R. King Abrahamson <ul style="list-style-type: none"> ◦ No report • Membership – discussion, potential new members, applications <ul style="list-style-type: none"> ◦ Perhaps the time of this meeting is not the best. ◦ Patricia has found a potential candidate who might be interested.
7:15 p.m.	NEW BUSINESS/FUTURE AGENDA ITEMS <ul style="list-style-type: none"> • Action Item – Vote to remove Narayan Khalsa from the Board <ul style="list-style-type: none"> ◦ Moved by Chair. Seconded by Maya. 7 ayes. 0 naves. • Celebrating the Uncelebrated scheduled for May 4, 2017 <ul style="list-style-type: none"> ◦ The AOD board is interested in helping. Can discuss further at the future January 2017 joint AOD/MHB meeting. • Board member announcements/updates and items for future agenda
8:00 p.m.	ADJOURN
Next Meeting Dates	Next meeting- Joint MHB-AOD, Tuesday, January 10, 2017 Next Executive Committee meeting - Joint – 12noon, Tuesday December 27, 2016 20 North San Pedro Road, Point Reyes Conference Room, San Rafael, CA 94903

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