

COMMITTEE: PLANNING	DATE: October 3, 2018	LOCATION: 10 N. San Pedro Rd.
PRESENT: Jody Timms, Girija Brilliant, Sybil Boutilier, Teri Dowling		
EXCUSED:		
RECORDER: Amy Dietz		
NEXT MEETING: November 29, 2018 from 1:00 – 2:30 p.m.		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order: Chair Brilliant called the meeting to order at 1:00 p.m.</p> <p>Agenda Approval: The agenda was approved as written.</p> <p>Meeting Minutes Approval: The September 12, 2018 minutes were approved as written.</p> <p>Open Time for Public Expression:</p> <ul style="list-style-type: none"> • N/A <p>Chair's Report:</p> <ul style="list-style-type: none"> • N/A <p>Lifecare Planning Presentation:</p> <ul style="list-style-type: none"> • The Committee discussed location and determined that Bennet House and/ or the Redwoods were not ideal. The committee suggested Margaret Todd or Whistlestop. • The committee discussed the following ideas to include: <ul style="list-style-type: none"> ○ Fear of aging; general procrastination; care management; apprehension of aging; 	

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<p>superstition (not talking about it and it won't happen); finances needed; option planning.</p> <ul style="list-style-type: none"> ○ Outlining potential issues and implications without making people anxious or depressed. ○ Making the presentation more of a discussion/ workshop. ● The meeting agenda will be: <ul style="list-style-type: none"> ○ 5-10 minutes: Jody Timms to start with why we tend to put such conversations off and what we should be thinking about as the "young old" before we need such programs. <ul style="list-style-type: none"> ▪ Why we need to start thinking about it and why we tend to put such conversations off. ▪ Chance for attendees to start thinking about what they want and what is realistic. ○ 10-15 minutes: Attendees will partner with someone they do not know. Each person will be given a list of 5-7 questions with topics of: housing, finances, transportation, personal care, health care. <ul style="list-style-type: none"> ▪ Committee to email specific question ideas to Amy for next meeting. ○ 5 minutes: People share about some of the things they discussed. ○ 10-15 minutes: Attendees are then asked to find a different partner. Ask the same questions but about caregiving you have done or will do in the future and experiences/ fears around such issues. ○ 5 minutes: People share about some of the things discussed. ○ 10 minutes: Chloe Cook to give presentation on I and A and resources available. <ul style="list-style-type: none"> ▪ Ideally, will be able to direct people to resources that were discussed during the conversations. <p>Area Plan Assessment:</p> <ul style="list-style-type: none"> ● Staff member Dietz announced that the start date for the telephone assessment will likely be in February. ● There will likely be 2-3 focus groups for family caregivers and 3 focus groups for older adults. Dietz informed the committee that their assistance would be needed. ● Commissioner Boutilier stated that there was a working group at the state that was 	

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<p>determining a set of standardized questions to ascertain the needs of family caregivers.</p> <p>Adjourned: The meeting adjourned at 2:30 pm. The next meeting will take place on November 29 from 1:00 – 3:00 p.m.</p>	