

COMMITTEE: GENERAL	APRIL 4, 2019	LOCATION: SAN RAFAEL COMMUNITY CENTER
PRESENT: Asimos, Bloch, Bortel, Boutilier, Bradley, Brilliant, Dowling, Gunn, Hagerty, Lamorte, Livoti, Locks, López, Marchese, Monson, Overberger, Saffran, Silverman, Turner, Timms, Weingarten		
EXCUSED: Kwentus, Zeller		
RECORDER: Mandy Reyes		
NEXT MEETING: Thursday June 6, 2019 at Margaret Todd Senior Center in Novato		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
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<p>Call to Order: Vice Chair Marchese called the meeting to order at 10:05 a.m.</p> <p>Approval of Agenda The agenda of April 4, 2019 was approved as written.</p> <p>Approval of the Minutes The minutes of March 7, 2019 were approved as revised</p> <p>Monson noted corrections –</p> <ul style="list-style-type: none"> • Page 2 of the minutes, public comment for Joshua Bongawil, read that his opposition is to vet and evaluate when it should have read that his position is to vet and evaluate... • Page 5 of the minutes should have read that Monson attended a community forum in West Marin with Senator McGuire and Supervisor Rodini re: the impacts of increased tourism. 	
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Open Time for Public Expression on Matters Not on the Agenda:

- Sybil Boutilier, speaking as a member of the public, spoke on the Corte Madera Age-Friendly program. They have a speaker series every third Wednesday at the Age-Friendly Corte Madera intergenerational center. Their next talk on April 17, will be from Chloe Cook who is the supervisor for the County of Marin, Aging and Adult Services', Information and Referral unit. Boutilier recommends the talk and the full schedule of classes and activities for everyone from kindergarten on up to older adults.
- Ellie Bloch, speaking as a member of the public, noted the Cal Fresh expansion to SSI recipients starting June 1, 2019. There is going to be an event at 1385 N. Hamilton Parkway April 15, 1:30 – 4 p.m. to discuss the expansion and implementing in Marin County. Part of the discussion will be how we can collectively make this a smooth transition for our community. Bloch suggests that the Health and Nutrition Committee consider going to this.

Public Hearing:

The Marin County Area Plan 2016-2020, FY 2019-20 Update Presentation, AAA Today

The Vice Chair introduced Girija Brilliant, Chair of the Planning Committee, who provided background information on the Area Plan 2016-2020, FY 2019-2020 Update. Brilliant introduced Aging and Adult Services Program Manager, Jenay Cottrell who began the program, *AAA Today*. Copies of the slide presentation are available by request. The five guest speakers were: AAA Director, Lee Pullen; Chair of the Commission on Aging, Salamah Locks; AAA Planner, Amy Dietz; Chloe Cook, Information and Assistance Supervisor; and Commissioner Jody Timms who is very involved with the city and county age-friendly initiatives and represents the Town of Fairfax as their commission representative.

Public Comment on Area Plan:

- Linda Jackson, Program Director of the Aging Action Initiative (AAI): Thanked the staff that worked on this AAA plan and the Commission on Aging for their partnership with the broader community. She stated that the JADU Expos would not have happened without the partnership with the Commission on Aging. Further, the Commission on Aging led the

fight around getting grant funding for older isolated people in the community with mental health problems. As a result, the Detect and Connect program received \$260,000 in MHSAs funds. Finally, she thanked the AAA staff for their work with Inform and Connect, which has two academies slated to take place in the fall to educate frontline workers.

- Allan Bortel, member of the public: Asked why Larkspur and the County of Marin were not represented in the age-friendly slide.
 - Director Pullen clarified that the slide presented those cities and towns that had already been designated as being age-friendly and that the County was also included. Three cities were not listed as they have not yet been designated: Larkspur, Belvedere and Tiburon. Tiburon and Belvedere are working with their city councils to become so; Larkspur has not yet had the necessary traction. The County of Marin was listed in the slide.
- Christine O'Sullivan, Age-Friendly Corte Madera and Corte Madera Intergenerational Center: Commented on the portion of the presentation that included age-friendly highlights, as presented by Commissioner Jody Timms. Commissioner Timms had stated that the Corte Madera Intergenerational Center had 257 members. Christine O'Sullivan clarified that there were 200 additional members, when counting children and families. The Teen Tech program is especially popular. She recommended that cities and towns hoping to replicate the success of the Intergenerational Center purchase 3D printers and laser cutters, the things that kids really love. She also mentioned that the Corte Madera Senior Fair is May 23 from 2 - 4 p.m.
- Skip Schwartz, Executive Director of West Marin Senior Services: Asked what the county would be doing to partner with the 2020 census in accurately counting the number of older persons in West Marin, as this is typically a difficult group to accurately count.
 - Director Pullen answered that this is a separate process from the area plan and the census will not come out in time for our four-year plan. He is aware that there is work being done in the county to ensure that everyone gets counted. AAA Planner Amy Dietz mentioned that census representatives would be reaching out to AAAs and organizations working with older adults for assistance.

- Diana Lopez, HICAP Counselor: AAI and Community Action of Marin are working on a project in which HICAAP and financial counselors will jointly help the most vulnerable people in Marin with both health and financial issues.
- Commissioner Allan Bortel: Asked as to whether the additional funds received from the Older Americans Act this year would continue.
 - Director Pullen answered that this was contingent upon what happens in Congress.
- Commissioner Jody Timms: Thanked the county for supporting the age-friendly initiatives of cities and towns. On behalf of the Marin network, she requested that consideration be given to ask the Board of Supervisors (BOS) for additional funding to cities and towns with ongoing age-friendly initiatives, like those offered to cities and towns that have recently been designated. She asked that there be continued advocacy at the state level so that funding can come from there as well.
- Commissioner Sybil Boutilier: Thanked the Planning Committee for their diligent work on the Area Plan FY 19/20 Update. It shows a lot of progress and she is looking forward to the next four years.

Vote on Area Plan 2016-2020, FY 2019-20 Update

The Marin Commission on Aging voted unanimously to approve the Area Plan Update for FY 2019-20 as presented.

The public hearing adjourned at 11:08 a.m.

Reconvene and Call to Order

Chair Locks called the meeting back to order at 11:30 a.m.

Chair Report: Chair Locks reported:

- Updates for the Annual Health Forum on May 2: all commissioners have received a flyer. Please post the flyer in your communities and talk about it. Have 10 people come to May 2 event and luncheon.
- She would like the Bylaws Committee to discuss having one of the ad hoc committees be a standing committee so that commissioners who have dropped off standing committees

are meeting requirements. There was discussion around revisiting the bylaws and whether that should be done.

- Thanked all the commissioners for completing the ethics training.
- Thanked all the commissioners for going to the BOS meetings to ask that older adults be a part of the Strategic Planning.
- Stated Supervisor Sears wants to have the presence of the Commission at BOS meetings at least once a month. Boutilier suggested that commissioners don't have to be appointed by the board to go and speak at the BOS meetings. Commissioner Hagerty will send a BOS meeting sign up sheet to all commissioners. There was discussion around what commissioners would be bringing in front of the board and since they are speaking on behalf of the commission, whether the talking points should be approved by the rest of the commission.

Vice-Chair Report: Vice-Chair Marchese: No report

The Nomination of FY 2019-20 Officers from the Nominating Committee:

- Commissioner Bortel stated the Nominating Committee had met and consists of Commissioners Bortel, Brilliant, Bloch, López and Kwentus.
- The proposed slate for 2019-2020 consists of the following:
 1. Proposed Chair – Ralph Marchese
 2. Proposed Vice Chair – Diana López
 3. Proposed Secretary – Sue Kwentus
- Bortel asked for nominations from the floor. There were none.
- The vote will take place at the June 6, 2019 Commission on Aging meeting.

Committee Reports:

Health/Nutrition: Chair Asimos reported the following:

- The next meeting is May 6 at 1:30 p.m. if anyone would like to come. They will be focusing on family caregiving with intergenerational issues. They will be talking about resources and other things around family caregiving. They will also be looking at new ideas for the program.

Housing/Transportation: Chair Marchese reported the following:

- The next meeting is April 17 at 1 p.m. They will be focusing on doing a report on the two Junior Accessory Dwelling Unit (JADU) expos and discussing if there should be a third meeting.
- They will be reviewing the objectives they submitted for expansion related to the priority supportive services calling out additional transportation services. A new focus on transportation is due within the committee.
- Hagerty thanked everyone on the Commission for helping publicize the two JADU events. They are looking to do a third JADU expo in Southern Marin. They welcome ideas for a location.

Legislative: Co-Chair Bloch reported the following:

- Bloch went to Fair Housing Advocates of Northern California meeting “Understanding Housing Segregation.”
- Bloch said that in Sacramento, people were against Weiner’s bill SB 50 – Planning and Zoning: housing development: incentives because they feel it is not inclusive.
- Reported that Senator McGuire and Assembly Member Levine both signed off on SB 309 to keep the CSL tax checkoff on tax returns.
- She is watching many bills and will come back with more information as warranted.

Co-Chair Boutilier reported the following:

- The committee will be taking up the AARP bill to make California an age-friendly livable state.
- The committee has organized bills they are watching into generalized themes.

Planning: Chair Brilliant reported the following:

- April 25 at 1 p.m. is the next Planning Committee meeting. The committee has agreed to use the July 11 meeting at the Tamalpais in Greenbrae to talk about disaster preparedness and seniors in Marin.

Age-Friendly Update: Commissioner Timms reported:

- Two cities (Sausalito and Fairfax) are applying for the AARP Community Challenge Grant.
- Regarding AB1118, The Livable Communities Act, several people on the Age-Friendly Marin group have hesitation about this bill moving forward.

Aging & Adult Services Report: Lee Pullen, Area Agency on Aging Director, reported on the following:

- Thanked the planning committee for their work.
- Noted there will not be a full presentation about the Area Plan Update to the board this year, but they will do a presentation about the next four-year Area Plan.
- He is going to the American Society on Aging conference this month.
- He and a few others will be offering a workshop on collaboration.
- The Nominating Committee suggested they have some training for the Commissioners and their roles as officers and Pullen said he would look into this.
- Asked everyone to promote the Annual Health Forum on May 2.
- Pullen asked Linda Jackson to speak on the April 30 AAI convening. She said there is a block of seats that are saved for commissioners. They must register by Friday to get these seats.

New Business

None

Commissioner Updates:

Monson (District 4): Stated he was on West Marin radio promoting the work of the commission and it all went well.

Dowling (City of Ross): She was fortunate to get some raw data from the County of Marin Age-Friendly survey for the Town of Ross and has shared this with the Ross town administrator.

Hagerty (District 5): Former Marin Commissioner McDonald, who is now in Contra Costa County, has gotten funding to develop a housing report based on the Marin Commission on Aging's Housing report.

Lamorte (City of San Anselmo): For the Annual Health Forum on May 2, let people know there is good parking and a good lunch. She also stated that when you are in front of your own town/city council, it is good to say how supportive you are of Senator McGuire.

Livoti (City of Novato): She was with Karen Stroli at today's meeting earlier this morning and got

an update on Covia. Their short-term goal is focused on growing the home delivered groceries program in San Rafael. They are hoping to include an additional produce market day as well as helping SSI recipients enroll in Cal Fresh. Karen will be attending the June 2 meeting and will go over the rest of the programs they have at that time.

Locks (City of San Rafael): She went to the council meeting on Tuesday. There are mental health board positions open. There will be a presentation on April 5 from 2 p.m. to 4 p.m. at San Rafael City Hall Council Chambers on preventing and reversing cognitive decline through eating. She reminded everyone that on May 4 we have agreed to participate in Kentfield Heritage Day. She will be asking for volunteers to sit at the table.

Silverman (District 3): The first focus group for Age-Friendly is on May 1 in Marin City.

Asimos: She has become concerned with robo calls and scams. There is a request from the Financial Protection Bureau asking for people to be on an advisory committee. She will be applying and will be asking for a letter of recommendation.

Timms (City of Fairfax): She went to the Town Council meeting. They passed just-cause evictions. The first reading happened for mandatory mediation for rent increases over 5 percent. There will be a second reading. She encourages commissioners to get this going in their towns.

The startup of the congregate meal program at Bennett House is on hold because the building is renovating.

Weingarten (District 2): The San Anselmo Age-Friendly task force is well under way. They have 10 members, three who are commissioners.

López (District 1): Read Commissioner Weingarten's report and thanked him for the well written document. She is giving a presentation on April 10 at 10 a.m. at Whistlestop on understanding Medicare.

Brilliant (City of Mill Valley): For the Annual Health Forum on May 2, she has a friend who did a documentary about cochlear implants. She can get tickets to that documentary at the Mill Valley Film Festival which could be handed out at the forum.

Bortel (CSL): He will upload the Annual Health Forum flyer to Nextdoor. Diana Bradley and he have regularly been attending the congregate meals at the Hilarita apartments in Tiburon. The participants seem to like commissioners attending. See the diners guide for a list of all congregate meal locations.

Adjournment: The meeting adjourned at 12:34 p.m.

The next meeting will be on June 6, 2019 at the Margaret Todd Senior Center in Novato.