### MINUTES SUMMARY

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#### Agenda
Chair Dowling called the meeting to order at 10:45 a.m. after the quorum was met. The agenda was approved as written.

#### Minutes
The February 27, 2017 minutes were approved as written.

#### Public Comment
None
## Chair’s Report

Chair Dowling reported the following:

Michael Hagerty was appointed by the Board of Supervisors to represent District 5. Hagerty replaces the vacancy left by Nancy Peters-Janover. Commissioner Hagerty is a Ph.D. psychologist.

Judi Kirshbaum has resigned her commission seat with the City of Larkspur. Judi sent a letter of resignation to the city so they can begin to advertise for a new commissioner. Chair Dowling initiated a “sunshine fund” with the commission in order to collect money to purchase flowers for Commissioner Kirshbaum. Dowling noted the sunshine fund collection will start immediately upon announcement at the April business meeting.

Dowling noted five commissioners have not completed the required ethics training. If you are one of them, please comply with this required training by April 15th.

Dowling and Commissioner York conducted a phone conversation with Health and Human Services Director Grand Colfax to discuss the opportunity for Commissioner York to sit on the Mental Health Advisory Board in order to represent the needs of older adults. Commissioner York and another social worker have applied for this seat on the committee. The goal of participating on the committee is to provide input about mental health services and the decisions made on behalf of older adults. Dr. Colfax appreciated the phone call and was open to the ideas expressed by Commissioners York and Dowling. As a follow-up to this conversation, a focus group consisting of members of the Mental Health Advisory Board and the Commission on Aging will meet later today in conference room 1018 at 10 N. San Pedro Rd.

Dowling notified the executives of the advocacy letter in support of AB 550 for Long-Term Care Ombudsman program funding. Due to the fast turnaround time, the letter was sent last week on behalf
A new commission photo will be taken by the Health and Human Services’ Media Team at the next General meeting on April 6th. Gary will notify the commissioners in advance.

**Director's Report:**

Lee Pullen reported the following:

The 4th convening of the Aging Action Initiative will take place this Wednesday from 1:00p.m. to 4:30p.m. at the Embassy Suites in San Rafael. Marin County Supervisor Kate Sears will make some opening comments. Eli Gelardin, Executive Director of Marin Center for Independent Living will provide closing remarks.

Pullen provided clarification regarding funding for Aging’s “Home Delivered” meal program. These funds are not from block grants so the money is not in jeopardy of being cut.

Whistlestop is a member of the Meals on Wheels program which is separate funding from Marin County Aging and Adult Service’s meal programs.

**Action Item:**

None

**Discussion Items:**
### Speaker Locations for FY 2017-18:

Dowling noted the General commission meeting calendar for the current fiscal year has been finalized. The Executive Committee will now focus on finalizing assignments of committees for the meeting schedule for fiscal year 2017-18. The following is the schedule:

- **July**: Aging Action Initiative Update with Linda Jackson as the presenter
- **September**: California Commission on Aging (CCOA): Sandi Fitzpatrick and the Chair of the CCOA will be having a planning call in the coming weeks with Lee and Gary to discuss specifics.
- **October**: Assigned to the Planning Committee
- **November**: Assigned to the Housing and Transportation Committee
- **December**: Legislative update for 2018
- **January**: Assigned to Health and Nutrition Committee
- **February**: Ad Hoc Communications Task Force
- **March**: Assigned to Housing and Transportation Committee
- **April**: Public Hearing for the Area Plan Update
- **May**: Healthy Aging Symposium
June: Assigned to Health and Nutrition Committee

Commissioner Locks inquired if any feedback had been provided regarding the new venue locations for this year’s General meetings. Dowling noted there has not been a discussion; however, the consensus was that Temple Rodef Sholom in San Rafael was really successful as a meeting venue and the Central Marin Police Authority in Larkspur was great. The commission did not go to West Marin this year so we need to make it a point to conduct a meeting there next fiscal year in San Geronimo.

Pullen noted at the present time, it is not viable for Health and Human Service’s Director Grant Colfax to be scheduled to provide an update on the strategic plan given the other topics and dates already selected.

Commissioner York noted the Ad Hoc Committee’s campaigns (fall prevention and brain health) are still a work in progress. One suggestion is to have Dr. Marian Diamond speak about brain health. More information can be found on her website at this url: http://lunaproductions.com/marian-diamond/. Commissioner Locks felt this would be an excellent speaker opportunity for the 2018 symposium.

Chair Dowling summarized the procedure for planning the General meetings. Since each month is assigned to a specific committee, it will be the committee Chair’s responsibility to plan the entire meeting with the lead staff from Aging (McCabe or Dietz). Planning includes selection of the venue and a site inspection prior to booking the space if this is the first time the commission will be conducting a meeting at the proposed site. Any usage agreements for venues will be handled by McCabe and Dietz.
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<td><strong>Committee Reports</strong></td>
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<td><strong>Planning</strong>: Commissioner Boutilier was delayed to the meeting due to traffic. Pullen noted that he and Program Coordinator Amy Dietz are preparing the presentation for the Area Plan update on April 6th. Boutilier noted the Planning Committee reviewed the Area Plan update last week. The committee talked about the presentation to the commission and how goals can address the issue of isolation among older adults as well as other issues. Boutilier confirmed that the Planning Committee will accept the General meeting assignment of October 5, 2017 which will help them in achieving their goals and objectives for the coming fiscal year. San Geronimo Valley Community Center was suggested as a venue.</td>
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<td><strong>Health and Nutrition</strong>: Commissioner Asimos noted the committee is ahead of reaching their goals and objectives for this fiscal year. The committee finally received a confirmation from Dr. Suzanne Tavano to participate on the panel for the June 1st General commission meeting at Marin Valley Mobile Country Club in Novato. Asimos was sorry to hear that Aging Nutritionist Natalie Krelle-Zeppponi resigned her position with Aging; however, it was noted by Gary that Natalie will continue to work with the commission on a contractual basis starting April 1st. Things have been busy with the San Rafael Village. Sparkie Spaeth, retired HHS Public Health employee, had a meeting with the age-friendly initiative. San Rafael plans to move forward with their application with the World Health Organization (WHO).</td>
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### Housing and Transportation

Commissioner Marchese noted that Commissioner Boutilier contacted Jon Gaffney to request his return to the committee as a member of the public. Gaffney respectfully declined for practical reasons.

A housing conference is scheduled for Wednesday, April 5th from 9:30 a.m. to 4:30 p.m. at the Marin Center Showcase Theater. Please see the following url for specifics: [http://marinequitycoalition.org/images/pdf/affh_conference_2017.pdf](http://marinequitycoalition.org/images/pdf/affh_conference_2017.pdf).

Whistlestop is currently seeking a replacement to fill the position of Transportation Executive.

Workshops focused on mobility training will be offered by key players from Whistlestop. The goal is to train older adults on how to navigate the public transportation system. Marchese would like to take this opportunity to the full commission to see who would like to participate. Available training dates are forthcoming. The Housing and Transportation Committee will identify people at the community level who would like to receive this training. Marchese will write a letter to coordinate a possible training session in June with the outreach coordinator of the Sonoma-Marin Area Rail Transit (SMART).

Dowling asked Commissioner Marchese if there was anything he needed from the Executive Committee in order to move forward with this proposed training. Marchese noted he has everything he needs in order to move forward. The Executive Committee expressed interest in participating.

### Legislative Task Force

Commissioner Boutilier noted their next meeting is Friday, April 7th. During the last meeting, the task force conducted the process of assigning bills to different members for review.
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Commissioner Diana López is the newest member of the task force.

H&HS Director Grant Colfax asked the task force to put forward the bill on mental health.

The Social Security COLA bill will continue to be watched and supported by Commissioner Boutilier. At the State level, single payer health is an exciting possibility. Boutilier and Chair Dowling worked on a support letter with Ana Bagtas in support of AB 550 for Long-Term Care Ombudsman funding.

- **Ad Hoc Communications/Task Force:** Commissioner York noted the task force is meeting once a month from February thru July. Commissioner Bedinger has joined the committee.

  The spokesperson training for the commissioners is confirmed for Tuesday, May 23rd from 1:00p.m. to 4:00p.m. at 20 N. San Pedro Rd. Commissioner Monson has agreed to give a brief presentation at the April 6th General meeting which will serve as a presentation model for the other commissioners. Pullen noted this presentation should be noted on the General agenda.

  York noted that rerunning the 1 in 4 poster campaign is not cost effective. Instead, the committee will distribute 8 and ½ size flyers at the symposium in May.

  York and Bedinger will continue researching campaigns for fall prevention and brain health.

  The next meeting of the task force will be on Monday, April 3rd from 1:00p.m. to 2:00p.m.

**New Business/Other:**

The meeting adjourned at 11:57 a.m. The next meeting is Monday, April 24, 2017 from 10:30 a.m. - noon.