

COMMITTEE: GENERAL	DATE: JANUARY 3, 2019	LOCATION: WHISTLESTOP
<p>PRESENT: Asimos, Bedinger, Bloch, Bortel, Boutilier, Brilliant, Dowling, Gunn, Hagerty, Lamorte, Livoti, Locks, López, Marchese, Saffran, Silverman, Timms, Weingarten, Zeller</p> <p>EXCUSED: Bradley, Kwentus, Monson, Turner</p> <p>VACANT: None</p>		
<p>RECORDER: Gary Lara</p>		
<p>NEXT MEETING: February 7, 2019 at Whistlestop, 930 Tamalpais Ave, San Rafael</p>		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
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<p>Call to Order: Chair Locks called the meeting to order at 11:20 a.m.</p> <p>Approval of Agenda The agenda of January 3, 2019 was approved as written.</p> <p>Approval of the Minutes The minutes of December 6, 2018 were approved as written.</p>	
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Open Time for Public Expression:

Serena D'Arcy-Fischer, Development Strategist from Whistlestop would like the Commission to be aware of the article on reverse mortgages and benefits on page 12 of the January 2019 edition of Whistlestop Express. The article is available at this url: <https://whistlestop.org/wp-content/uploads/2018/12/WhistlestopJanuary2019FINAL.pdf>

Aaron Alarcon-Bowen, IHSS Public Authority of Marin Director introduced himself and thanked the Commission for the work they do in the community.

Chair's Report: Chair Locks reported on the following:

- Locks noted there are two short-term committee opportunities available. Locks asked for volunteers to form a Bylaws Committee to review two sections of the Commission Bylaws; Article IV: Officers and Article XII: Composition of Commission, section one. There will be one meeting and the committee will report back at next month's Commission meeting.

Commissioner Boutlier noted the Bylaws were reviewed last year. Locks response was to note that it is good to review the Bylaws on an annual basis.

Commissioner López would like someone from the Legislative Committee to participate on the Bylaws Committee. The committee will consist of Commissioners Bloch, Boutlier and Brilliant.

- Locks asked for volunteers to form a committee to plan the May 2, 2019 Annual Health Event. There will be two meetings at the most. Commissioners Marchese and Silverman agreed to participate on this committee.
- The Administration for Community Living (ACL) announced the theme for Older Americans Month in May 2019. The theme is "Connect, Create and Contribute."

Locks encouraged the Commissioners to talk about the focus of this theme when conducting their planning and committee work.

- Committee objectives are due to the Planning Committee by February 1.

Vice Chair's Report: Vice Chair Marchese reported the following:

- The anticipated date for the Commissioner retreat will take place in the middle of spring. Marchese has already met with Commissioner Dowling who has supplied him with all of the planning materials from the last retreat. The Retreat Planning Committee will meet after Marchese has a discussion with AAA Director Lee Pullen. Marchese plans to distribute a questionnaire for input from the full Commission.

Action Items: None

Committee Reports:

Health and Nutrition: Asimos noted the next meeting is Monday, January 28 at 1:30 p.m. The committee will be discussing the program for the June 6 Commission meeting "Family Caregiving Intergenerational Issues" and also work on their objectives.

Housing and Transportation:

- Commissioner Hagerty reminded everyone about the Junior Accessory Dwelling Unit (JADU) Expo on February 7 from 9:00 to 11:00 a.m. at Whistlestop. Hagerty distributed a flyer with additional information about the expo. Hagerty noted that Board of Supervisors representative Kate Sears has endorsed this expo and noted it is a win-win for everyone involved especially due to the fact Marin has such a tight housing market
- Commissioner Bortel noted that the Choices for Living guide is currently being revised. Any revisions or informational contributions can be sent directly to him. The deadline is later this spring.

Legislative Committee: Co-Chair Bloch reported on the following:

- Bloch noted California State Senator Mike McGuire was featured in an article in the Marin IJ in regard to drafting a strategic housing bill (Senate Bill 4). The article can be found at the following url: <https://www.marinij.com/2019/01/01/marins-state-senator-drafting-strategic-housing-bill/>.
- Bloch will have more information as to what is going on in Sacramento and what CSL bills are picked up after February 18.

Planning: Chair Brilliant reported the following:

- The next meeting of the committee will take place on Thursday, January 10.
- Brilliant thanked Commissioner Timms for a wonderful presentation earlier today at the Commission meeting.
- All committee objectives for the upcoming 2019/2020 Area Plan Update must be submitted to the Planning Committee by February 1.

Editorial Board: No report.

Ageing Action Initiative (AAI) Update:

- Linda Jackson noted that she, Commissioners Dowling, Monson and Director Pullen met in November as part of the AAI Steering Committee. It has been agreed that Michelle Javid from Jewish Family and Children's Services and Commissioner Teri Dowling will serve as co-chairs of the AAI Steering Committee starting in July 2019 for a term of one year. Whistlestop CEO Joe O'Hehir is still acting as chair of the committee until that time.
- Linda Jackson noted she is working on planning the AAI spring convening. One thing that came up was the need for the AAI, Commission on Aging and Area Agency on Aging to work more closely together. The Executive Committee will talk about this in tandem and report back.

- Linda Jackson reminded everyone about the Older Adult Economic Summit on Friday, February 1 from 9:00 a.m. to 1:30 p.m. This forum will discuss how to collaborate for Aging Equity.
- Jackson also reminded everyone the AAI is co-sponsoring the JADU expo on February 7, 2019 at Whistlestop.

Age-Friendly Update:

- Commissioner Timms noted the Age-Friendly Task Force met earlier today from 9:00 to 10:00 a.m. before the Commission meeting. In addition, the “age-friendly exchange” plans to meet on the third Tuesday of the month from 1:30 to 3:00 p.m. Timms will send out email reminders.
- Cottrell noted the Age-Friendly County of Marin assessment phase will commence next week and that Rafi from the AARP network noted Marin County is on the cutting edge. Cottrell introduced Lori Peterson of Collaborative Consulting and asked her to elaborate on this process. This agency has been engaged to conduct the assessment and develop the county’s age-friendly plan.
- Lori Peterson noted they will put together the assessment survey, distribute and conduct focus groups. Lori’s associate, Erin Lockwood has revised the survey down to six pages. It is estimated to take 15 minutes to complete. A heavy distribution launch is planned starting on Monday, January 7. Peterson noted there are four pages of organizations scheduled to receive this survey and it will be available both online and in paper format. The Commission will be one of the first recipients of the survey.

In response to inquiries from Commissioner Boutilier and West Marin Senior Services Executive Director Skip Schwartz, Peterson informed everyone there is a distribution plan for rural Marin residents.

Peterson further noted that 2 to 5% or approximately 1,400 to 3,500 is the expected response rate for the survey.

Director's Report: Jenay Cottrell reported on behalf of Lee Pullen who is away on vacation.

- Cottrell noted the application process for the Senior Program Coordinator is wrapping up next week. Interviews will be conducted as soon as possible. It is estimated the new staff person would be on board in March.
- There will be a new Congregate meal site located at Bennett House in Fairfax starting in February. This was made possible by additional monies received from the Older Americans Act.
- Encouraged everyone to read the County's "Strategic Plan to Achieve Health and Wellness Equity 2018."
- Cottrell discussed the upcoming contractor program monitoring and passed around a sign-up sheet for Commissioners to participate.
- Distributed flyers for the Older Adult Economic Summit on February 1.
- Informed everyone that Health and Human Services Behavioral Health Department has hired a consultant to look at suicide prevention. The consultant would like to receive input from the older adult community before the end of January. The date for this focus group will be Friday, January 25 or Thursday, January 31 from 1:30 to 3:00 p.m. The location is still tbd. The following Commissioners expressed interest: Bloch, Timms, Asimos, Bedinger, Boutilier and Livoti.

Commissioner Updates:

In the interest of time, Chair Locks asked for updates from only those who had time sensitive information.

Bloch (CSL): No report.

Boutillier (City of Sausalito): Southern Marin Commissioners may be interested to know about the “Rollin’ Root” organic food truck in Marin City each Thursday from 1:00 to 2:00 p.m. More information is available on the AIM website at this url: <https://agriculturalinstitute.org/mobile-market/>. Please come out and support them.

Bortel (CSL): the first senior housing for the homeless opened on King Street in Larkspur. It is a newly renovated convent with its own kitchen.

Bradley (City of Belvedere): Not present.

Brilliant (City of Mill Valley): No report.

Hagerty (District 5): No report.

Kwentus (Town of Tiburon): Not present.

Lamorte (City of San Anselmo): No report.

Livoti (City of Novato): There is a “Healthy Eating on a Budget” forum at Margaret Todd Senior Center on Wednesday, January 16 from 10:00 to 11:00 a.m.

Locks: (City of San Rafael): would like everyone to know about the following presentation at the Marin City Library: <https://www.marinarts.org/event/happy-feet/>.

López (District 1): No report.

Marchese (District 4): No report.

Monson (District 4): Not present.

Silverman (District 3): No report.

Timms (City of Fairfax): working on a video program “Children with Change” where young individuals can interview older adults.

Turner (District 3): Not present.

Weingarten (District 2): sent a press release to MarinScope on San Anselmo letterhead.

Zeller (City of Corte Madera): No report.

Adjournment: The meeting adjourned at 12:31 p.m.

The next meeting will be on Thursday, February 7, 2019 at Whistlestop.