

COMMITTEE: PLANNING	DATE: July 25, 2018	LOCATION: 10 N. San Pedro Rd.
PRESENT: Jody Timms, Girija Brilliant, Sybil Boutilier, Teri Dowling		
EXCUSED:		
RECORDER: Amy Dietz		
NEXT MEETING: September 12, 2018 - 3:00 – 4:30 p.m.		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order: Chair Brilliant called the meeting to order at 3:10 p.m.</p> <p>Agenda Approval: Agenda was approved as written.</p> <p>Meeting Minutes Approval: The May 23, 2018 minutes were approved as written.</p> <p>Open Time for Public Expression: Dietz distributed a printed copy of the <i>Wallstreet Journal</i> article, “America is Running Out of Caregivers Just When it Needs Them Most” by Clare Ansberry, which had been sent electronically by Chair Brilliant.</p> <p>Chair’s Report:</p> <ul style="list-style-type: none"> Chair Brilliant reported that the Planning Committee MCCOA sponsored program on Lifecare Planning will take place in January. <p>Lifecare Planning Presentation:</p> <ul style="list-style-type: none"> Timms suggested that the MCCOA meeting be about how you care for yourself and your 	

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<p>aging loved ones.</p> <ul style="list-style-type: none"> • Timms presented a possible list with questions including finance, transportation, healthcare, etc. Also: what are your worst fears? Or starting with: are you involved with the care of a parent or loved one right now? • The group agreed upon the following format: <ul style="list-style-type: none"> ○ Presentation on psychological issues around aging – what keeps us from grappling with the future – denial, societal pressures of being active and vital, what is it that keeps us scared. 20 mins. Speaker TBD <ul style="list-style-type: none"> ▪ Suggestions included Dana Pepp, Patrick Arbor, Pam Osbourne, and Nancy Rind. ○ Go through questions 1:1 with someone sitting next to you. 20 mins. ○ Wrap up: moderator TBD. 15 mins <p>Area Plan Assessment:</p> <ul style="list-style-type: none"> • Dietz discussed the current intention to conduct a randomized telephonic survey for the older adult needs assessment. Look to ACS for current issues. • Planning committee discussed possibility of doing focus groups for marginalized communities. • Family Caregiver Assessment: <ul style="list-style-type: none"> ○ Reach out to existing support groups. ○ How do you take care of your own health and well-being? ○ Look to existing surveys (Wall St. Journal, etc.) <p>Adjourned: The meeting adjourned at 426 p.m. The next meeting will take place on Sept 12 from 1:00 – 2:30 p.m.</p>	