

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

COMMITTEE: HEALTH & NUTRITION	DATE: JUNE 6, 2017	LOCATION: 10 NORTH SAN PEDRO – 1018
<p>PRESENT: Chris Asimos, Beth Livoti, Fred Silverman, Carol Zeller, Francine Bedinger</p> <p>ABSENT: Sharon Turner, Diana López, <i>Fran Wilson, Teresa Tooker, Helen Chen</i></p> <p>Staff: Amy Dietz</p>		
RECORDER: Amy Dietz		
⇒ Next Meeting: August 22; 1:30 – 3:30; 10 N San Pedro, Suite 1018		
MINUTES SUMMARY		ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order: The meeting was called to order at 1:35 p.m. by Chair Asimos.</p> <p>Approval of the Agenda: The agenda of June 6, 2017 was approved as written.</p> <p>Approval of the Minutes: The minutes of the April 18th meeting were amended to include the attendance of Diana López.</p> <p>Open Time for Public Comment: N/A</p>		

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Chair's Report:

- Chair Asimos discussed the ongoing efforts of San Rafael to become an Age-friendly Community.

Age Friendly Movement:

- Beth Livoti announced that a leader of the AARP would be presenting an award to the City of Novato for becoming an Age-friendly community.
- The AARP may have ongoing grants for communities wishing to become Age-friendly.
- The group asked about the status of the County of Marin pursuing an Age-friendly designation. Staff member Dietz recommended this be brought up in the Executive Committee meeting.

Debrief June 1, 2017 Commission Meeting:

- Committee members felt the General Commission meeting of June 1st went very well.
- The committee thought speakers could each have used more time as they had rich topics of presentation.
- The next Health and Nutrition MCCOA meeting will focus more on dementia/ cognition and less on the mental/ emotional health and well-being.

MCCOA Meeting Planning:

- The committee noted the upcoming meeting on dementia and cognition should focus more on the issues and possible prevention and treatment.

Objectives 17/18:

- The Committee discussed new venues/ times for End of Life presentations in the community.
- Carol Zeller will write an article re: dementia for the winter issue of the Great Age newsletter.
- The June 7, 2018 Commission meeting will be held at the San Geronimo Valley Community Center.

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Staff Nutrition Report:

Staff Amy Dietz reported the following:

- Natalie Krelle-Zepponi will be presenting at Marguerita Johnson on the topic of food safety on Wednesday, June 21st. Committee members are welcome to attend.
- Dietz will create a list/ sign-up for committee members to attend Congregate meals in FY 17/18.
- There is an LGBT group that has expressed interest in hosting a congregate meal on Fridays. Dietz will update the committee with news as it becomes available.

Next Meeting Date:

TBD

Adjournment

The meeting adjourned at 3:00 p.m.