COMMITTEE: GENERAL	OCTOBER 5, 2017	LOCA <sup>-</sup> TIBURON TO	
PRESENT: Asimos, Bedinger, Bloch, Bortel, McDonald, Mitchell, Monson, Saffran, Silverm		agerty, Kwentus, Livoti, Lo	cks, López, Marchese,
EXCUSED: Dowling, Lamorte			
RECORDER: Michele McCabe			
NEXT MEETING: November 2, 2017 at the C	entral Marin Police Authority in La	rkspur	
MINUTE SUMMARY		TAI	ACTION KEN/RESPONSIBLE PARTY
Call to Order: Chair Locks called the meeting to order at 11:	:19 a.m.		
Approval of Agenda The agenda of October 5, 2017 was approved	d as written.		
Approval of the Minutes The minutes of September 7, 2017 were appr	oved as written.		
Open Time for Public Expression:			

Elein Phipps, Marin County Long-Term Care Ombudsman introduced herself to the Commissioners. Phipps is a member of the Corte Madera Recreation Commission and

will be advocating for older adults in her role as Commissioner.

- Linda Jackson, Program Director for the Aging Action Initiative reported:
- Ten individuals have been trained thru the Detect and Connect seminar. For more information on the Aging Action Initiative visit: <a href="http://aginginmarin.org/a-a-i/">http://aginginmarin.org/a-a-i/</a>.
- Marin Equity Summit will be held on Thursday November 9, 2017. More information can be found at: https://www.marinequitysummit.com/.

## Chair's Report: Chair Locks reported the following:

- Commissioners and staff should be complimented because we are "red hot." The Commission on Aging is present around many tables.
- Received a letter from the California Commission on Aging thanking her and the Commission for their leadership.
- Received a letter from Grant Colfax addressed to "Dear Valued Partner" regarding the Mental Health and Behavior Health Director recruitment. There will be a Public Meeting on Thursday October 12, 2017 at the Kerner Campus from 6:00 - 7:30 p.m. Please let Chair Locks know if you'd like to attend.
- Seven Commissioners attended the Mental Health Service Act hearing at the Board of Supervisors on September 19<sup>th</sup>. An advocacy letter had previously been sent to the MHSA Board on June 30<sup>th</sup> which made three recommendations regarding prioritizing the mental health needs of older adults. Supervisor Arnold remarked "the Board has heard you." Director Colfax sought out two Commissioners and told them "I have heard you."
- We need the Commissioners to work at the Senior Fair from 9:00 a.m. 3:00 p.m. The sign-up sheet is going around. Please volunteer. Whistlestop will provide free shuttle bus service to the Senior Fair from Whistlestop.

# Vice-Chair Report: Vice-Chair Marchese reported the following:

- Once we (COA) have been heard it is important for us to follow through now that we are at the table.
- The Media/Communication Task Force is the place to coordinate public activities and information. We need to show that we have a coordinated approach and a shared focus. This applies both at the Board of Supervisors and out in public.
- We need to build a rapport so that accountability works.

Measures A and B expire in 2024. There may be a ballot initiative as soon as 2018. COA needs to make this a priority. Measure A gives a portion of sales tax that supports Paratransit. Measure B gives a portion of vehicle registration fee which supports senior mobility programs like Catch a Ride, Travel Navigators etc. The Transit Authority of Marin has a group to look into these proposals to strategize.

#### **Action Item - None**

## **Committee Reports:**

Health and Nutrition: Chair Asimos reported the following items:

- The next meeting will be held on October 10, 2017 at 1:30 p.m.
- We will be finalizing plans for the January Commission meeting.

Housing and Transportation: Chair Marchese reported on the following:

- The next meeting will be held on Wednesday, November 15, 2017 at 1:00 p.m.
- Commended Commissioner Hagerty for all his work on the housing report.

Commissioner Hagerty reported the following:

- This housing report is being presented in different forums across the county. There are three preliminary conclusions:
- 1. There is a huge deficit in people who want to age in place but can't afford to do so.
- 2. There are over 20,000 homes that can qualify to add a second unit.
- 3. Marin has a gap in housing for low income seniors in Marin including lack of residential care facilities for low income older adults.

Commissioner Hagerty will distribute a copy of the draft report. Data has not yet been validated. There were some concerns expressed by the Commission about one company being singled out and promoted over another. This issue will have to be worked out.

Legislative Task Force: Co-Chair Bloch reported on the following:

• The next meeting will be held on Friday, October 20, 2017.

- The Housing Bills have all been signed by Governor Brown.
- The Governor signed AB519 which adds CSL as a tax check off program on the State income tax forms. This measure was sponsored by Assemblyperson Marc Levine.
- A list was handed out marking the status of bills supported by the Commission. Bortel and Bloch will be in Sacramento on November 2, 2017.

Co-Chair Boutilier reported on the following bills that have been signed and chaptered:

AB 940 Facilities transferring residents will need to notify the Long-Term Care Ombudsman

SB 413 RCFE licenses for major neurocognitive disorders instead of dementia

SB 3 Bonds for affordable housing

SB 449 Required training for certified nursing assistants regarding behavior and mental and cognitive disorders

Planning: Chair Timms reported the following:

- The next meeting will be held on Thursday, January 11, 2018.
- Timms hopes the COA enjoyed the presentation on "Social Connection & Isolation among Seniors: Local & International Perspectives." Dr. McCall has agreed to write an article for Great Age.
- Age Friendly discussion group has doubled in size. Director Pullen has secured funding for a part time consultant to work with the age friendly cities and towns.

Ad Hoc Media: Chair Gontarz-York reported the Public Information and Media Policy has been given to the Executive Committee for approval. It will be discussed at the next Executive Committee meeting.

Editorial Board: N/A

**Aging and Adult Services Report:** Lee Pullen, Area Agency on Aging Director reported on the following items:

- Thanked Commissioners for the impressive show at last month's meeting. This was due to all of their hard work. Several Commissioners from the California Commission on Aging were surprised at the turn out of both our Commissioners and the public.
- Thanked Commissioner López for participating on the interview board for the Aging

Program Manager. Jenay Cottrell has been hired and will begin on October 23, 2017.

- Lee is speaking at a November 1, 2017 Commonwealth presentation in Mill Valley. More
- Information can be found at: <a href="https://www.commonwealthclub.org/events/2017-11-01/aging-marin">https://www.commonwealthclub.org/events/2017-11-01/aging-marin</a>.

### **Commissioner Updates:**

Asimos (District 1): Thanked everyone for their interest and support following her recent absence.

Bloch (CSL): Spoke about emergency evacuation procedures for older adults in a disaster. Bloch urged people to have what they need ready to go in order to be away from their home for a minimum of three days.

Bortel (CSL): Spoke about the Tiburon Library donating books to the Marin Senior InformationFair. Bortel encouraged Commissioners who are volunteering at the Commission on Aging booth at the fair to try and engage people and invite them to our meetings. He also urged Commissioners to try the SMART train.

Boutilier (City of Sausalito): Discussed a newsletter devoted to Seniors and Age Friendly.

Brilliant (City of Mill Valley): Had a meeting to reenergize disaster preparedness in Marin. They are trying to get funding and volunteers for training and support.

Gontarz-York (District 5): Had a planning session in Novato for Age Friendly. Commissioner Livoti has been getting a lot of support from the Mayor of Novato.

Hagerty (District 5): Novato Age Friendly has a five person steering committee and is doing well.

Kwentus (City of Tiburon): She will soon be speaking to the Tiburon Town Council.

Locks (City of San Rafael): Talked to the City of San Rafael about age friendly efforts and a discussion about getting San Rafael sidewalks fixed.

López (District 1): Thanked Commissioners for their support and well wishes and Director Pullen for the opportunity of sitting on the hiring panel for the Aging Program Manager. López reminded Commissioners that Open Enrollment begins on October 15, 2017 and that she is a HICAP volunteer that can counsel individuals in order to help them save money.

Discovered the Frameworks Institute and their services which frame the public discourse on social problems. More information can be found at: <a href="https://www.frameworksinstitute.org">www.frameworksinstitute.org</a>.

Marchese (District 4): Larkspur has finalized and submitted their Age friendly proposal to the World Health Organization. The question remains about how locals fit into a countywide initiative.

McDonald (District 2): Reported on the 5<sup>th</sup> Bay Area Senior Health Policy Forum, Reframing Aging which is on Wednesday December 6, 2017 at the South San Francisco Conference Center. More information can be found at <a href="http://www.shpf.elders.org">http://www.shpf.elders.org</a>. Commissioner Boutilier will be speaking at this event. The cost is \$55 and includes lunch.

Mitchell (City of Belvedere): Every Wednesday a group of seniors with Parkinson Disease attend a gym in Mill Valley and receive instructions on exercises and spinning.

Silverman (District 3): Working on an Aging Action Initiative Inform & Connect Seminar which will be offered on November 1, 2017 at Homeward Bound of Marin in Novato.

Timms (City of Fairfax): Age Friendly held its first forum; 15 people now attend monthly. Town Council now has a better connection. They appreciate the work being done. Victory Village still working on funding.

**Adjournment:** The meeting adjourned at 12:39 p.m.

The next meeting will be on Thursday, November 2, 2017 at the Central Marin Police Authority in Larkspur.