

MINUTES
JOINT MEETING
MARIN MENTAL HEALTH BOARD (MHB) / ALCOHOL AND OTHER DRUGS (AOD) ADVISORY BOARD
Tuesday August 13, 2019
6:00P.M. – 8:00P.M
Conference Room – Point Reyes
20 North San Pedro, San Rafael, CA

6:00 p.m.	<p>Call to Order at 6:00 p.m.</p> <p>Introductions</p> <p>Call for Quorum: Yes</p> <p>Members Present (8): Maya Gladstern, Patricia Carillon, Carly Clifford, Heather Johnson, Jaime Yan Faurot, Katie Rice, Everett Brandon, Rachel Farac</p> <p>Absent (2): Cecilia Castro Garcia, Stephen Marks</p> <p>Staff: Jei Africa, Cat Condon, Taffy Lavié, Anyania Muse, Cesar Lagleva</p> <p>Guest: Jacqueline Janssen</p>
6:05 p.m.	<p>Review of Agenda / Approve Minutes for June meeting Maya G. made motion to approve agenda and minutes and seconded by Katie R. – APPROVED</p>
6:10 p.m.	<p>Correspondence, Announcement and Public Comment (please limit to 3 minutes per speaker) None</p>
6:15 p.m.	<p>Presentation: Presentation on the HHS Equity and Wellness Plan by Equity Officer Anyania Muse and BHRS Cultural Competency Manager Cesar Lagleva. Link to HHS Equity Plan: https://www.marinhhs.org/sites/default/files/libraries/2019_02/mc_hhs.stratplan18_v7.pdf</p> <p>Anyania Muse, Equity Officer</p> <p>-Anyania is exploring areas where we aren't seeing movement in equity. Equity should be implemented in all areas—not a separate piece – but cohesively added to all issues.</p> <p>-Town Halls: community wants to know 5-year strategic plan— instead the staff go into these town hall meetings with humility and acknowledgement of past failings and to listen; And with the vow to be accountable moving forward—in order to gain the trust of the community.</p> <p>-Anyania would like to meet with members of the boards to hear their thoughts on gaps in the system, thoughts and new initiatives.</p> <p>-Staff's work and equity should align.</p> <p>Cesar Lagleva, BHRS Cultural Competency Manager</p> <p>-His position mandated by State of CA under WIC. Each county must provide equity and directions guidance. He shared the state's version of his job description; Discussed BHRS' commitment to county plan and 2019 cultural competence plan focus areas.</p>

-Only 4 hours of Cultural Competence training required - accessible to all staff. They are funding community people who offer unique services to underserved groups (teenage moms, TAY, etc.)

7:15 p.m.

Staff Reports

Cat Condon, County Alcohol and Drug Program Administrator

- September is recovery month; Helen Vine hosting SoberBration on Friday, Sept. 13th (first annual)

Jei Africa, Director BHRS

- DHCS has a new Deputy Director for MH and SUD. Dr. Kelly Pfeifer- she identifies as family member with SMI- and believes in treating whole person.
- September is suicide prevention month – interested in getting a proclamation with Board of Supervisors
- Partnering with Fire Chief re: trauma for first responders – how can we address these issues – stress, trauma, emergencies, etc.? This is related to increase in suicide ideation – how can we really support our first responders? (PTSD services for first responders - - CIT training)
- New director of Marin Health & Human Services, Benita McLarin has been hired and will start on September 9th.
- Watching AB1175 and its impact.

7:25 p.m.

Committee Liaisons, Task Force Updates

- MHPA – G. Main (MHPA Coordinator) - N/A
- CALBHB/C (as needed) - N/A
- Legislative Update-Mark Dale (on behalf of Maite Duran - Alcohol Justice)
State Senator Scott Weiner’s SB58 bill is back in Sacramento (AOD previously recommended to the board of supervisors that we oppose the bill.)
- RXSafe Marin – Mark Dale
MOCE booklet stuffing event at Marin County Office of Education 9am to 3pm
Recommend book HIGH -- new book about addiction/ Oct 16 Dominican University from 7-9pm David Sheff author free event
Oct 17/18 at Elks Lodge Drug Awareness Program

7:35 p.m.

MHB New business/ Action Items:

- Sept. 7, 2019 – MHB Board Retreat

7:40 p.m.

AOD New business/ Action Items:

- Dark in September
- Natural alternatives and therapy resources for battling depression and anxiety to avoid drug use (i.e. exercise, amino acid regimen, yoga, meditation, behavior therapy, groups, AA, etc.) – Gail Dunnett

7:50 p.m.

MEMBER ITEMS / UPDATES AND FUTURE AGENDAS

Future Joint Board Meeting topic ideas:

- Merging AOD & MHB

8:00 p.m.	Adjourn
AOD Next Meeting Dates	AOD Executive Committee meeting – Sept. 23, 2019 @ Noon – Conference Call AOD Board Meeting – Oct. 7, 2019 6:30 pm-8:30 pm, 20 North San Pedro Road, Point Reyes Conference Room, San Rafael, CA 94903
MHB Next Meeting Dates	MHB Planning Retreat: Sat. Sept. 7, 2019; from 9:30am – 1:30pm MHB Executive Committee meeting – Aug. 27, 2019 @ Noon – Conference Call MHB Meeting – Sept. 10, 2019; 6:00 pm-8:00 pm, 20 North San Pedro Road, Point Reyes Conference Room, San Rafael, CA 94903

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Thank you for your interest and participation in the workings of the Marin Mental Health Board. If you would like more information or would like to speak with a member of the Board, please contact: **Taffy Lavié 415-473-6809**