

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

COMMITTEE: HEALTH & NUTRITION	DATE: JUNE 5, 2018	LOCATION: 10 NORTH SAN PEDRO, ROOM 1018
<p>PRESENT: Chris Asimos, <i>Rhea Brown</i>, Salamah Locks, Diana López, Fred Silverman, Sharon Turner</p>		
<p>ABSENT: <i>Teresa Tooker</i>, Carol Zeller, Beth Livoti, Carol Zeller, Sue Kwentus, Beth Livoti</p>		
<p>RECORDER: Amy Dietz</p>		
<p>⇒Next Meeting: Monday, July 23, 1:30 – 3:30 p.m. at 10 N San Pedro, Rm 1018</p>		
MINUTES SUMMARY		ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order: The meeting was called to order at 3:26 p.m. by Chair Asimos.</p> <p>Approval of the Agenda: The agenda was approved as written.</p> <p>Approval of the Minutes: The minutes of March 26 were amended to state “next meeting June 5, 2018.”</p> <p>Open Time for Public Comment:</p> <ul style="list-style-type: none"> • Rhea Brown introduced herself as a “mostly retired” speech language pathologist (swallowologist). She sees the MCCOA as a natural starting point to figure out what to do next. She has been attending Housing and Transportation meetings and her husband is foreperson of the Marin County Civil Grand Jury. • Commissioner Turner informed the Committee that the Marin City CSD is in financial crisis. The CSD is working with the County of Marin to assist with existing 		

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

subcontracts for services. The Marguerita Johnson Senior Center will be open from Monday thru Thursday.

- Marin Community Foundation will do an economic security conference for older adults in October.

Chair's Report:

Chair Asimos reported on the following:

- Received a letter from Sacramento advising us of the MHSAs oversight accountability committee. The Sacramento Commission on Aging is concerned re: a Senate Bill proposed by Senator Mark Leno, which would allocate funds from MHSAs for homeless services. The funds will be prioritized towards youth, young adults, and college students – making it more difficult to propose money for older adult services. The Bill is currently on hold. Commissioner López will send an analysis of the Bill to Dietz, who will then send it to the Committee. Chair Asimos suggested that people should go to Sacramento and/ or write a letter to oppose.
- In the Marin IJ there was an article reporting on the Civil Grand Jury report, “Marin is Aging; Are We Ready?” Chair Asimos was quoted as being in support of a shelter designed for seniors.
- Dr. Jei Africa is the new Director of Behavioral Health and Recovery Services.
- The California End of Life Action Act is on hold; the courts found that there was a state constitutional impediment.

End of Life Packets

- The Committee discussed whether or not they would continue to make End of Life folders.
- Commissioner López suggested that all materials be saved in a file on County computers with instructions. Materials can then be printed when needed.
- Commissioner Locks remarked that the Committee had done an excellent job of distributing the folders and making presentations and that there be a hiatus of presenting on the topic.
- The Committee decided to have 20 packets made that can be kept in staff offices.
- Commissioner Silverman offered to keep extra Hospice materials at his house.

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

Presentations in 18/19:

MHSA Presentation. Title: TBD. (Alma Via; July 5)

- Dr. Jei Africa, Director of Behavioral Health and Recovery Services, and Chandrika Zager, Program Coordinator in Behavioral Health and Recovery Services, will be presenting about what they see as the primary mental health needs of older adults and what the county is currently doing and is planning to do in the future to help address these needs given the growing older adult population in Marin. In addition, they have been asked to present about how MHSA dollars and PEI funds might be allocated to address these needs. The summary report conducted by the UCLA Center for Health Policy Research, “MHSA and Older Adult Study and Policy Recommendations” was sent for reference.
- Commissioner Silverman requested that the presentation also address challenges – funding and organizational.
- Dietz asked the Committee as to what they would like to call the presentation. The Committee felt that Dr. Africa should determine the title.

Intergenerational Presentation. Title: “Creative Intergenerational programs of engagement.” (Marguerita Johnson Senior Center; September 6)

- Commissioners Silverman, López, and Turner will be responsible for the speaker and content.
- Focus of the presentation will be storytelling – those from the community will be asked to tell their stories, specifically related to food, intergenerational interactions with food, and the intergenerational garden, ideally.
- Commissioner Turner has the contact of a storyteller from Marin City.
- Weave in how this impacts social isolation: separation of older generations; lack of communication around generations.

Family caregiver presentation:

- Dietz to send Committee the last Family Caregiver Assessment report.
- This will be discussed further at a subsequent meeting.

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

Needs Assessment:

- Dietz informed the Committee the Older Adult Needs Assessment and Family Caregiver Needs Assessment will take place in the coming fiscal year, likely in the fall.

Staff report:

- N/A

Next Meeting Date:

Monday, July 23 at 1:30 p.m.

Adjournment:

The meeting adjourned at 4:27 p.m.