

The Health Council of Marin

Minutes of Regular Meeting: Tuesday, January 23, 2018

Marin General Hospital

250 Bon Air Road, Larkspur Room

Greenbrae, CA 94904

Members Present: Sandy Ross (Vice-President), Constance Barker, Allan Blau, Rodger Faulkner, Walter Kopp, Jennifer Rienks, Derice Seid Tao

Members Absent: Sandra Lew, Neka Pasquale, Barbara Wientjes

Guests: Judy Briggs, Kathy Koblick (Public Health Division Director - H&HS) Ginger Souders-Mason (Pesticide Free Zone, Clean Water Sonoma Marin), Loretta Rogers (Secretary)

Handouts: *Agenda; Excerpts from previous Biannual Report to Board of Supervisors; Marin Prevention Network Annual Planning Retreat; Raising the Bar; Social Host Ordinance; Cannabis; CoC/PNS/School Toolkit; RxSafe Marin Successes; Medicating Marin; Know the Risks; Know the Facts; Tobacco Control Grade for Marin County, by City; Marin Five Objectives by 6/30/2021.*

1. **Call to Order:** At 7:54 pm, Vice President Sandy Ross called the meeting to order.
2. **Introductions:** All attendees introduced themselves and welcomed the presenter, Kathy Koblick.
3. **Public Comment Time:** Ginger Souders-Mason reported on work done by the Integrated Pest Management (IPM) team. Glyphosates are off the list of approved pesticides to be used by the County. However, others that are worse than glyphosates are still on. We need people to show up at the next meeting on Friday at 7:00 pm at the Board of Supervisors chambers. Also, the IPM is looking for ways to provide people with alternatives to pesticides and herbicides in easy-to-understand formats.
4. **Approval of Minutes of the November 28, 2017 meeting:** Connie Barker moved to approve the minutes. Alan Blau seconded the motion. The motion passed unanimously.
5. **Presentation: “Community Health and Prevention” by Kathy Koblick, Public Health Division Director for the County of Marin:** Kathy provided a description of the unit she supervises and the services offered.
 1. **Reporting Structure:** Kathy’s unit, Community Health and Prevention (CHP), reports to the Public Health Officer, Dr. Matt Willis. Dr. Willis reports directly to the Director of Health and Human Services, Dr. Grant Colfax.
 2. **Data:** Kathy pointed out the Marin County has been ranked the healthiest county in California for the seventh straight year by a study funded by the Robert Wood Johnson Foundation. Marin has the highest life expectancy for women in the U.S. and fifth highest life expectancy for men. U.S. News and World Report reports that Marin is the healthiest county for children in the U.S. However, Marin has high income inequality with significant disparity in health status between the white population on the one hand and the African-American and Latino populations on the other. Also, Marin ranks high among counties with drug overdose deaths and alcohol consumption. Marin is ranked in the bottom 50% of counties in excessive drinking.
 3. **Focus of Efforts:** The prevention efforts of Kathy and her staff are focused on influencing policy and legislation, changing organizational practices and fostering coalitions and networks.
 4. **CHP Programs and Initiatives:** Kathy described each of the programs in her unit, listed below, along with their staff and budget. She will send her PowerPoint presentation to Loretta Rogers for distribution to the HCM members.
 1. Nutrition Wellness

2. Tobacco Control
 3. RxSafe Marin
 4. Substance Use Prevention
 5. Oral Health Program
 6. Public Health Accreditation
 7. HHS Learning Labs
 8. Special Projects
5. **How HCM can help:**
1. Connie Barker moved that the HCM send a letter to the BOS in urging continued support for the RxSafe Marin coalition. Alan Blau seconded the motion. The motion passed unanimously. Sandy Ross will draft the letter and submit it to the HCM for approval.
 2. Kathy Koblick stated that her unit is planning to publish a Community Concerns booklet for which they will need funding. The plans are not yet finalized therefore there is nothing for the HCM to do at this point. Kathy will get back to the HCM if and when their support is needed for this project.
6. **Questions:** Health Council of Marin members asked the following questions to which Kathy Koblick did not have answers but will research:
1. What is the immunization status of children in Marin County?
 2. With the closure of the County clinic, can the Marin Community Clinics maintain the same level of services? How well is the County monitoring that?
6. **Update: Electronic Visit Verification for Home Health Care Workers:** Connie Barker stated that she had little to report. She knows it is not in the current state budget. Also, there are people willing to challenge this in the courts which could delay the implementation of this requirement for a long time. She will have more information next month.
7. **Biennial Report – Update from the Ad Hoc Committee Meeting:** Rodger Faulkner reported that his committee had still not met. It consists of Sandra Lew, Alan Blau, Jennifer Rienks, Walter Kopp and Rodger Faulkner. He passed out a hand-out listing the previous report’s goals, 1 – 5. He asked that each member review the goals and send Rodger any suggested revisions or changes. Measurements should be added where appropriate. Also, at the November meeting, various members agreed to research and find a speaker for various topics. These members need to describe their topic and be explicit; then, put them in Goal #2. Upon receipt of all the responses, Rodger will compile them and submit them to the HCM for review and approval. Loretta Rogers will assure that Rodger is sent the previous report and the form for the current report to be submitted.
8. **Health Council Member Reports and Announcements:**
1. **Rodger Faulkner** expressed a desire to dialogue with the BOS regarding the HCM’s effectiveness. He would like the HCM to ask Dr. Matt Willis what the HCM could look into that would be of assistance. How could the HCM be helpful?
 2. **Alan Blau** reported on his research with H&HS regarding autism. He learned that the County does not have a program to address this issue. This is handled by the Golden Gate Regional Center which has offices in Marin County (Civic Center), San Francisco and San Mateo County. He will continue to pursue.
 3. **Jennifer Rienks** announced that there will be a meeting of the Marin Healthcare District Community Health Seminar on Tuesday, February 30th, from 7:00 to 9:00 pm at Marin General Hospital in the Conference Center. At this seminar, Dr. Matt Willis and Dr. Ramo Naidu will give a presentation on the “Opioid Epidemic.”
 4. **Jennifer Rienks** also announced that the California Department of Public Health has an educational webpage called “Let’s Talk Cannabis.” It is located at this link: <https://www.cdph.ca.gov/Programs/DO/letstalkcannabis/Pages/LetsTalkCannabis.aspx>
 5. **Alan Blau** asked Ginger Souders-Mason if she had any further information regarding the 12-year fluoride study in Mexico that she reported on during the November 2017 meeting. Ginger stated that she had not.
9. **President’s Report:** None.
10. **Adjournment:** The meeting adjourned at 9:01 pm. The next meeting will be February 27, 2018, 7:00 to 9:00 pm at Marin General Hospital, the Larkspur Room.

