COMMITTEE: GENERAL  DATE: NOV. 7, 2019  LOCATION: WHISTLESTOP


EXCUSED: Asimos, Bloch, Boutilier, Dowling

VACANT: District 2

RECORDER: Amy Dietz

NEXT MEETING: Thurs., Nov. 7, 2019, Whistlestop

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<th>MINUTE SUMMARY</th>
<th>ACTION TAKEN/RESPONSIBLE PARTY</th>
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Call to Order
Chair Marchese called the meeting to order at 11:26 a.m.

Approval of Agenda
The agenda of Nov. 7, 2019 was approved as written.

Approval of the Minutes
The minutes of Oct. 3, 2019 were approved as written.
Open Time for Public Expression:

Linda Jackson, Aging Action Initiative
- AAI is hosting an Inform and Connect: The Sunset Years meeting on Nov. 12 from 9 a.m.-4:30 p.m. at Homeward Bound; it will offer an opportunity to talk about death and dying.

Aaron Alarcon-Bowen, In-Home Supportive Services Public Authority
- Expressed gratitude for the recent raise that in-home caregivers received from the Marin Board of Supervisors. Offered to staff a booth or provide presentations at future events to increase the number of home care providers in the community.

Aging Report (AAA Program Manager Cottrell):
- Program Manager Cottrell spoke about the AAA’s response during the power safety shutoffs that occurred last week. Specifically, Senior Program Coordinators Dietz and Reyes staffed the shelter for wildfire evacuees at the Marin Exhibit Hall. Information and Assistance staff, led by Unit Supervisor Chloe Cook, were deployed to the community and went door-to-door in areas such as Marin City and the Canal to assess needs and offer assistance, where appropriate. In addition, 25 eligibility workers were deployed to nine independent senior living locations.
- In Oct., the AAA underwent a monitoring by the California Department of Aging. The AAA submitted 250 documents for review. While there were some findings, staff feel confident that they will be able to resolve any outstanding issues quickly.
- The California Association for Area Agencies on Aging (C4A) will have its annual conference in Glendale from Nov. 19-21. Chair Marchese, Director Pullen, Program Manager Cottrell and Senior Program Coordinators Dietz and Reyes will attend.
- The AAA is expecting to receive additional nutrition funding in the near future that will be used to expand its congregate and home-delivered meals programs.
- Program Manager Cottrell attended a retreat for the statewide association of the AAAs; there is talk of streamlining/shortening the four-year Area Plan.
- There is discussion as to whether the area plan will be a two-year or four-year plan.
Chair’s Report:

- Welcomed the new commissioner from Novato, Lauren Vreeland Long.
- The Aging Action Initiative Alliance, of which the MCCOA is a member, met with Supervisor Rice yesterday, representing themselves as the formal voices of older residents in Marin. It is important that the MCCOA is branded as experts in Marin.
- Primary elections will be happening in Mar. and AAI will be putting together a list of possible questions for candidates.
- The MCCOA and AAA should place emergency preparedness as a focus in its four-year plan and ongoing framework. The county is not ready for a major disaster.
- There will be a reception for commissioners to meet the new Director of Health and Human Services, Benita McLarin, prior to the general commission meeting in Dec. at 9:30 a.m.
  - There was discussion as to whether this was the best time for commissioners to meet the director.
  - The consensus was that the reception will take place as planned.
  - The age-friendly meeting will occur beforehand.
- There will be a bylaws and Robert’s Rules of Order meeting in late Jan.
- There was a debrief for the commissioner retreat. Notes and action items will be distributed in Dec.

Vice Chair’s Report:

- There was a retreat follow-up meeting with Allan Bortel, Ellie Bloch, Woody Weingarten, Jean Gunn, Diana Bradley, Teri Dowling, Jasmina Etemovic, Jody Timms, Salamah Locks, Diana López and Ralph Marchese.
- During the Executive Committee meeting, members asked how they could be activated/involved in future emergency repose. Program Manager Cottrell said that she would look into this and follow-up.
- The Marin County Equity and Jobs meeting on Nov. 6, 2019 meeting was cancelled.
• The next convening of the California Future of Work Commission will be on Nov. 14, 2019, in Riverside, CA. The discussions will include “What is a College Degree Worth (and for Whom)?” and “What Do We Know About Job Quality and Labor Markets in California?”

**Committee Reports:**

**Planning (Brilliant):**
- The committee met to discuss the findings of the older adults needs assessment to identify the needs and concerns of older adults in Marin.
- There will not be a full report available until next year.
- Staff member Dietz proposed giving a 30-minute presentation of the findings followed by a Q&A period after the General commission meeting in Dec. A FAQ sheet and Executive Summary will be provided.
  - There was consensus that this should occur as proposed.
  - This would occur after a potluck lunch.
- Staff member Dietz mentioned that there will likely be another meeting the subsequent week. The public and providers are welcome to attend.
- Commissioner López volunteered to coordinate the potluck and will follow-up with Commissioner Bloch.

**Health and Nutrition (Zeller):**
- The topic of the Feb. MCCOA meeting will be on how to fall safely.
- The next meeting is on Nov. 25.
- Commissioner Brilliant mentioned that Commissioner Asimos will be featured in *Time Magazine* this next week and will be in a television piece. More information will be provided when available.

**Housing and Transportation (Bortel):**
- The next meeting is on Nov. 13 at 1 p.m. at 20 N. San Pedro.
Legislative (Bortel)
- The California Senior Legislature annual session voted for ten state proposals and four federal proposals.
- Funding has been successful.

Age-Friendly:

Age-Friendly County of Marin (AAA Program Manager Cottrell):
- The advisory committee has fulfilled its mission.
- Many county department heads were present at the last advisory meeting and provided good feedback to the draft plan, which has been incorporated. It will then go to County Administrator Hymel for review and will then go to Board of Supervisors (BOS) in Jan.
- One possibility is to have this be a subcommittee of the BOS.

Age-Friendly Update (Timms as Member of the Public):
- Talked about disaster response individually and collectively in communities.
- At the last meeting there was a representative from VOAD to assist in disaster preparedness and coordinate grass-roots efforts and communication.
- The next meeting will be Nov. 19 at 1:30 at San Rafael Community Center.
- There were sign-ups from people at the Senior Fair to participate in local age-friendly efforts.

New Business:
- There will be an Ad Hoc committee of Community Development and Advocacy that will be developed by Commissioners Timms and Silverman.
- Chair Marchese will speak with AAA Director Pullen and Program Manager Cottrell about placing AAI on the agenda of the general meeting.
**Commissioner Updates:**

Bradley (City of Belvedere):
- Belvedere City Council will be presented with an age-friendly plaque from AARP on Nov. 12 at 6:30 p.m. at Belvedere City Hall. She invited commissioners to attend.

Etemovic (District 4):
- Asked if the MCCOA could choose specific issues to focus on related to disaster preparedness.

Locks (City of San Rafael):
- The MCCOA booth received first place “Best in Show” at the Senior Fair. She will step down as lead of the commissioner booth at the Senior Fair next year.

Vreeland Long (City of Novato)
- Introduced herself to the commission. She has been living in Novato for 27 years and is a geriatric physical therapist, currently working at Villa Marin. She is a member of the League of Women Voters and sings at various assisted living facilities for fun.

Weingarten (District 2):
- Commented on the importance of disaster preparedness.

**Adjournment:** The meeting adjourned at 12:36 p.m.

The next meeting will be on December 5, 2019 at Marin Valley Mobile Country Club.