



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
**BEHAVIORAL HEALTH AND  
 RECOVERY SERVICES**

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



MARIN COUNTY  
**ADVISORY BOARD ON ALCOHOL AND OTHER DRUG PROGRAMS**  
 July 1, 2019 @ 6:30 P.M.  
 20 North San Pedro Road San Rafael, California 94903  
 Conference Room – Point Reyes  
**M-I-N-U-T-E-S**

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TIME	SUBJECT
6:30 PM	Call to Order
6:31 PM	Introductions: Introduce Board Members & New Candidates Staff (2): Dr. Jei Africa, Cat Condon. Board Members (8): Mark Dale, Tracy Novick, Suzanne Kanner, Ruby Gibney, Christine Lam, John Riley, Maite Duran, Corey Dodge
6:35 PM	Review of Agenda / Approval of June 3, 2019 meeting Minutes - <b>Approved</b>
6:50 PM	Open Public Time
7:00 PM	Staff Report <ul style="list-style-type: none"> <li>BHRS Staff Reports: Jei Africa, BHRS Director / Cat Condon, Division Director, SUD</li> </ul>
7:15 PM	Discussion on Board priorities
7:50 P.M.	New Business: <ul style="list-style-type: none"> <li>Understanding previous board actions and future board possibilities</li> <li>Ethics training discussion</li> </ul>
8:00 PM	Old Business <ul style="list-style-type: none"> <li>Future presentations discussion (joint meeting on Aug. 13, 2019 / Dark in September)</li> <li>Rehab safety</li> <li>Merging of AOD and MHB</li> <li>Evaluation survey for AOD Board</li> </ul>
8:15 PM	Committee Reports: <ul style="list-style-type: none"> <li>RX Safe Marin – Mark Dale</li> <li>Legislative Update – Maite Duran</li> <li>Membership Committee</li> </ul>
8:30 PM	Adjournment
	Next Joint Executive Conference Call: Tues. July 30, 2019 @ Noon – Conference Call
	Next Joint MHB-AOD Board Meeting: Tues. Aug. 13, 2019 @ 6:00 pm 20 North San Pedro Rd, Point Reyes Conference Room

Suzanne Kanner:

Attended the *National Opioid Summit* in Sacramento  
Surgeon General of US keynote speaker plus other Drs, health care workers,  
etc.

Topics:

- Treatment vs incarceration (no rehabilitation)
- Seattle program: LEAD harm reduction: (law enforcement assisted diversion)

Staff report by Cat Condon

Opioid fed grants to the state

One or two years

MAT access grants received by Behavioral Health and recovery services  
awarded (as well as Marin General)

Recovery coach liaising with crisis stabilization

Marin Treatment Center, CenterPoint also received grants

Helen Vine and Center Point: Dinner & Dance for alumni coming up

Regional meetings focusing on regional

North Marin Behavioral Health Community Planning Meeting

Narcan training to SLEs & treatment centers

Announcing drug related deaths in Marin county—what is the procedure?

Certain deaths the parents want to keep private

Christine Lam:

AOD Board Strategic Plan

John Reilly:

~~Create an advice sheet for parents; consumer goods; PSA?

Shatter proof working on a rating system

Codependence in addiction – co-addicts often negatively influence

Crisis hotline; decision tree

Consumer advice

Treatment centers are accredited by xyz...?

Collaborate more with the Board of Supervisors

Collaborate more with Shatter proof – review their

Per Brit

Mark:

How do we get things done?

Mandated board versus Advisory Board ?

Off-site public board

Corey/Christine

Create a plan of action—possibly break out into group sessions to figure out how to tackle all of this.

Mark:

Marin Prevention Network created

Community Concern direct mail to all homes with 9<sup>th</sup> grade students (public and private)

With inserts – suicide, ?, etc.

What's follow through next step with the booklet--

How do you bring that to life?

MCOE volunteer to help

Break out into subcommittees

Buckaloo letter in the IJ from John?

Booklet: A Parent's Guide for the Prevention of Alcohol, Tobacco, and other drugs

(Board members want a copy)

College kids are mandated to take online drugs/alcohol education

Education

Can flow into the schools per Suzanne Kanner

Dr. Jei Africa

Who needs to be brought in

Low income and uninsured

Complexity with board recommending stuff could be liable

Misalignment in strategic plans

Cat:

Put together a list that board priorities overlap with the county/ BHRS are working on.

Want to make our initiatives align with the county

Get quantitative information on drugs and prevalence from Cat

John – addiction affects person, family, community...

What are the quality of life issues

What are the consequences

Homeless, tenderloin, in the city

Silence is killing us

Per Mark

Dr. Daniel Amen – nat'l known does brain scans

Christine's exercise to break into two teams:  
Start, Keep, Stop  
Lists

Dr. Jei is saying that good ideas to merge  
Merging of the two boards under the strategic plans?  
Stigma  
MAT

Christine is saying that there's more that the mental health board talk about that  
doesn't include alcohol and drugs

RX marin law enforcement opioid conference and training  
Legislative updates from Maite Duran  
The fight re: 4am bar bill is still going on;  
Big effort from southern calif is building up  
Lobby day on July 9<sup>th</sup>