		LOCATION:
COMMITTEE: GENERAL	SEPTEMBER 7, 2017	EMBASSY SUITES, SAN RAFAEL
PRESENT: Asimos, Bedinger, Bloch, Bortel, Boutilier, Dowling, Gontarz-York, Hagerty, Kwentus, Lamorte, Livoti, Locks, López, Marchese, McDonald, Mitchell, Monson, Saffran, Silverman, Timms, Turner, Zeller  EXCUSED: Brilliant		
RECORDER: Michele McCabe		
NEXT MEETING: October 5, 2017 at the Tiburon Town Hall		

# MINUTE SUMMARY ACTION TAKEN/RESPONSIBLE PARTY

#### Call to Order:

Chair Locks called the meeting to order at 11:26 a.m.

# **Approval of Agenda**

The agenda of September 7, 2017 was approved.

### **Approval of the Minutes**

The minutes of July 6, 2017 were approved as written.

### **Open Time for Public Expression:**

Bobby Moske CMHS staff, advocate and activist stated, "We are in a fight for our lives. All clinics are going to Marin Community Clinics as well as their administration. We are asking for the Commission's help on this. The county is getting out of clinics. Everyone who cares about the fate of the county clinics should show up to protest."

Linda Jackson, Aging Action Initiative Program Manager noted the following:

- Please sign up for Detect and Connect if you haven't taken it.
- A Housing Crisis Action Group will launch on October 4, 2017. The Commission will be invited.

## **Chair's Report:** Chair Locks reported the following:

The MHSA is on the Board of Supervisor's agenda on Tuesday September 12, 2017.
 Commissioners should attend and plan to come early so we can all connect before the meeting.

Vice Chair Report: Vice Chair Marchese did not report.

Action Items: None

#### **Committee Reports:**

Health and Nutrition: Chair Asimos reported the following items:

- The next meeting will be held on Tuesday October 10, 2017 at 1:30 p.m.
- The Commission meeting on cognitive deficits is being planned for January 2018.

Housing and Transportation: Chair Marchese reported on the following:

- The next meeting will be held on Wednesday September 20, 2017 at 1:00 p.m.
- Marchese has been attending a series of meetings on the housing crisis in Marin.
- SMART has been unresponsive to our effects to have a travel training. It's time for a field trip.

Legislative Task Force: Chair Bloch reported on the following:

- The next meeting will be held on Friday September 17, 2017 at 9:30 a.m.
- The Legislative report was distributed to Commissioners.
- Commissioner Hagerty inquired about supporting SB 3. He was directed to the next Legislative Task Force meeting on September 15, 2017.

Planning: Chair Timms reported the following:

- The next meeting will be held on Thursday January 11, 2018 at 3:00 p.m.
- The committee met in August. Plans were made for the October 5<sup>th</sup> General meeting. Mary McCall, Professor and Gerontologist from Samuel Merritt University and Rachel Gila from the Hope Team/Senior Peer Counseling will be the featured presenters.
- Chair Timms will speak this afternoon to the California Commission of Aging regarding Age Friendly.

Ad Hoc Media: Chair Gontarz-York reported the following:

- There are three recommendations regarding the Mental Health Service Act (MHSA) funding for services that need to be provided to older adults:
  - 1. Develop and implement at least one of the CDC recommended evidenced-based, community-based practice programs.
  - 2. Develop an experienced multi-disciplinary professional Geriatric team within Behavioral Health and Recovery.
  - 3. Develop mental health training programs for staff of behavioral health and community care providers which include demographics, key risk factors and intervention models regarding treating older adult clients.
- Stressed the importance of common talking points on this topic
- Requested Gary to resend the MHSA Recommendation letter to the full Commission

#### **Comments from the Commission:**

- 1. Commissioner Bortel informed the group that 10-12 million dollars per year is generated by the Mental Health Service Act; Older Adults are 25% of Marin's population but only received 2% of the MHSA funding.
- 2. Commissioner Timms stated there is county staff that is doing great work. She praised the Family Caregiver Support program.

Editorial Board: N/A

Director's Report: Lee Pullen, Area Agency on Aging Director reported on the following item:

• Teri Dowling replaced Sharon Turner on the AAI Steering Committee.

### **Commissioner Updates:**

Asimos (District 1); Asimos will be unavailable for the next several weeks due to a personal matter.

Bloch (CSL); Hopes the Commission can build on today's liaison with the California Commission on Aging.

Bortel (CSL); Senior Fair Flyers are available in the back. Please help promote the Fair which will be held on October 25, 2017. We need to pass around a sign-up sheet to work the Commission booth and need everyone to help. The theme is Music, Music, Music.

Boutilier (City of Sausalito); Requests that the Age Friendly Booth be near the Commission Booth. The Age Friendly Guide for Home Modification will be available soon and has applications to all of Marin.

Dowling (City of Ross); If you have any questions on climate issues, please speak with Commissioner Dowling.

Hagerty (District 5); The Housing Study is going well and a draft report will be available soon.

Kwentus (City of Tiburon); Joined the Health and Nutrition Committee.

Livoti (City of Novato); The Novato Independent Elders Program has a home delivered grocery program. They have qualified three Seniors for Cal Fresh as well.

Locks (City of San Rafael); Thanks to Age Friendly for all their hard work.

López (District 1); This last month has been a humbling experience for her as she continues to recover from serious injury.

Marchese (District 4); Helping to plan an intergenerational facility for seniors and young people.

The Town Manager has taken this seriously in Corte Madera.

McDonald (District 2); Gave some background on herself. She lives in Bret Harte and has a background in healthcare.

Mitchell (City of Belvedere); Asked to do presentation to Belvedere Town Council. He wants to move toward helping our parents. He has prepared a piece for the Belvedere quarterly on-line newsletter.

Monson (District 4); The Editorial Board had a great meeting yesterday for the Great Age.

Saffron (City of Larkspur); She is a longtime housing advocate and has worked for Ecumenical Housing. She has joined the Housing & Transportation Committee.

Silverman (District 3); Sharon Turner and Fred met with Supervisor Sears. One of the topics discussed was pushing out Age Friendly out at the County level.

Timms (City of Fairfax); Shared that she attended an Age Friendly regional meeting in Fremont. She reviewed a resource guide based on the eight domains. Fairfax Age Friendly is moving along. The Fairfax monthly forum begins this month. The Sunday Senior Lunch has been canceled. Age Friendly Task force is exploring ways they can help.

Zeller (City of Corte Madera); The Speaker Series will continue on Thursdays. A tea for folks over 90 years of age was held and six people in attendance were over 100 years old. This event was well received by the community.

**Adjournment:** The meeting adjourned at 12:26 p.m.

The next meeting will be on Thursday, October 5 at the Tiburon Town Hall.