

COMMITTEE: GENERAL	OCTOBER 4, 2018	TIBURON TOWN HALL
<p>PRESENT: Bloch, Bortel, Boutilier, Bradley, Brilliant, Dowling, Gunn, Hagerty, Kwentus, Lamorte, Livoti, Locks, López, Marchese, Monson, Silverman, Timms, Zeller</p> <p>EXCUSED: Asimos, Bedinger, Saffran, Turner</p> <p>VACANT: District 2</p>		
<p>RECORDER: Amy Dietz</p>		
<p>NEXT MEETING: November 1, 2018 at Albert J. Boro Community Center</p>		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
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<p>Call to Order: Chair Locks called the meeting to order at 11:17 a.m.</p> <p>Approval of Agenda The agenda of October 4, 2018 was approved as written.</p> <p>Approval of the Minutes The minutes of September 6, 2018 were approved as written.</p> <p>Open Time for Public Expression:</p> <ul style="list-style-type: none"> • Diana López, as a member of HICAP, announced that there were changes: <ul style="list-style-type: none"> ○ Open enrollment for Part D starts on October 15. The average base premium will be \$34.79. 	
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- SCAN Health Care will no longer be offered in Marin; United Health Care will be the second plan.
- The Medicare Advantage cap for physical therapy has been lifted.
- There is more telemedicine lifestyle support.
- Medicare Advantage plans can cover transportation and safety issues in the home.
- Enrollment period is January 1 – January 31.
- Susan Windman, a member of the public, asked the MCCOA to consider forming a committee to focus on the needs of family members of those who are elderly and have dementia. She also advocated for certified fraud specialists to be incorporated into County government, including the Public Guardian and District Attorney’s Office. She stated that she was aware of the medical, legal and long-term care issues pertaining to dementia because her mother had been preyed upon in Marin. She also stated that there were not sufficient resources for protecting the elderly and that they were needed.

Chair’s Report:

- Commission End-of-Year Celebration: The Executive Committee discussed having an end-of-year celebration potluck at the close of the December MCCOA meeting. Commissioner Bloch suggested that commissioners instead pay \$8-10/ person and have the event catered. Chair Locks stated the Executive Committee was open to suggestions and would discuss further at its next meeting. Chair Locks suggested that if the event were to be catered, Commissioner López will collect the funds.
- Commissioner Retreat: The idea of a commissioner retreat was discussed at the last Executive Committee meeting. Commissioner Dowling began a conversation about a MCCOA commissioner retreat. Commissioner Timms stated that it had been valuable in attending before. Commissioner Dowling reported that the last retreat took approximately six months of planning. She then recommended that the retreat should occur next September, when six commissioners end their terms, or next February/ March. The timing and details of the retreat will be discussed at the next Executive Committee meeting. Commissioners Marchese, Lamorte, Gunn, and Bloch volunteered to be on a planning committee. Commissioner Boutillier recommended that staff and commissioners look back to prior materials in which commissioners had expressed topics of interest.
- Sacramento TACC Meeting: Commissioner Boutillier represented Chair Locks at the last Triple A Council of California (TACC) meeting, which took place over the course of two

days in Sacramento. The chairs or appointees of AAA advisory councils from the 33 PSAs were present.

- Day 1:

- An election was held and the current leadership team will continue in their roles.
- There is a Home Safe Program, with the goal of preventing APS clients from becoming homeless. Eligibility is contingent on one having been 5150'd eight or more times in the past twelve months. A total of \$15 million is available for PSA's to bid on with a project that would last three years.
- The Older Californians Act is up for review and amendments. The current strategy is to submit a two-year bill for updates.
- There was a taskforce on family caregivers. Boutilier will send further information when available. This information will be pertinent to the Marin AAA needs assessment of family caregivers.
- There is an alliance to look at options pertaining to long-term care. This alliance includes large organizations such as the AARP and various unions.

- Day 2:

- This was conducted in a workshop format. This is available to everyone, but one should register early.

- Senior Fair: The Senior Fair will take place on October 24 from 9:00 a.m. – 3:00 p.m. at the Marin Exhibit Hall. The theme is "Connecting Communities." Commissioners will staff the booth according to sign-up sheet.

Vice Chair Report: None.

Action Items: None.

Committee Reports:

Health and Nutrition: Commissioner Zeller reported on the following:

- The last Health and Nutrition Committee meeting was held on September 17 and was spent planning the November MCCOA presentation, "Día de los Muertos: Latino Perspectives on Death and Dying."

Housing and Transportation: Chair Marchese reported on the following:

- The last meeting was held on Sept 26, 2018.
- There is staff turnover at Whistlestop and the Marin Mobility Consortium.
- Junior Accessory Dwelling Units (JADUs) will be the focus of the February MCCOA meeting. This will take place in a different format and will be more of an educational fair that will last two hours. Linda Jackson from the Aging Action Initiative will coordinate with Commissioner Hagerty on details and location.
- Covia, formerly Episcopal Senior Communities, has a home match program that placed six people in the last year. A barrier to matches is the lack of trust and fear of safety in opening one's home to a stranger.

Legislative:

Co-Chair Bloch reported on the following:

- The Accessible Toilet Bill did not get signed by governor. She will continue to search for funding for an accessible toilet at the Marin Civic Center and Exhibit Hall.
- In the October 2, 2018 edition of the *Marin Independent Journal*, there was an article titled "Aging Happily" with the message of staying close to family and friends, keeping busy, and living for today while looking forward to tomorrow.

Co-Chair Boutillier reported on the following:

- AB 2132, which authorizes cities and counties to waive permit fees for making accessibility home changes for those 60 and older or with a qualifying disability, was signed by Governor Brown two weeks ago. She remarked that members of the commission were active in working on the bill, testified in person, sent letters, and sent written testimony in support.

Planning: Chair Brilliant reported on the following:

- The last meeting took place on October 3, 2018. The committee discussed the upcoming January MCCOA meeting, "Lifecare Planning."
- The next meeting will be held on November 29 from 1:00 p.m. – 3:00 p.m.
- The Older Adult Needs Assessment will take place in early 2019.

Editorial Board: N/A

Age-Friendly Report:

Director Pullen reported that:

- The advisory council had its second quarterly meeting. Members include County department heads, TAM, Fire Chief Weber, EMS, and Commissioners Gunn, Monson and Timms.

Commissioner Timms reported that:

- Staff member Dietz is revising the Age-Friendly flyer. Any edits or changes must be submitted by Monday.

Director's Report: Lee Pullen, AAA Director:

- Praised the unique format of the September MCCOA meeting on Intergenerational Storytelling.
- Mentioned that during the public comments section of the last MCCOA business meeting, a representative from the College of Marin expressed interest in commissioner input to its six-year plan for making classes attractive and accessible to older adults. There will be a focus group discussion for those interested on October 10 from 1:30 p.m. - 3:00 p.m.
- Expressed that there was good news out of Washington. This year there will be an increase in federal dollars across the board for AAA programs. An official notice was received at the end of last week. He thanked those who went to Washington to lobby for the needs of older adults and in support of the Older Americans Act.
- Woody Weingarten, an author, columnist, and blogger, is slated to be approved as a commissioner from Supervisor Rice's District at the next Board of Supervisors meeting.

Aging Action Initiative: Linda Jackson reported that:

- A session of Inform and Connect occurred last week, at which the first librarian was in attendance.
- A Death Café will be forthcoming at Homeward Bound. Announcement to follow.
- There will be a Save-the-Date sent out for an Economic Security Summit to take place at Marin Community Foundation on February 1 for policy makers.
- The County has released a \$1 million RFP for a Detect and Connect component with MHSA funds.

New Business: None.

Commissioner Updates:

Bloch (CSL); She and Commissioner Bortel will be in Sacramento November 1-3. There will be no Legislative Committee meeting in October or November.

Bortel (CSL); The Senior Fair set-up day is Tuesday, October 23. Booth locations will be sent soon. Yesterday there was 10% off for seniors at United Markets in San Rafael. Commissioners are encouraged to take advantage of Senior Days at participating markets and businesses.

Boutillier (City of Sausalito); Sausalito is currently working on an age-friendly open space program, which will include an integrational recreation facility and walking path. She will be attending an invitation-only World Health Organization work group over the course of three days in Quebec focusing on international age-friendly policies and priority development.

Brilliant (City of Mill Valley); Age-Friendly Mill Valley will meet next month. They are enthusiastic about their needs assessment which will occur early next year. The Disaster Coalition will meet next month.

Dowling (City of Ross); The Ross Town Council will vote this coming Thursday on becoming age-friendly. She and Diana López attended a press release for the HHS Strategic Plan, which does not address the needs of older adults. She strongly suggested that the MCCOA be consistently involved in plans moving forward in advocating for the needs of older adults.

Gunn (District 5); No report.

Hagerty (District 5); He encouraged members of the Commission to speak at the Board of Supervisors to provide updates to their appointing bodies. He asked that any who could attend the next BOS meeting see him at the conclusion of the MCCOA business meeting. Age-Friendly Novato is forming a non-profit.

Kwentus (City of Tiburon); Tiburon will be moving forward in the application process of becoming

age friendly.

Lamorte (City of San Anselmo); She was pleased that Supervisor Rice was appointing someone to the role of Commissioner in her district.

Livoti (City of Novato); On October 6 from 1:00 p.m. – 2:00 p.m., Novato Village/ Marin Village is having an open house with a speaker from the Buck Center at Novato City Hall.

Locks (City of San Rafael); No report.

López (District 1); No report.

Marchese (District 4); The Corte Madera Town Council recently approved 1,200 square feet for ADUs; however, there is already pushback. He will work with policy makers around the possibility of creating a second story to reduce its footprint and to think through proposals carefully at the beginning so they are not crushed by opposition.

Monson (District 4); He and AAA Program Manager Cottrell have been on West Marin radio talking about the County Age-Friendly plan for the last two weeks.

Silverman (District 3); Will not be here next month.

Timms (City of Fairfax); On October 10 at 10:00 a.m., there will be a Thanksgiving gathering at the Christ Lutheran Church in Fairfax to celebrate the closure of the church and the breaking of ground on construction of Victory Village. She spoke last night at the Town Council meeting about reframing aging. She is working with the Chamber of Commerce to publicize discounts offered for older adults at markets and other businesses.

Zeller (City of Corte Madera); No report.

Adjournment: The meeting adjourned at 12:31 p.m. The next meeting will be on Thursday, November 1, 2018 at the Albert J. Boro Community Center.