

COMMITTEE: GENERAL	DATE: NOVEMBER 1, 2018	LOCATION: ALBERT J. BORO COMMUNITY CENTER, SAN RAFAEL
<p>PRESENT: Asimos, Bedinger, Boutilier, Bradley, Brilliant, Dowling, Gunn, Kwentus, Lamorte, Locks, López, Marchese, Monson, Saffran, Timms, Weingarten, Zeller</p> <p>EXCUSED: Bloch, Bortel, Hagerty, Livoti, Silverman, Turner</p> <p>VACANT:</p>		
RECORDER: Jenay Cottrell		
NEXT MEETING: December 6, 2018 at Marin Mobile Country Club, 100 Marin Valley Dr., Novato 94945		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
----------------	--------------------------------

<p>Call to Order: Chair Locks called the meeting to order at 11:19 a.m.</p> <p>Approval of Agenda The agenda of November 1, 2018 was approved as written.</p> <p>Approval of the Minutes The minutes of October 4, 2018 were approved as written.</p> <p>Open Time for Public Expression:</p>	
---	--

Brilliant, speaking as a member of the public, passed out copies of the book “Walking Each Other Home: Conversations about Loving and Dying” to the other Commissioners. The authors are Brilliant’s friends.

Chair’s Report: Chair Locks reported:

Commission Retreat: Confirmed the committee consists of Commissioners Marchese, Kwentus and Gunn. At the last Executive Committee meeting, there was a suggestion to shorten the July 2019 Commission meeting, tentatively scheduled for July 11, to allow time to hold the retreat on the same day.

Commission End-of-Year Celebration: López will collect \$10 per person for the luncheon that will follow immediately after the December 6 Commission meeting.

Senior Fair: Thanked all Commissioners for a successful effort and Commissioner Bradley for painting the large map of Marin. Locks would like to find a place in Aging & Adult’s Office to hang this piece permanently. The day’s highlights included:

- Passing out materials on advocacy efforts.
- Dominican University nursing students’ interest in the Commission and issues affecting older adults.
- Signups for the JADU Expo in February 2019 and individuals who indicated interest in joining the Great Age editorial board and the Legislative committee. Locks gave the signup sheets to respective committee chairs.

Locks reminded all about the HHS networking breakfast and presentation on “Cognitive Wellness in Older Adults” Friday, November 9, 9 a.m. – 11 a.m., at the Wellness Campus, 3240 Kerner Blvd., San Rafael. Register at <https://marinhhsnetworkingbreakfastfall2018.eventbrite.com>. Chair Locks will email the announcement again.

Vice Chair’s Report: Vice Chair Marchese reported the following:

He had recent conversations separately with Supervisors Rodoni and Sears on how to keep the awareness and momentum created by the Year of the Older Adult going beyond 2018. He also discussed how to propose to County Administrator Matthew Hymel that he consider issues

affecting older adults as part of his participation in the Harvard Executive Leadership Program and look more closely at funding to support the work objectives of the commission.

Action Items: None

Committee Reports:

Health and Nutrition: Chair Asimos reported the following items:

- For the June 6, 2019 Commission meeting, the committee is planning a program around intergenerational caregiving.
- She thanked López and the committee for today's presentation on Dia de Los Muertos.
- The next meeting will be held Monday, November 13, 2018 at 1:30 p.m.

Housing and Transportation: Chair Marchese reported on the following:

- Marchese's recent conversations with Supervisors Rodoni and Sears also included exploring issues around affordable housing for older adults.
- Marchese also discussed Corte Madera's new ordinance allowing junior accessory dwelling units (JADUs) of up to 1,100 square feet.

Public comment on Marchese's report:

- Katie Weber: Mill Valley now has a review process for ADUs. Discussed efforts to put a design review process in place instead of putting a size limit on JADUs and ADUs.
- Commissioner Monson: Passed out flyers for JADU fair in February
- Commissioner Timms: Reported on a housing fair in West Marin
- The next meeting will be held on Wednesday, November 28 at 1:00 p.m.

Legislative Committee: Co-Chair Boutlier reported on the following:

- Asked for topics for Senator Mike McGuire to address at the December 6 Commission meeting. Suggestions included affordable housing, single payer health care insurance, the long-term care initiative, and the age-friendly California initiative.
- The next meeting will be Friday, December 7, 2018.

Planning: Chair Brilliant reported the following:

- For the January 2019 Commission meeting, the program will pose important questions about planning for aging. The format will include breaking into small discussion groups and reporting back to the larger group. At the next committee meeting, the group will look at what questions to ask in the AAA's community needs assessment to be conducted in early 2019.
- The next meeting will be held on Wednesday, November 29, 2018.

Editorial Board: No report.

Aging Action Initiative Update: Linda Jackson reported that:

- The next Inform & Connect workshop will be held on Wednesday, November 7 at Homeward Bound. Part of the program will include a Death Café.
- AAI has applied for a grant from HHS Behavioral Health Services to further scale up its Inform & Connect offerings.

Age-Friendly Update:

Lee Pullen reported:

- Collaborative Consulting was selected to work on the Age-Friendly County of Marin Initiative. Three Commissioners, Gunn, Monson and Timms, serve on the Advisory Committee.
- The County Administrators Office will soon release a randomized survey of residents across Marin to better understand the needs of the community.

Timms reported:

- Six age-friendly representatives met this morning for the monthly age-friendly Marin meeting. The next meeting will be on Thursday, December 6, 9 a.m. – 10 a.m., at the Marin Mobile Country Club preceding the Commission meeting.
- Several representatives of Marin's age-friendly cities and the County will attend an AARP regional age-friendly roundtable on Thursday, November 15 at Sonoma County's Adult & Aging Office in Santa Rosa. The focus will be on affordable housing.

Director's Report: Lee Pullen, Area Agency on Aging Director reported on the following items:

- Amy Dietz will be out until November 13. For any assistance, contact Jenay Cottrell.

- Pullen is pleased that the Public Health Division is putting on the November 9th networking breakfast and panel on dementia care that Locks previously discussed.
- C4A annual conference: Pullen, Cottrell and Commissioner Bloch will attend this annual conference in Los Angeles November 6 – 8. Bloch will also attend a CSL meeting being held in the same location. Typically, a spot is held for the Commission Chair. This year Locks yielded her spot to Bloch.
- CDA budget update: Resulting from work that happened at the state level, the Marin Area Agency on Aging (AAA) will receive funds that will be used to add the equivalent of a .50 FTE to the Ombudsman Program. Federal increases in Older Americans Act funding will allow the AAA to augment hours for its RD position, allowing for greater collaboration with community health and nutrition initiatives. Federal funds will also allow for augmentation of the Information & Assistance (I&A) unit with a .50 FTE, enabling I&A to serve more people in person with more comprehensive assistance. Additionally, the increase in funds will enable the AAA to pass through a 12 percent increase to service providers for their administrative costs.
- Pullen passed out a signup sheet for any Commissioners who would like to add their names to the special email distribution list for items about issues affecting older adults.
- Welcomed Commissioner Weingarten. Noted to the Chairperson that a mentor should be assigned to him and Commissioner Gunn.

Commissioner Updates:

Asimos (District 1): Retro Report, a nonprofit organization whose mission is to provide more comprehensive information about stories in the news, invited Asimos to speak at a forum on preventing suicide among veterans. The event will be on November 15, 2018 in New York City.

Bedinger (District 2): No report.

Boutilier (City of Sausalito): Sausalito received one of three international age-friendly awards from the World Health Organization (WHO), Grant Makers in Aging and the Robert Wood Johnson Foundation at a conference in Quebec, Canada in October. Porto, Portugal and Barcelona, Spain were the other two award winners. Boutilier was invited to represent the City of Sausalito at the conference where the United Nations, 17 countries and one First Nation were

represented. Four primary recommendations came out of the conference that the WHO will promote around the globe during its upcoming “Decade of Aging.”

Bradley (City of Belvedere): The City has submitted its age-friendly application to AARP.

Brilliant (City of Mill Valley): The Age-Friendly Mill Valley is planning its community assessment and plans to distribute a survey by the end of the year. She will forward a helpful article from the TIAA financial firm on what’s needed for caregiving and asks that staff send out to the entire Commission.

Dowling (City of Ross): Ross’ age-friendly application has been submitted to AARP following the Town Council’s approval in October.

Gunn (District 5): Marin Villages sponsored an “Aging Better” event at Novato City Hall in October. More than 125 people attended, including Supervisor Judy Arnold. Speakers included a representative from the Buck Institute on Aging and a speaker on technology and older adults. It was a great venue to promote Novato Village. School children and adults are working together on a traveling mural for Novato Age Friendly.

Kwentus (City of Tiburon): No report.

Lamorte (City of San Anselmo): No report.

Locks: (City of San Rafael): She will attend the Gerontological Society of American Conference November 14 – 18 in Boston.

López (District 1): It’s the annual Medicare open enrollment period. Age-Friendly San Rafael held its second workshop on reframing aging with a focus on framing explanatory chains. The group hired a consultant to put on workshops to help the group frame its age-friendly efforts.

Marchese (District 4): The new low-income senior housing site on Magnolia Avenue in Larkspur should be available for occupancy early next year.

Monson (District 4): No report.

Saffran (City of Larkspur): No report.

Timms (City of Fairfax): This month's age-friendly forum will be on housing where there should be an update on Victory Village. Timms offered extra copies of the Age-Friendly Marin flier to set out at events and other venues.

Weingarten (District 2): A resident of San Anselmo, he's happy to be on the Commission.

Zeller (City of Corte Madera): No report.

Adjournment: The meeting adjourned at 12:29 p.m.

The next meeting will be on Thursday, December 6, 2018 at Marin Mobile Country Club, 100 Marin Valley Dr., Novato 94945.