**COMMITTEE:** PLANNING  
**DATE:** July 18, 2017  
**LOCATION:** The Redwoods: 40 Camino Alto, Mill Valley, CA 94941

**PRESENT:** Jody Timms, Girija Brilliant, Sybil Boutilier  
**EXCUSED:** Lenore McDonald

**RECORD:** Amy Dietz

**NEXT MEETING:** TBD

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**Call to Order:**  
Chair Timms called the meeting to order at 3:04 p.m.

**Agenda Approval:**  
The July 18 agenda was approved as written.

**Meeting Minutes Approval:**  
The March 23, 2017 minutes were approved as written.

**Open Time for Public Expression:**

**Chair’s Report:**
- Chair Timms reported that there are two Age Friendly events taking place in San Francisco on July 24: 1. A speech from Dr. Goodman at the Commonwealth Club; 2. The International Age Friendly reception. The AAA will reimburse Commissioners who wish to attend Dr. Goodman’s talk at the Commonwealth Club.
- Director Pullen will have a preliminary meeting with members of city/town Age Friendly Taskforces to explore the designation of Marin County as being Age Friendly. Commissioner Brilliant was invited to attend as an interested party.
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<td><strong>MCCOA October Meeting Planning:</strong></td>
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| • The topic for the October Commission meeting will be “Social Connection and Isolation”  
  o Chair Timms has been in contact with the co-author of the book, “Connecting with Socially Isolated Seniors.” The committee would like to have Dr. McCall present. (30 mins)  
  o The Committee decided to begin the presentation with a slide containing local data. (10 mins)  
  o The Committee decided to invite Jane Ireland of the HOPE Team (3 mins) and a Senior Peer Counselor to present. (7 mins) | |
| • Commissioner Boutilier will gather information from the Age Friendly towns/ cities regarding what they have listed in their reports regarding social isolation  
  • Chair Timms will confirm availability of Dr. McCall. | |
| **Review 17/18 Objectives:** | |
| • 3l. The MCCOA Planning Committee will make recommendations to the MCCOA and AAA staff for the purpose and design of the next Older Adult Needs Assessment and Family Caregiver Needs Assessment.  
  o Staff member Dietz informed the Committee the AAA will be conducting an assessment on dementia, the details of which have yet to be determined. The AAA will wait until this is completed before formulating plans for the Family Caregiver and general Needs Assessments. Chair Timms remarked many of the residents have dementia and are not diagnosed, thereby skewing data accuracy.  
  o Commissioner Boutilier offered to send staff member Dietz a copy of the dementia report conducted by San Francisco as a point of reference. | |
| **Next Meeting:** TBD | |